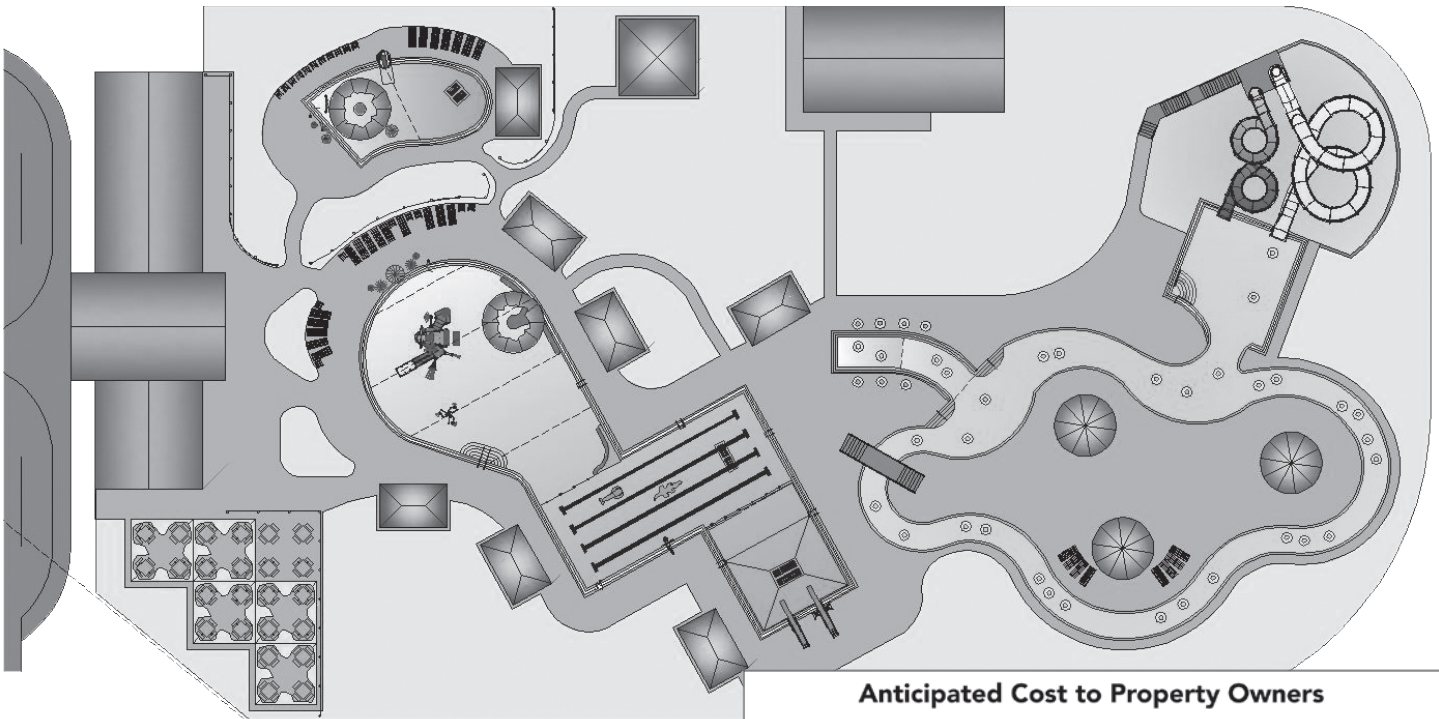


LA VISTA citywise

Swimming Pool Bond Issue Election May 15



Anticipated Cost to Property Owners

Based on the City's current valuation and a 20-year debt schedule projected at a 4.5% interest rate.

Home Value	\$100,000	\$150,000	\$200,000	\$250,000
Annual	\$57.00	\$85.50	\$114.00	\$142.50
Monthly	\$4.75	\$7.13	\$9.50	\$11.88

On May 15 La Vista residents will be asked to vote on an \$8.5 million bond issue for a new swimming pool to replace the existing pool built in 1962. The project includes an access drive and right turn lane to be constructed at 84th Street and Summer Drive, which will reduce neighborhood traffic.

