A meeting of the Park and Recreation Advisory Committee for the City of LaVista convened in open and public session at 7:00 p.m. on September 19, 2012. Present were Recreation Director Scott Stopak, Assistant Director David Karlson, Program Coordinators Ryan South and Rich Carstensen, Advisory Board members Jeff Kupfer, Corey Jeffus, George Forst III and Russ Wigg. Also present: Jeff Thornburg, Public Works. Absent was Member Pat Lodes.

A notice of the meeting was given in advance thereof by publication in the Papillion Times on September 13, 2012. Simultaneously given to the members of the Park and Recreation Advisory Committee and a copy of their acknowledgment of receipt of the notice are attached to the minutes. Availability of the agenda was communicated in the advance notice to the members of the Park and Recreation Advisory Committee of this meeting. All proceedings hereafter were taken while the convened meeting was open to attendance of the public. Further, all the subjects included in said proceedings were contained in the agenda for inspection within ten working days after said meeting, prior to the convened meeting of said body.

CALL TO ORDER
Recreation Director Stopak called the meeting to order.

Recreation Director Stopak led the audience in the Pledge of Allegiance.

Recreation Director Stopak made an announcement of the location of the posted copy of the Open Meetings Act for public reference and read the Emergency Procedures Statement.

A. CONSENT AGENDA

Recreation Director Stopak asked for a motion to approve the consent agenda. Motion made by Member Forst. Seconded by Member Kupfer. Motion carried.

REPORTS FROM RECREATION DIRECTOR AND STAFF

Recreation Director Stopak reported that the Community Center recently added two new pieces of exercise equipment to the fitness room. Pieces added were the Cybex 750AT Total Body ARC Trainer and the Freemotion G2 dual cable cross weight machine and bench.

Assistant Recreation Director David Karlson reported that La Vista’s Annual National Night Out was held on Tuesday August 7 from 6-8 p.m. at Central Park. This year’s National Night Out was changed from a Police Department event to an all-City event, and was headed by the E-Team/Event Committee which I am a member. Moving the event over to the E-team helped the event by giving it a budget to work with along with a committee comprised of representatives from every City department.

The 2012 National Night Out had the biggest turnout we’ve had in recent years. We served over 420 hotdogs, chips and soda pops. There were two giant bounce houses, a bean bag toss and ladder ball contest, various police, fire department and public works vehicles to look at and a dinosaur egg hunt for the kids.

Friday August 10th closed out our Annual Summer Outdoor Concert and Movie Nights. The band Blue House performed and the movie the Three Musketeers was shown at dusk. The concert and movies were a very popular event this year averaging several hundred people each night.

Program Coordinator Ryan South reported on the following programs.

Flag Football for grades K-6th are in week 5 of an 8 week season. The season will run through October 13th.
3 Year Old Soccer Clinic held their first session on September 8th. We have a great group of parents and players this fall. The soccer clinic will run until October 6th.

4/5 Soccer Academy held their first training session on September 4th. We have a total of 33 kids this fall. Their season will end on October 13th.

6/7 Soccer League held their first training session on September 4th. We have a total of 53 kids this fall. Their season will end on October 13th.

La Vista Lancers Soccer League had their first games on September 8th. They are once again competing in the Sarpy County Soccer League and each team will play a total of 8 games with their season wrapping up at the end of October.

Adult Softball is in week 2 of a 7 week season. The first games were held on September 4th. We have 56 teams participating this fall and are looking forward to another great season.

Tackle Football for ages 8-14 began on August 1st. Teams played their first games on September 9th. We have 3 teams for the fall season. Each team will play 8-9 games throughout the season. We will be holding our annual homecoming game on September 30th at the Sports Complex. The Booster Club will provide food, fun, and games for the players and families during the games.

Tackle Football Cheerleading will cheer at the first La Vista Knights home game on September 16th. We have 12 girls on our cheer team this season.

Fall Coed Baseball Clinic began their first session on September 6th. We have a total of 23 kids signed-up for the clinic this fall. Sessions are held on Thursday evenings at our City Park fields. With this being the first time this program has been offered, I am very happy with the turnout and interest from coaches and parents.

Youth Volleyball for boys and girls grades 3rd – 6th registration ended on September 8th. I have worked out a partnership with the Papillion Recreation Organization (PRO) to have our teams play in their volleyball league this season. This is cooperative program that I am very excited about as our kids will get to play more games also meet other kids from the area.

Women’s Fall Volleyball will begin their regular season games on October 3rd. We have a total of 12 teams in the league this fall which is nearly double the amount we had last fall.

Program Coordinator Rich Carstensen reported on the following programs and Senior Center events.

Continual Programs
We play chair volleyball and bingo every Monday & Friday. Wednesday mornings we play Wii video games. We play 10-point pitch every Monday, Wednesday and Fridays with a 10-Point Pitch tournament on the third Friday of the month. Senior painting classes (for a minimal fee) are offered on Thursdays in the afternoon.

Wednesday, September 5th the seniors took a trip to the Farmers Market by Mangleson’s to pick out fresh produce and use their Farmers Market Coupons.

Monday, September 10th we had nurse from Methodist Hospital come talk about “How to Keep Your Energy Levels Up”.

Wednesday, September 12th we took the seniors to the movies at the AMC Oakview Theaters.

Friday, September 14th we will have Creighton Nurses come talk to the seniors about the importance of Understanding Diabetes. The nurses will give a talk and also hand out Diabetes compatible cookbooks.
Tuesday, September 18th we will have the La Vista Senior Olympics and Pot Luck. We will have games, events and activities that they can participate in throughout the day. Activities include Chair volleyball, Bingo, Wii Bowling, Spelling Bee, Shuffle Board, Hot Wheels Racing, 10-Point Pitch, Wheel a Fortune, Team Egg Catch, Free Throw Contest, 8-Ball Pool Challenge, Golf Putting & Chipping, and a Crossword Puzzle Challenge. We have invited other senior centers and local nursing homes to come participate in our Senior Olympics and hope to have a fun day of activities.

Monday, September 19th we will have a nurse from Methodist Hospital come talk to the seniors about the signs, symptoms, and prevention of a stroke.

Friday, September 21st we have our monthly 10-point pitch tournament.

Thursday, September 27th we will take a trip to the Omaha Zoo and are also going to the I-Max Theater.

The Midwest Winds Fall Kite Fly will hold their annual One Sky, One World Fall Kite Fly on Sunday, and October 14th from 12:00 noon to 5:00pm. Bring the whole family for an afternoon of kite flying and fun. See members of the American Kite Flyers Association fly some of the biggest and most creative kites you’ve ever seen, or bring your own kites to fly in our family fly zone.

COMMENTS FROM THE FLOOR
No comments.

COMMENTS FROM COMMITTEE MEMBERS
No comments.

Committee member Forst made a motion to adjourn. Seconded by Member Jeffus. Motion carried. Adjourned at 7:30 p.m.