



**Pitch
Hit & Run**



**JR. HOME RUN
DERBY**

20  19



MLB SKILLS COMPETITIONS RETURNING TO LA VISTA!

Saturday, April 13

La Vista Sports Complex - South of 66th and Harrison streets

Major League Baseball's Pitch, Hit & Run and Jr. Home Run Derby competitions are returning to La Vista!

Both events are FREE!



Pitch, Hit & Run

REGISTRATION: 6:30 P.M., START TIME: 7 P.M.

Boys and girls ages 7-14 are invited to participate in **Pitch, Hit and Run** where they will compete in four separate age divisions: 7/8, 9/10, 11/12 and 13/14.

There are also two separate divisions for baseball and softball. Participants may compete in either division.

Registration is FREE and **must** be done online at
<http://pitchhitrun.leagueapps.com/events/989270>



Jr. Home Run Derby

REGISTRATION: 8 P.M., START TIME: 8:15 P.M.

The **Jr. Home Run Derby** is open to boys and girls ages 14 and under. Participants will compete in one of two ages groups (12U or 14U) to test their hitting skills and power!

Parent pitching is allowed, but not required. Volunteer pitchers will be available and each batter will be limited to 10 outs.

Each age division's champion will be crowned by who can hit the most home runs.

Registration is FREE and can only be done in person the day of the event.

Ages for both events is determined as of July 17, 2019.

Co-Sponsored by the City of La Vista and Sarpy County Tourism