Over the past several years a number of factors, including frequency and types of repairs, compliance with current standards and codes, and meeting the needs of a growing community, made it evident that the City needed a plan for aquatic services. In the summer of 2005, the City Council commissioned a study to review and evaluate the City's existing pool facilities and provide recommendations for improvement.

As a result, a citizen advisory committee was appointed to gather public input and develop a conceptual plan for a new swimming pool. In 2008 a conceptual plan was submitted to voters and was narrowly defeated by 305 votes.

Since that time, expenses and efforts to keep the existing pool operational have been increasing significantly each year. In March

2011, the City Council directed staff to reexamine the original concept presented to voters.

Ultimately it was determined that the original plan recommended by the citizen advisory committee was the best plan to meet the demands of a growing community while providing the amenities that are popular with residents.

For more information on the pool bond issue election, visit the City's Web site:
www.cityoflavista.org/poolproject

A MINUTE WITH mayor kindig



In late January, more than 100 residents and other members of the community gathered at the La Vista Community Center to discuss the latest plans and participate

further in the Vision 84 Master Park Plan.

As an elected official this incredible public participation is encouraging to see. La Vista is a better community because our residents are willing to be involved in decisions such as these.

The upcoming pool bond issue election is another opportunity for La Vista residents to weigh in on whether the City should continue to operate the existing pool until that is no longer feasible, or build a few facility.

Please read the cover story in this newsletter and check out our website for more information, www.cityoflavista.org.

Community involvement can also be fun! La Vista Daze is coming up Memorial weekend May 24-27. I hope you and your family can take advantage of the fun events that are planned.

Thank you for being a part of the community. Our door is always open and we welcome your input and participation. We'd love to talk with you!

— Mayor Douglas Kindig

La Vista Daze Contests Open May 1-18

The La Vista Daze baby and pet photo contests are back again this year!

Registration for both contests will be open through May 18. Submissions will be accepted at La Vista City Hall and Community Center and the La Vista Public Library.

Registration forms are available online at www.cityoflavista.org/lavistadaze.

The Baby Photo contest, sponsored by Bank of Nebraska, will feature categories for 0-6 months, 7-12 months, 13-18 months and 19-24 months. **The Pet Photo contest** will feature categories for dogs, cats and other animals.

Please include a current, hard-copy photo print with each submission. Winners will be displayed at the Community Cookout on Friday, May 25, and will be invited to the Mayor's Luncheon on Saturday, May 26, at the Central Park Tennis Courts.

La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

May 2012

- 1 City Council Meeting, 7 p.m.
- 10 Library Advisory Board, 5:30 p.m., La Vista Library
- 14 La Vista/Metropolitan Community College Condominium Owners Association, 3 p.m., La Vista Library
- 15 City Council Meeting, 7 p.m.
- 16 Park and Recreation Advisory Board, 7 p.m.
- 17 Planning Commission, 7 p.m.
- 24-27 La Vista Daze, various locations

June 2012

- 5 City Council Meeting, 7 p.m.
- 14 Little Chefs, 11 a.m., Community Center
- 14 Citizen Advisory Review Committee, 7 p.m.
- 15 Summer Escapes (Bubbles, Games & Dreamsicles), 3 p.m., Central Park
- 19 City Council Meeting, 7 p.m.
- 20 Park and Recreation Advisory Board, 7 p.m.
- 21 Planning Commission, 7 p.m.
- 22 Outdoor Concert (Charm School Dropouts) & Movie Night (The Smurfs), 7 p.m., La Vista Public Library
- 26 Bike Fun & Safety Day, 4:30-6:30 p.m., La Vista Sports Complex

July 2012

- 3 City Council Meeting, 7 p.m.
- 4 Most City offices closed in observance of Independence Day
- 8 Splash Bash, 1-4 p.m., La Vista Municipal Pool
- 12 Library Advisory Board, 5:30 p.m., La Vista Library
- 17 City Council Meeting, 7 p.m.
- 16, 18 City Council budget workshops, 6 p.m.
- 18 Park and Recreation. Advisory Board, 7 p.m.
- 19 Planning Commission, 7 p.m.
- 20 Outdoor Concert (eNVy) & Movie Night (Dolphin Tale), 7 p.m., La Vista Public Library
- 31 Summer Escapes (Squirt Guns, Games & Water Balloons), 3 p.m., Central Park



La Vista Daze 2012: Space Odyssey

Take this schedule of events with you so you and your family can take full advantage of the weekend.

