



911 Services Not in Jeopardy

You have likely seen or heard one of the recent news stories about 911 services for cities being terminated by Sarpy County in 2012. First and foremost we want to assure the residents of La Vista they will not be without 911 services — the Mayor and City Council would never let that happen.

In 1994 all residents of Sarpy County, including those who live in cities, passed a multi-million dollar bond authorizing the county to build a combined 911 center. Subsequently, the cities and the county entered into an agreement to operate the center. All parties agreed to a funding formula which determined how much each city and the county would pay.

Following a six month extension, the current agreement expired 12 months ago and negotiations for a successor agreement have been ongoing. La Vista continues to pay Sarpy County for the operation of the 911 center and has also agreed to periodic budget increases.

La Vista is specifically concerned about:

- The county changing the formula to transfer a higher proportion of the funding to cities.
- Our citizens already pay a tax levied by Sarpy County for 911 services and by charging cities an additional fee, our citizens would have to pay twice.



- The County Board has unilateral authority to adopt and impose a 911 budget with limitless increases. La Vista has asked for meaningful input into the process since we have to pay a portion of the costs.

While we do not believe our issues are unreasonable, we understand the importance of 911 services to our residents and will continue to work in good faith to reach an agreement with the county that is acceptable to both sides. We remain hopeful that an agreement with Sarpy County can be negotiated. If an agreement is not reached, La Vista will continue to provide 911 services to residents through whatever means necessary. If you have questions or would like additional information on this issue please contact La Vista City Hall at 331-4343

A Remarkable Decade, Planning for the Future

We have spent a great deal of time this year focusing on the past as we celebrated 50 years as a City. The constant during this time period, and more particularly over the last 10 years, has been tremendous growth and change. La Vista's population has increased nearly 65 percent over the last 10 years. With that growth came both challenges and rewards. It is exciting to be a dynamic City that has great plans for the future. It is also a challenge to continue to provide high quality services to an increased number of residents while keeping costs under control.

In preparing La Vista's 2010-2011 budget, City officials had to deal with this ongoing challenge in the midst of an uncertain economic environment. La Vista's assessed valuation increased by only 3.4 percent last year, the smallest increase in 10 years. As a result, the Mayor and City Council worked diligently to hold the line on governmental growth and spending. The total property tax levy

remains the same as last year at .5235 cents per \$100 of valuation. This translates into an annual City property tax bill of \$785.25 on a home valued at \$150,000, or \$65.44 per month. Some of the amenities you receive for this payment include police, fire and EMS protection, access to a wonderful library, well maintained streets that are promptly cleared of snow and ice in the winter, a community center and beautiful parks.

"We have always taken a fiscally conservative approach to the budget process and this year was no exception," said City Administrator Brenda Gunn. "We are still living in a challenging economic climate so it is imperative for local government to have a long-term focus when making short-term decisions."

La Vista will continue to be a city on the move as its leaders work to ensure fiscal responsibility and excellent service to residents.

A MINUTE WITH mayor kindig



La Vista has a 50-year history of people stepping up to support the community. This year has been no exception.

We can always count on youth groups, community organizations, business partners and residents to give their time, talent and assets.

As we wind down and look back at the exciting year of events commemorating La Vista's 50th Anniversary, we would not have had such a spectacular year without the **La Vista Community Foundation** and our business partners. Thank you to the Foundation for spearheading these efforts and to our business partners for answering the call.

We have received positive feedback about the year's events and many requests that we offer them again next year. If we are going to continue to provide these experiences for our residents, we have to raise the necessary funds. You can help by supporting the La Vista Community Foundation.

The conclusion of the La Vista 50 celebration, **To the Nines on New Year's Eve**, will hopefully be the beginning of a new tradition for the Foundation. This celebration and fundraising event will benefit Special Olympics Nebraska this year as well as provide the Foundation an opportunity to continue its good work in the La Vista community. Tickets are currently on sale (**see the ad on page 5**). You can also find additional information on the LVCF website, www.lavistacommunityfoundation.com or by calling 348-3967.

The La Vista Community Foundation, our business partners and our citizens working together for La Vista. I hope we can count on your support.

— Mayor Douglas Kindig

Holiday Traditions

La Vista will once again kick-off the holiday season with two special events on **Sunday, November 28** and **Monday, November 29**.

Santa Claus will make his annual visit to La Vista on Sunday evening with a sleigh ride through the city, escorted by volunteers from the Public Works, Police and Fire departments.

