



TAI-CHI

Every other Thursday

January 2, 16 & 30; February 13 & 27

7-8:30 p.m.



Come relieve stress with the ancient Chinese martial art of Tai-Chi.

Classes are free of charge.

Facilitated by Deena Kelly-Stubbs.



For more information, contact Cedate Shultz, 402-537-3900

La Vista Public Library, 9110 Giles Road