For more information visit
www.cityoflavista.org/lavistadaze.

Wednesday, May 23, 2012

La Vista Junior High
 7 p.m. Prayer Walk

Thursday, May 24, 2012

Central Park
 5-10 p.m. Carnival
 7-9:30 p.m. Teen Dance - ***NEW EVENT**

Friday, May 25, 2012

Central Park
 Noon-11 p.m. Carnival
 5 p.m.-midnight Beer Garden
 (\$5 cover starts at 7 p.m.)
 8 p.m.-midnight "On the Fritz"
Sponsored by La Vista Volunteer Firefighters Association

City Hall Complex

6 p.m. Community Cookout Free:
 BBQ pulled pork, hot dogs, chips &
 drinks. While supplies last. Bring a
 food donation to benefit the Tri-City
 Food Pantry. Bring your lawn chair!

Sponsored by La Vista Community Foundation, and Beacon Building Services.

6:30-8:30 p.m. Concert - "eNVy",
 Climbing Wall, Fun with Chalk Art,
 Bounce House, Face Painting

La Vista Falls Golf Course

Dusk - Fireworks

Sponsored by Bellino Fireworks

Saturday, May 26, 2012

Central Park
 10 a.m.-11 p.m. Carnival
City Hall
 11 a.m. Children's Parade - ***NEW EVENT**
Park View Blvd. to Edgewood Blvd.

1 p.m. Parade

Sponsored by Bank of Nebraska

Central Park

4 p.m.-midnight Beer Garden
 (\$5 cover starts at 7 p.m.)
 8 p.m.-midnight "Taxi Driver" **Sponsored by La Vista Volunteer Firefighters Association**

4:30-7:00 p.m. Motorcycle Show & Shine
Sponsored by The Freedom Fighters & Holstein's Harley Davidson

Park View Blvd. near Champion Park
 After Parade - Fire Department
 Water Fights

La Vista Sports Complex Flying Field
 3-5 p.m. Remote-Controlled Airplane
 Show

5-7 p.m. Learn How to Fly Model
 Remote-Controlled Planes presented
 by Midwest Performance Flyers

Sunday, May 27, 2012

Central Park
 8:30-10 a.m. Pancake Breakfast
 Free-will donation
 10 a.m. Community Worship Service
 Noon-6 p.m. Carnival
La Vista Sports Complex Flying Field
 Noon-2 p.m. Remote-Controlled
 Airplane Show
 2-4 p.m. Learn How to Fly
 Model Remote-Controlled
 Planes. Presented by
 Midwest Performance
 Flyers



2012 La Vista Community Events

The La Vista Community Center is located at 8116 Park View Blvd. Central Park is located a few blocks north of Giles Road on Edgewood Blvd.



All movies and concerts will take place outdoors at the La Vista Public Library, 9110 Giles Road

June 14 - **Little Chefs**, 11 a.m., Community Center

☆**NEW EVENT** June 15 - **Bubbles, Games & Dreamsicles**, 3 p.m., Central Park

June 22 - **Concert**, 7 p.m. (Charm School Dropouts) & **Outdoor Movie Night** (The Smurfs)

☆**NEW & IMPROVED** June 26 - **Bike Fun & Safety Day**, 4:30-6:30 p.m., La Vista Sports Complex

July 8 - **Splash Bash**, 1-4 p.m., La Vista Municipal Pool

July 20 - **Concert**, 7 p.m. (eNVy) & **Outdoor Movie Night** (Dolphin Tale)