As we understand the information from the North Pole, Santa will depart from the City Hall parking lot at 5 p.m. on Sunday, Nov. 28. He plans to be west of 84th Street between 5 and 6 p.m., between 84th and 72nd streets from 6 to 7 p.m. and east of 72nd Street from 7 to 7:30 p.m. Times and travel route could vary based on traffic, weather and other conditions.

Festivities will continue on Monday night with the annual Tree Lighting Ceremony and Soup Supper at the Community Center. The event will begin at 6 p.m. when Santa will return and light the outdoor tree.

Immediately following the tree lighting, the Mayor and City Council will host a soup supper inside the Community Center gymnasium along with holiday entertainment. Free-will donations to the Tri-City Food Pantry will be accepted. Hot chocolate and treats will also be available while children tell Santa their holiday wishes.

For more information, call the La Vista Community Center, 331-3455.

La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

November 2010

- 1 La Vista/Metropolitan Community College Condominium Owners Association, 3 p.m., La Vista Library, 3 p.m.
- 2 City Council Meeting, 5:30 p.m.
- 4 Library Advisory Board Meeting, 5:30 p.m., La Vista Library
- 6 Annual Fall Leaf Collection Day, Public Works, 8 a.m.-3 p.m.
- 6 Document Shredding Day, Public Works, 10 a.m.-noon
- 10 Park and Recreation Advisory Board Meeting, 7 p.m.
- 11 Veteran's Day Celebration, 6 p.m., La Vista Conference Center
- 16 City Council Meeting, 7 p.m.
- 18 Planning Commission Meeting, 7 p.m.
- 25-26 Most City offices will be closed for the Thanksgiving Holiday
- 28 Santa's Sleigh Ride in La Vista starting at 5 p.m.
- 29 Tree Lighting Ceremony at 6 p.m., Community Center

December 2010

- 7 City Council Meeting, 7 p.m.
- 9 Citizen Advisory Review Committee, 6 p.m.
- 9 Planning Commission Meeting, 7 p.m.
- 15 Park and Recreation Advisory Board Meeting, 7 p.m.
- 21 City Council Meeting, 7 p.m.
- 24 Most City offices will be closed for the Christmas Holiday
- 31 Most City offices will be closed for the New Years Holiday
- 31 To the Nines on New Year's Eve, 6:30 p.m., La Vista Conference Center

January 2010

- 4 City Council Meeting, 7 p.m.
- 18 City Council Meeting, 7 p.m.
- 19 Park and Recreation Advisory Board Meeting, 7 p.m.
- 20 Planning Commission Meeting, 7 p.m.

Talkin' Trash in La Vista

Currently residential trash and recycling services in La Vista are provided by a variety of companies allowing residents to contract with a vendor of their choice. The La Vista City Council has discussed the possibility of establishing a single residential trash hauler/recycler for the entire city. No decision has been made at this point and the Council is seeking input from residents prior to investigating this idea any further. Please take a few moments to answer the following questions, **tear out, fold, tape and mail**. Thank you for participating. The survey is also available online www.cityoflavista.org/talkin'trash.



Which of the following services do you currently receive at your home? (check all that apply)

- Weekly trash collection
- Weekly recycling collection
- Weekly yard waste collection
- Other collection (such as large items)
- Provider supplies containers (roll carts, recycle bins, etc.)

Who is your current trash hauler/recycler? _____

What is your current monthly charge for service? (include trash, recycling & lawn waste services as well as container costs, if applicable) _____

Is quantity of trash per week limited? Yes No

Is quantity of yard waste per week limited? Yes No

If yes to either or both, how much? _____

How satisfied are you with your trash collection/recycling services? (5 – Very satisfied, 4 – Somewhat satisfied,

3 – Somewhat dissatisfied, 2 - Very dissatisfied,

1 – Don't know/No response)

5 4 3 2 1

Trash service

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Recycling program

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Yard waste program

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Responsiveness of hauler to problems or complaints

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-
-

Cost of trash/recycling services

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-

Types/sizes of containers provided, if applicable

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-

Collection day/time

-
-
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-
-

Do you take advantage of curbside recycling if offered by your trash hauler? Yes No

Please indicate your level of agreement with the following statements (5 – Strongly agree, 4 – Agree, 3 – Neutral, 2 – Disagree, 1 – Strongly disagree)

5 4 3 2 1

I would switch to a new hauler if I could receive the same or better service at a lower cost.