☆**NEW EVENT** July 31 - **Squirt Guns, Games & Water Balloons**, 3 p.m., Central Park

August 4 - **Urban Scramble Adventure Race**, 7 a.m., starts at La Vista Community Center

☆**NEW & IMPROVED** August 7 - **National Night Out, with Dinosaur Egg Hunt**, Central Park

August 10 - **Concert**, 7 p.m. (Blue House) & **Outdoor Movie Night** (Three Musketeers)

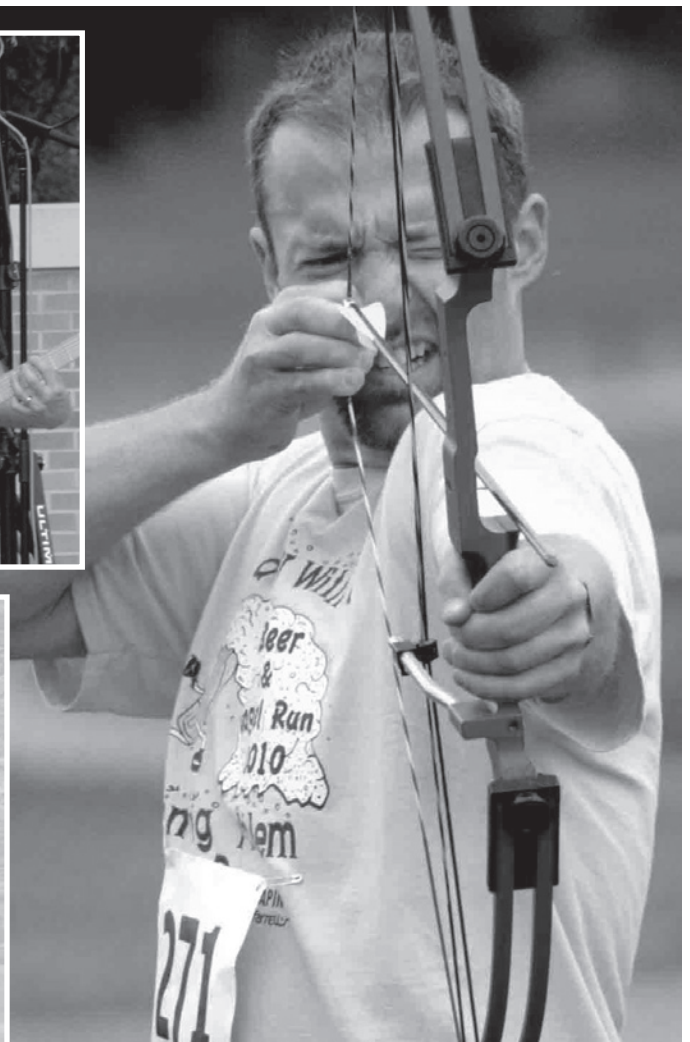
October 31 - **Halloween Safe Night**, 5:30-7 p.m., Community Center

November 25 - **Santa's Sleigh Ride**, Throughout the City, early evening

November 26 - **Holiday Tree Lighting**, 6 p.m., City Hall/Community Center

December 20 - **Holiday Movie Night**, 6:30 p.m., La Vista Public Library

Visit the City's Web site for more detailed event information www.cityoflavista.org/2012events





Community, Council Discuss Park Plan



Work on the Civic Center Park Master Plan, encompassing La Vista Falls Golf Course and Central Park, has continued in recent months with workshops for the community and the Mayor and City Council.

Following a community workshop held in late 2011, four concept plans were developed by consultants from RDG Planning and Design. These plans - natural, open, urban and active - were reviewed and discussed by the working group. Ultimately a combination of the natural and active plans was recommended.

More than 100 people filled the La Vista Community Center meeting rooms for a workshop in January where they were able to view the natural and active plans, which detailed different locations in the park for a variety of program elements such as a lake, amphitheater, and pavilion building.