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I am concerned about the number of trash trucks in my neighborhood on multiple days of the week.

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If there were a cost savings to citizens I would support the City contracting with one hauler for trash/recycling services.

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If the City contracts with one trash hauler they should also be required to provide recycling collection and yard waste collection.

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I like things the way they are—don't make any changes.

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Please tell us how important the following items are to you

(5 – Very important, 4 – Somewhat important, 3 – Slightly important, 2 – Not important, 1 – Don't know/No response)

5 4 3 2 1

High quality trash collection service

-
-
-
-
-

Ability to recycle conveniently

-
-
-
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-

Inexpensive trash collection & recycling services

-
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-

Ability to recycle many materials

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Yard waste collection

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-

Prompt response to concerns

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Trash, recycling & yard waste collections in my neighborhood on same day

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-
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-
-

Curbside collection of large items

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Demographics

The following questions will help us analyze responses. The information in this last section will help us describe the variety of households that make up our community. Responses are confidential and all results reported will reflect broad group answers.

What street do you live on? _____

Which housing type best describes your home?

- Single family detached house Apartment
- Single family attached house (duplex, townhouse, etc.)
- Other (describe _____)

I/we Own our home Rent our home

What is the number of persons in your household? _____

How long have you lived in your home?

- Less than 1 year 1-5 years 6-10 years
- Longer than 10 years

What is your age range?

- 18-30 years old 31-45 years old 46-60 years old
- 61 or more years old

Thank you for your time – we appreciate your feedback!

Fold tape and mail • Fold tape and mail

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TIPS TO AVOID CAR BREAK-INS

La Vista residents and visitors are encouraged to help reduce the potential for car thefts and break-ins by using these simple yet effective ways to lessen the opportunity for criminal activity in our community.

- Park your car in an area that is well lit.
- Be vigilant, park your car where you can watch it.
- Do not leave your keys in the ignition or in the vehicle.
- Keep valuables in the glove compartment or trunk of your car. (remember, "out of sight, out of mind").

Even if you are only gone for a short period of time, do not leave your wallet, purse, iPod, cell phone or anything of value in the car. It only takes a matter of seconds for someone else to reach in and grab them!

Vehicles with tinted windows are more likely to be broken into because the tinting hides the activities of the bad guys while in your car.

Bad guys also target cars with the adhesive type of window tinting because it muffles the sound of breaking glass.

Convertibles may look cool, but they can be expensive to repair if the bad guys decide to slice a hole in the top to get to your iPod. Do not consider locked doors on a convertible as "safe".

Report any suspicious activity immediately! If you think you see someone breaking into a car, call 9-1-1. If you need to report a theft from a vehicle, call our non-emergency number at 331-1353.

If a break-in does occur, notify the La Vista Police Department immediately. Even if nothing of value has been taken or you feel that it is not worth reporting, let the police know. There is a chance that other break-ins may have occurred and any information you provide may lead to an arrest.

SNOW REMINDERS

Whenever two or more inches of snow, ice and/or sleet has fallen on the streets of La Vista, or when the Mayor declares a **snow emergency** with notice to the news media, it is unlawful for any automobile to be parked on any public street within the City for 24 hours or until the street has been plowed by the City snow plows. Any vehicle that is not moved will be towed at the owner's expense.

Occupants of any residential lot or the owner of any vacant residential lot(s) within the City of La Vista are required to **clean their sidewalks** of any snow, sleet, mud or ice within 24 hours after the end of a storm. Sidewalks in a business district shall be cleaned within 5 hours after the end of the storm unless the snow fall took place during the night, in which case the sidewalk shall be cleaned before 8:30 a.m. the following day.

Recently Adopted I-Codes

Community Development would like to announce new information regarding the recently adopted I-Codes. The City of La Vista recently adopted the 2006 International Residential Code and the 2006 International Building Code. With the adoption of the new

regulations building permits will now be required for the following projects: Roofing, Siding & Window Replacement. All building permit applications are available online at www.cityoflavista.org.



A great opportunity to ring in the New Year with your friends and family.

Ticket provides an all-inclusive evening of cocktails, five-course dinner, wine service, live music and a toast to the new year.

New Year's Eve Gala

Benefitting Special Olympics Nebraska & the La Vista Community Foundation

Tickets and information: 348-3967 or www.lavistacommunityfoundation.com

Winter Craft Days

Winter Craft Days are after school from 3:30 to 4 p.m. for children in fifth grade and under. Craft days will be held on November 17, December 1, and January 3. Registration is not required for craft days.

December Fun @ Your Library

The library will be offering the following activities in December:

Saturday, December 18 – Gingerbread Houses – Come make a gingerbread house at the library from 1 to 2:30 p.m. An adult is required to help their child/children with this event. Registration is required, and you can sign-up at the circulation desk.

Tuesday, December 21 – Family Movie Night - This event is from 6:30 to 8:30 p.m. Children are encouraged to wear their pajamas and bring a pillow and/or blanket to enjoy a family-friendly movie. Snacks will be served.

Wednesday, December 22 – Holiday Fun – The community is invited to listen to holiday books and enjoy hot chocolate and cookies. This event is from 11 to 11:45 a.m. Registration is not required.

Thursday, December 23 – Family Christmas Bingo – The entire family is invited to play Family Christmas Bingo from 1 to 2 p.m. Registration is not required.

Wednesday, December 29 – Movie and Lunch at the Library – The library invites families to bring their lunch to the library and enjoy a holiday movie. We will provide drinks, dessert, tables, and the movie. This event starts at noon and ends after the movie. Registration is not required.

Teen Activities

Check the library's Web site and calendar for Teen Activities including programming.

Get Technical

Computer classes are offered to library cardholders to provide skills in specific

areas: Basic Computer Skills, Basic Internet, Basic Word, Basic Excel, PowerPoint, Digital Camera and Job Searching Skills. These hands-on classes are held in the library computer lab. A monthly calendar of classes and their content is posted at the library and on the web page. Registration is required.

Quilting Bee

Bee a part of the Quilting Bee! This informal group meets the 2nd and 4th Saturday at the Library at 2 p.m. They are drop-in sessions so you can stay for 2 hours or 10 minutes. (Ranging from beginners to experienced quilters), these sessions are a sharing opportunity for all. Completed quilts support our own community.

Did you know?

The Library provides several on-line databases that can be accessed 24/7 from your home computer? Usernames and passwords can be picked up at the Library. The web address is www.cityoflavista.org/librarydatabases. There are several different databases to choose from: Auto Repair Reference Center, Consumer Reports, Hobbies & Crafts Reference Center, Home Improvement Reference Center and Genealogy, just to name a few.

Want to try electronic books? Try using OverDrive from your home computer. You can download books to read on your home computer, smart phones, or readers. You can also download audio books to your computer or mp3 player or iPods. Available 24/7 at <http://nebraska.lib.overdrive.com>.

The library also has wireless internet. Bring your laptop and enjoy the freedom from wires!

Please donate blood at the library (Room 138) the first Thursday of every month from 12:30 until 6:30 p.m. Blood donations have a very short shelf life and only last six weeks for red cells. It's always the season to give!



Preschool Storytime

Preschool Storytime is geared towards three to five-year-old children who are not in kindergarten. The aim of storytime is to introduce children to the library, the magic of books and reading, and to develop social skills needed for school. Preschool Storytime starts on Monday, January 24 and ends on Friday, April 29. It is available on Mondays, Tuesdays, and Fridays from 10 to 10:45 a.m. There is also an afternoon Preschool Storytime on Thursdays from 2 to 2:45 p.m.

Toddler Storytime

Toddler Storytime is for children from 18 to 36 months of age (as of January). Mom, Dad, a grandparent or a caregiver actively participates with the child during this time. This program is offered on Mondays, Tuesdays, and Fridays from 10:10 to 10:40 a.m. It will run from Monday, January 31 to Friday, April 29. Space is limited to 12 toddlers each day.

Lapsit Storytime

Lapsit is a fun program that introduces children from 6 to 18 months of age to the Library and the joys of reading. It's a chance for Mom or another important adult to have one-to-one time and help the child develop important skills. Class includes a story, music and other activities, ending with a brief playtime. This program is offered only on Thursdays from 10:10 to 10:40 a.m. Lapsit starts on Thursday, January 27 and ends on April 28. Space is limited to 10 children.

shorttakes shorttakes shorttakes shorttakes

WHAT MOVIE WOULD YOUR FAMILY LIKE TO SEE?

The City's Outdoor Movie Series concluded in early August with a showing of "Jurassic Park" at the La Vista Public Library. Four films were shown this past summer including: Field of Dreams, Bee Movie, Star Trek, and Jurassic Park. We hope to continue the summer movie series, and would like your suggestions on what films to choose for next year. If you'd like to make a suggestion, please contact Mitch Beaumont at La Vista City Hall, 331-4343, or e-mail him at mbeaumont@cityoflavista.org.