The consultants received comments from the community and created a combined concept plan, which was reviewed recently by the Mayor and City Council during a workshop where they offered feedback on various elements of the park plan.

Among the next steps in the process, will be the development of a plan, detailing the components of the park plan. A financing

Above: From left, City Council member Mike Crawford, Police Chief Bob Lausten, Councilmember Mark Ellerbeck and Assistant City Administrator Rita Ramirez discuss a concept plan for the Civic Center Master Park Plan during a recent City Council workshop. Below: More than 100 residents attended a community workshop on the park plan in late January.



plan will also be prepared to assist the City in budgeting for those phases in the future.

To see the concept plans
in detail, visit the
City's Web site,
cityoflavista.org/civicpark

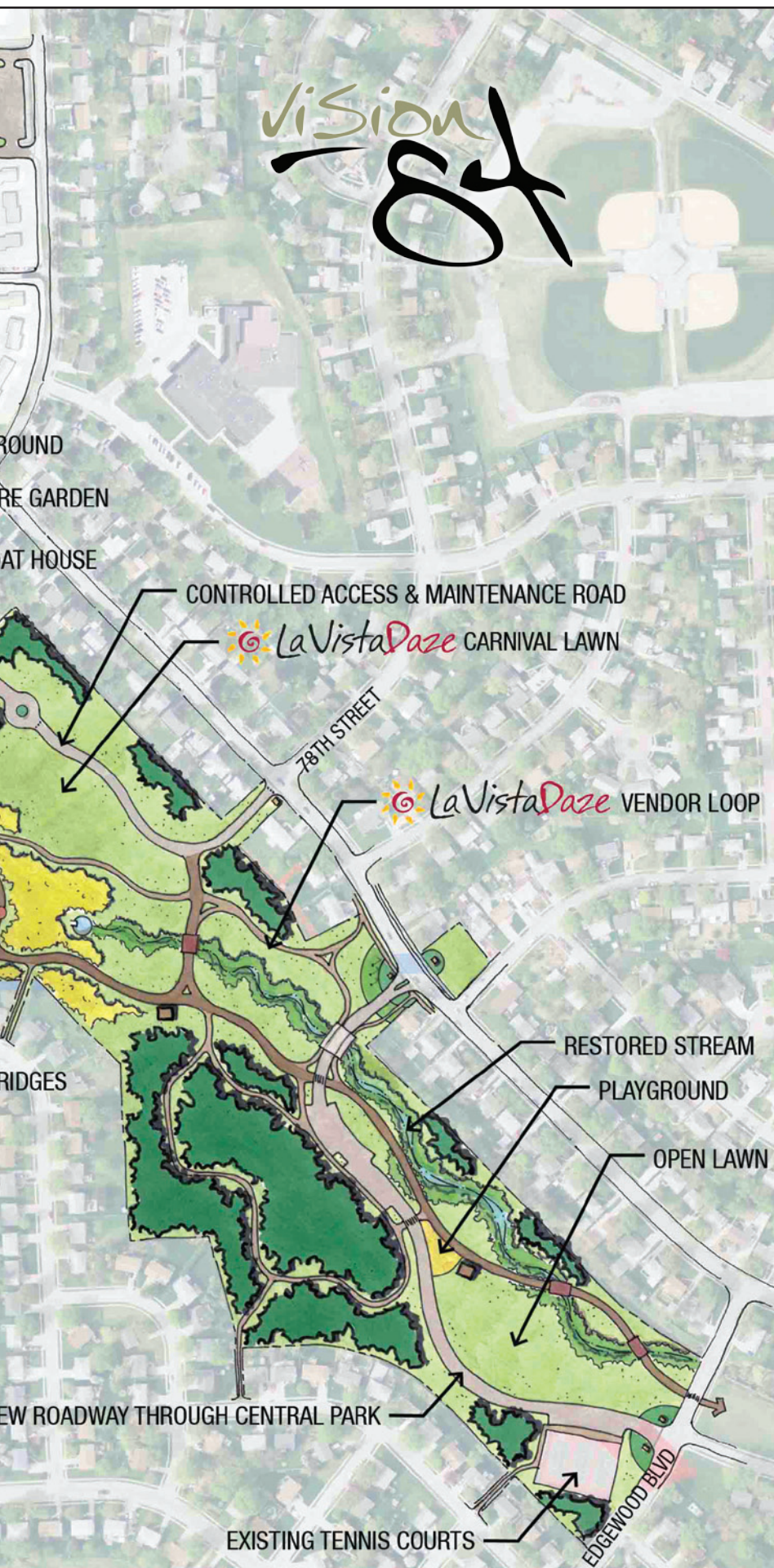


La Vista Civic Center Park: Combined Preferred Plan

RDg...
PLANNING • DESIGN



March 13, 2012



Civic Center Park Master Plan

Actions so far:

AUGUST 2011

- RDG Planning and Design is selected as project consultant
- Project start-up meeting is held

SEPTEMBER 2011

- Tour of the study area
(La Vista Falls Golf Course & Central Park)
- Stakeholder meetings

NOVEMBER 2011

- Additional stakeholder meetings
- Working Group meeting #1
- Community Workshop #1
- Working Group meeting #2

DECEMBER 2011

- Design team meetings

JANUARY 2012

- Project review by City and RDG staff
- Working Group meeting #3
- Community Workshop #2

FEBRUARY 2012

- Meeting with Department of Natural Resources and Papio-Missouri Natural Resources District

MARCH 2012

- City Council Workshop

ACTIONS YET TO COME:

- Joint workshop with Park & Recreation Advisory Board, Planning Commission and City Council
- Development of Phasing and Financing Plan
- Delivery of Draft Plan
- Staff review
- Delivery of Final Plan
- Public hearings by Park & Recreation Advisory Board, Planning Commission and City Council