5th ANNUAL ONE WARM COAT DRIVE

The City of La Vista will kick-off its 5th annual One Warm Coat drive on Sunday, October 31st.

Donations of new and clean, gently-used coats, hats and gloves will be accepted until December 31, 2010 at the following locations:

- City Hall and Community Center, 8116 Park View Blvd.
- Library, 9110 Giles Rd.

All donated items will be given to the Stephen Center Homeless Shelter in Omaha.

For more information, contact Sue Tangeman at the Community Center, 331-3455 or via e-mail, stangeman@cityoflavista.org.

CHRISTMAS TREE RECYCLING

The City of La Vista is offering free drop off sites for trees. Drop off sites will be located at the La Vista Soccer Complex parking lot (two blocks south of Harrison Street on 66th Street) and Kelly West parking lot (87th & Park View Blvd.) Drop off sites will be open December 26 to January 15. All decorations, tinsel and plastic bags must be removed prior to disposal. The collected trees will be chipped into mulch, which is available to residents free of charge. Questions should be directed to Public Works at 331-8927.

Council Clips

The following items are highlights of recent City Council action:

- Approved placing LB 1018 economic development measure on the November 2, 2010 ballot.
- Awarded the bid for a new rescue squad.
- Approved Fiscal Year 2010-11 municipal budget with no tax increase.
- Approved Community Develop Block Grant application for Graepel North America.
- Approved Phase 2 park plans for Cimarron Woods.

Special Meetings to Review Park Plans

The City of La Vista is gathering public input on a new long-range improvement plan for the community's parks.

Following an extensive inventory and amenity study by City staff, conducted in accordance with the City's Master Park Plan, the Park and Recreation Advisory Board will be hosting a series of public meetings to offer residents the chance to review the preliminary plans and offer their feedback.

Due to the large number of parks, the City was divided into three geographic areas for review:

Wednesday, November 10 – Eastern parks (Eberle-Walden, Mayor's and Ardmore)

Wednesday, November 17 – Central parks (Triangle, Vista Children's Memorial, Apollo, Hollis and City)

Wednesday, December 15 – Western parks (Jaycee, Camenzind, Southwind and Val Verde)

All meetings will take place at 7 p.m. in the Harold "Andy" Anderson Council Chamber at City Hall.

Residents from all areas are encouraged to come to any of the meetings to submit their ideas regarding the future of the City's parks.

Place your order now for the Commemorative Cookbook!

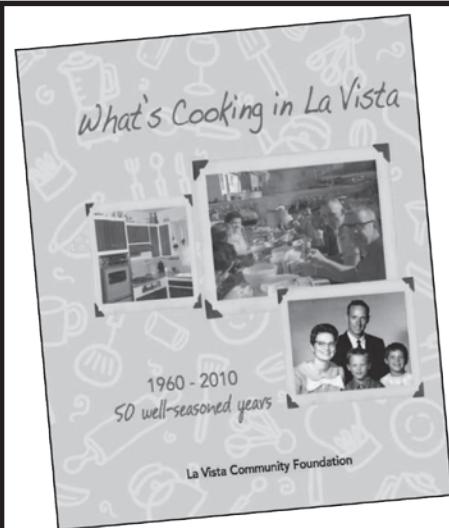
Recipes from longtime residents, former & current city officials and employees.

\$20 (includes tax)

Proceeds benefit La Vista Community Foundation

For list of retail locations log on to:

www.lavistacommunityfoundation.com



LA VISTA
cityofficials

Mayor

Douglas Kindig

City Council

Brenda Carlisle, Ward 1
Ron Sheehan, Ward 1
Mike Crawford, Ward 2
Terrilyn Quick, Ward 2
Mark Ellerbeck, Ward 3
Alan Ronan, Ward 3
Anthony Gowan, Ward 4
Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, Assistant City Administrator
Pat Archibald, Buildings & Grounds Director
Pam Buethe, City Clerk
Ann Birch, Community Development Director
Sheila Lindberg, Finance Director
Rich Uhl, Fire Chief
Rose Barcal, Library Director
Bob Lausten, Police Chief
Joe Soucie, Public Works Director
Scott Stopak, Recreation Director



Toys for Tots

City of La Vista facilities will once again participate in the annual U.S. Marine Corps Toys for Tots program.

The City facilities accepting donations through early December:

- City Hall & Recreation Center, 8116 Park View Boulevard
- Police Department, 7701 S. 96th Street
- Library, 9110 Giles Road

The primary goal of Toys for Tots is to deliver, through a new toy at Christmas, a message of hope to less fortunate youngsters that will assist them in becoming responsible, productive, patriotic citizens.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, www.cityoflavista.org.

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what'shappening • winter 2010

HO HO HO! SANTA'S CALLING!

Santa and Mrs. Clause will be taking time out of their busy schedule to call children in preschool (age 3) through second grade on Tuesday December 7, and Wednesday December 8, 5:30 p.m. – 7 p.m. Santa's Calling Forms may be picked up at the La Vista Community Center or down loaded from the City's Web site, www.cityoflavista.org. Forms must be returned to the La Vista Community Center by Friday December 3. Calls are limited to the first 80 children registered. Due to the large number of calls, we cannot accommodate requests for specific days/times.

COMMUNITY CENTER LOCK-IN

Sponsored by the Sarpy Aikido Club. Saturday, December 11, 2010 6 pm-11 pm. This event is for 5-12 year olds. Pizza, arts & crafts, basketball competitions, soccer competitions, relay races, dance & cheer clinic, movies & much more! **FEE:** Registration before December 1, 2010 - \$20 per child, \$35 for two children, \$45 for families of 3 or more children. (After December 1 fee is \$5 more.) Reserve your spot today! Mail payment to Sarpy Aikido, 8116 Park View Blvd. La Vista NE 68128 or email sarpyaikido@hotmail.com

SENIOR VALENTINE'S DAY

LUNCHEON

The La Vista and Papillion Senior Centers will be hosting their annual Valentine's luncheon on Monday, February 14, 2011. Food, fun & entertainment will be provided. All Seniors from the area are invited! Advance tickets are required. Tickets will be on sale at the La Vista Community Center, 8116 Park View Blvd., La Vista, or at the Papillion Recreation Dept., 1100 West Lincoln Rd., Papillion. Lunch will be served at 11:30 a.m. Registration deadline is Monday, February 7, 2011 (tickets will not be available after this date). **FEE:** TBA. Please watch for flyers at the Community Center, or in the Senior monthly newsletter for further information.

BALLROOM DANCE LESSONS (ADULT)

Instructor Terry Vargas, who has been dancing since age 18 with continued advanced studies, would like to give others the opportunity to explore and enjoy dancing. During each four-week session, 2-3 dances will be taught. Ages 16 and up only and you may join as a single or couple. **FEE** for each class is \$40 per person. Leather-soled shoes preferred (no gym shoes, please). For more information, call 639-2209. Minimum of six people per class.

ZUMBA!

Zumba is an easy-to-follow aerobic exercise with movements that are mainly derived from Latin/international music. The routines feature aerobic interval training with a combination of fast and slow rhythms. Participants do not have to know how to dance. This is a fun way to burn some calories. Class Schedule Fridays: 6:30 p.m. to 7:30 p.m. Saturdays: 9 a.m. to 10 a.m. **FEE:** \$6 per individual class or \$35 per 7 classes. To register contact instructor Leilani at (720) 281-0355 or via e-mail lanilei_75@hotmail.com.

KANSAS CITY BBQ SOCIETY CERTIFIED BBQ JUDGING CLASS

Learn how to judge world-class BBQ! This judging program is designed to train barbecue judges in basic objective standards for judging barbecue meat in KCBS-sanctioned cooking contests. Saturday March 26, 10 a.m.-2 p.m., La Vista Community Center 8116 Parkview Blvd. **FEE:** \$80, non-KCBS member; \$45, KCBS member. To Register contact Nina Cooney, 658-9948, or via e-mail nena.cooney@gmail.com.

BATON CLASSES

Discover the fun you can have twirling! Not only will you learn to twirl, but also you will make friends and build confidence. Ages 5 and up. Monday: beginners, 4:15-5:15 p.m. and advanced, 5-6:15 p.m. Wednesday: advanced, 4:15-5:15 p.m. To register, contact Vicki, 612-1479.

BELLY DANCING CLASSES!

For all ages and sizes! A continuing class where you will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression. Class is on Tuesday evenings. Class times for children and adults, beginners and advanced! For more information, registration and class times, call Wren Newman, 596-1397. **FEE:** \$20 per month.

WOMEN'S SELF-DEFENSE CLASS!