Watch the City's Web site,
www.cityoflavista.org/civicpark,
 as well as the local media for updates.

BATTLE OF THE BADGES

Throughout La Vista, Papillion, Bellevue and Ralston men and women in uniform help save lives every day. This May, you can join forces with us to save lives. On May 15 and 18 area law enforcement and fire departments will battle it out to recruit the most blood donors during the American Red Cross 2012 Suburban Battle of the Badges competition.

In this friendly competition, all first responders can recruit blood donors from their ranks, families and neighborhoods, as well as enlist the community, to 'bare arms' on behalf of their department. At the end of the competition, the department that has the most people donate on its behalf will win bragging rights and the 2012 Battle of the Badges Trophy.

Wednesday, May 15th from 1:00 - 7:00 p.m. at the La Vista Community Center

Wednesday, May 15th from 8:00 a.m. - 2:00 p.m. at the Bellevue Fire and Training Center

Friday, May 18th from 8:00 a.m. - 2:00 p.m. at the Sarpy County Law Enforcement Center

EMS WEEK

National EMS Week is May 20-26. Please remember to say thank your volunteer EMTs and Paramedics when you see them!



Back Row: Matt Rappley, Andy Brewer, Austin Brake, Justin Urlacher, Chris Goley, Adam Vail, TJ Markowsky, Front Row: Vicki Pfeifer, Jared Henderson, Mike Hopkins, Cody Beaudin, Mike Boley

BANQUET

In January, the La Vista Volunteer Fire and Rescue Department celebrated the completion of a successful year at its annual banquet. Awards were given for meritorious service and responses to calls.

Overall top responders (fire and rescue calls)

1st: Matt Rappley

2nd: Austin Garner

3rd: Justin Urlacher

Rookie of the Year:

March class: Chris Goley;

June/July class: Cody Beaudin

Firefighter of the year: Mike Hopkins

Rescue person of the year: Matt Rappley

Officer of the year (4-way tie): Andy Bierbrauer, TJ Markowsky, Jerad Henderson and Steve Leighton.