Women's self-defense is offered the first Thursday of each month. These classes will teach basic self-defense techniques to help defend and deter an attacker. It also will teach students how to be aware and remove themselves from difficult situations, either physically or verbally. This class is designed for women of all ages and any level of experience. For more information, contact Claudia, 630-3169. **FEE:** \$10 per person.

AIKIDO

Children's Classes (ages 5-11): Monday and Thursday, 6-7 p.m. Adult Classes: Ages 12 and over: Monday and Thursday, 7-9:30 p.m. **FEE:** Children's Classes: residents, \$20 per month; non-residents, \$25 per month. Adult Classes: residents, \$30 per month; non-residents, \$35 per month. For further information, contact Ron Christenham, 339-6124.

KARATE

Children's Classes: (ages 5-12) Tuesday and Friday, 6-6:45 p.m. Adult Classes: (ages 13 and over) Tuesday and Friday, 7-8:30 p.m. **FEE:** \$25 per month with a \$5 one-time sign-up fee. For information, contact Sensei Porter, 592-7771.

TRADITIONAL JAPANESE SWORDSMANSHIP – SUIO RYU IAI KENPO

Wednesday, 7-9 p.m.; Saturday, noon-3 p.m. **FEE:** \$40 per month. Must be 18 years of age or older. To register contact Britt Nichol at info@suioryu-usa.org.

SOCHI-GO RYU SELF-DEFENSE CLASS!

Sochi-Go Ryu is the newest martial arts self-defense class at La Vista Community Center. Contact Mike Benkis, 895-7841 for more information.

OMAHA JITTERBUGS

The Omaha Jitterbugs offer a variety of dance lessons such as Lindy Hop, Charleston for Two, Swing and Bal-Swing (Balboa). Length of sessions and fees vary with classes. For more information and registrations, visit their Web site at www.jitterbugs.org.

ZOE-KAI BONSAI "THE ART OF MINIATURE TREES"

Learn to train and care for your Bonsai! Learn all styles of Bonsai (windswept, formal upright, informal upright, forest planting, twisted trunk, and more!) Saturday, 1-3 p.m. **FEE:** adults \$5 per class, children \$3 per class (plus tree and material fees if purchased). To register contact Jeff Cline, 541-2581.

RELAXING YOGA

Relaxing Yoga is for the beginner and intermediate yoga student. This class includes breathing and relaxation techniques, stretching, joint and gland exercises, Hatha Yoga postures, and stress management techniques. Frank P. Ferrante, Master Degree Certified Yoga Instructor with 17 years teaching experience, is the instructor. Saturday 1-2 p.m. **FEE:** \$6 per class, payable in 4 class sessions (\$24). Cash only, please.

PRESCHOOL PLAY TIME

Come to the La Vista Community Center as we open the gym for parents and children preschool-age and under. Bring your child's favorite indoor toys and the Recreation Department will provide extra toys and games to play. Tuesday and Thursday morning 10-11 a.m.

ADULT WEIGHT TRAINING CLASSES

This class, for adults age 18 and older, teaches the basics of weight training. Learn how to set up and advance; use proper technique and form; and get the most out of your weight-training program using both machine and free weights. This individual training class meets for two, one-hour sessions. Body Fat Testing is included. **FEE:** \$25

LA VISTA (INDOOR) WALKING CLUB

The La Vista Walking Club is a continual free program throughout the year. Monday, Wednesday and Friday 10:30-11:30 a.m. Walking is also available most week days (adjustments may need to be made due to other programs). Keep a record of how far you walk each day and a tally will be recorded for you. You may also record outside walking.

MODEL AIRPLANE LICENSE & FIELD TIMES

Model airplane flying licenses may be purchased at the Hobby Town, USA. You must have you A.M.A. card in order to purchase your license. **FEE:** residents, \$30; non-residents, \$40 (includes 1-year license and membership to Midwest Performance Flyers Club). Flying times (at La Vista Soccer Complex on 66th Street south of Harrison) will be posted at the La Vista Community Center and Hobby Town U.S.A.

LA VISTA SENIOR CENTER

The La Vista Senior Center is located in the Community Center and offers friendship, food, fitness, field trips and many more fun activities. Please join us for lunch, exercise or join in for games and/or special events. The La Vista Senior Center, located in the Community Center, 8116 Park View Blvd., has plenty of parking and easy access. Look online at www.cityoflavista.org/recreation/seniorcenter for our monthly newsletter and activities, or contact the Recreation Department at 331-3455 for further information. A visiting nurse is at the Community Center on the first Friday of each month from 9-11:30 a.m. There is a sign-up sheet across from the front desk, but walk-ins are welcome.

The Special Services Bus is available for senior citizens age 60 and older and all special needs/handicapped residents residing in Ralston and La Vista. The van operates Monday through Friday, 7 a.m.-4:30 pm. The bus does not operate on City of La Vista declared holidays or when the La Vista/Papillion or Ralston schools are closed due to weather conditions. Call 657-3550 48 hours in advance to schedule a ride time. We make every effort to accommodate, but due to prior scheduling, we may not be able to help everyone on their requested times. Call the La Vista Recreation Department for any questions about this service. To look at scheduled activities/trips and lunch menus, be sure to pick up a monthly La Vista Senior Newsletter at the La Vista Recreation Department or check us out online at www.cityoflavista.org.

MEN'S BASKETBALL LEAGUE

(must be 18 and out of high school). Registration Deadline: Sunday, December 5 or until the league is full (whichever comes first). Games on Sunday afternoons/evenings at the La Vista Community Center. **FEE:** \$135 per team, \$22 per game paid directly to the officials before the game, \$44 forfeit fee deposit, (separate check collected at time of registration.) No cash, please. Late fee \$10 (after December 5, 2010). Season begins January 9, 2011.

WOMEN'S VOLLEYBALL WINTER LEAGUES:

Registration Deadline: Sunday, January 16, 2011, or until the leagues are full, whichever comes first. Women's Recreational Division, Wednesday evenings. Must be 18 and out of High School. **FEE:** \$100 per team; referee fee, \$8 per match paid directly the referee; late fee \$10 (after January 16, 2011). Season begins early February.

YOUTH BASKETBALL LEAGUE

Registration Deadline: Sunday, November 28, 2010. Boys & Girls grades 3-4 and 5-6. An emphasis will be placed on learning new skills and improving current basketball techniques, teamwork, sportsmanship and fun. Season: January through early March. Parents – please consider volunteering your time to coach. To keep teams as evenly competitive as possible, teams will be selected by draft. We cannot accommodate requests to be placed on specific teams. Siblings will be placed together if in the same grade divisions. **FEE:** Early bird fee (by November 14): residents, \$45; non-residents, \$55. Fee (after November 14): residents, \$55; non-residents, \$65. Uniform deposit, \$40, which must be paid at the time of registration (separate check). The check will be returned at the end of the season when the uniform is returned. If the

uniform is not returned within two weeks of the end of the season, the check will be cashed.

CO-ED YOUTH BASKETBALL CLINIC

Registration Deadline: Sunday, December 19. Boys and Girls grades 1 and 2. (Five, one-hour sessions). Saturday mornings starting mid-January. Learn the basic skills of dribbling, passing, shooting, teamwork and fun in our 5-one hour sessions. Early bird **FEE** (by December 5): residents, \$15; non-residents, \$25. Fee (after December 5): residents, \$20; non-residents, \$30. T-Shirt included. Volunteer coaches needed.

LA VISTA FALLS GOLF COURSE

La Vista Falls Golf Course will remain open during the winter season, weather and course permitting. The golfers you know could use a gift certificate from La Vista Falls this holiday season! Gift certificates can be purchased for any amount and can be used towards green fees, golf carts and merchandise. If the weather isn't nice enough to play golf, you can begin thinking of spring by organizing a group outing (company, family, school or a fundraiser) or league play. Call the Golf Course Clubhouse, 339-9147 for updates, hours and fees.

Community Center hours of operation (please note: hours are different for adult and youth):

Mon. - Fri: 8 a.m.-10 p.m.

Sat. (May 1 - Aug. 31): 9 a.m.-4 p.m.

Sat. (Sept. 1 - April 30): 8 a.m.-6 p.m.

Sun. (May 1 - Aug. 31): Closed

Sun. (Sept. 1 - April 30): 1 p.m.-10 p.m.

Mon.-Fri. (School Yr.): 8 a.m.-3 p.m.

Adults Only

Mon.-Fri. (School Yr.): 3 p.m.-10 p.m.

Adults & Youth

Mon.-Fri. (Summer): 8 a.m.-1:30 p.m.

Adults Only

Mon.-Fri. (Summer Sched. / No School)

1:30 p.m.-10:00 p.m. Adults & Youth

Snow Days are not included in the above schedule - those days are considered the same as school days for youth. Hours are 3:00 p.m. - 10:00 p.m.