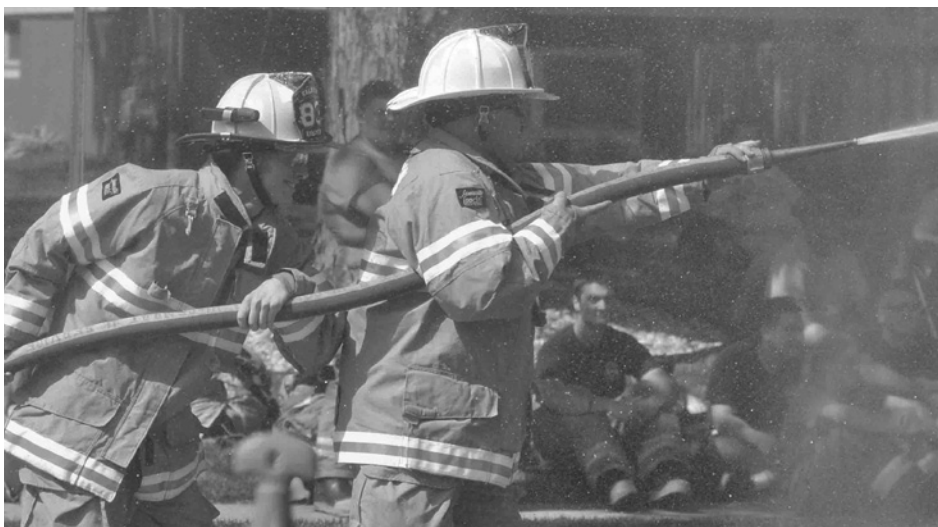
Tiny Manchester Award: TJ Markowsky

Chief's Award: Vicki Pfeifer

Service Awards

5 years: Rory Froehlich and TJ Markowsky

10 years: Andy Brewer



After the conclusion of the La Vista Daze parade on Saturday, May 26, don't forget to stop by the annual Fire Department Water Fights located at Champion Park (76th & Park View Blvd).

SUMMER SAFETY TIPS

- Do things indoors when the sun is strongest, between 10 a.m. and 4 p.m.
- Wear sunscreen even on cloudy days.
- Reapply sunscreen after swimming, playing or sweating and wear sunglasses to protect your eyes.
- NEVER swim alone.
- If you can't swim or you're in a boat, ALWAYS wear a life vest.
- Always wear protective gear when riding a bike, scooter, skateboard, etc.
- Tricks and stunts come with lots of practice. Don't try any daring moves until you're ready to handle them.



La Vista West Students Give Donation for K9 Program

The La Vista West Elementary School Student Council recently completed a fundraiser benefiting the La Vista Police Department's K9 program.

The students were able to raise \$400 by selling suckers and recently presented the check to the K9 Unit. The donation will be used to replace the heat alert system in the vehicle used by Officer John Danderand and his K9 partner, Leda.

The Heat Alert system monitors the interior temperature of the

police car in order to protect the dog from overheating. In the event the temperature rises above safe levels, a fan will be activated, the windows in the vehicle will automatically roll down and the horn, siren and emergency lights will activate.

The heat alert system in Danderand's vehicle is inoperative and will need to be replaced before the summer. The La Vista West donation will supplement the police budget for an item extremely important to the health and safety of the police department's service dogs.



Fire Department Receives Military Support Award

The La Vista Volunteer Fire Department and Chief Rich Uhl recently received an award from Employer Support of the Guard and Reserve (ESGR), a Department of Defense agency.

The department was nominated by Oliver Berglund, a member of the fire department, who serves in the Nebraska National Guard.

In his nomination, Oliver made specific mention of recent aviation training, which required him to be away from the department for an extended amount of time. "During my 20 months of leave, I didn't lose any seniority on the department. Upon my return, the department and Chief welcomed me back with open arms."

Left: Chief Rich Uhl accepts the award from John Bryan, Program Support Specialist with ESGR.

publicworkszone

ROAD
WORK
AHEAD

Public Works Mechanics Receive Training from Dodge

Public Works mechanics Ray Crane, Ray Luebbert, Rick Roy and Nick Epperson recently received training at the La Vista Public Works Shop, paid for and sponsored by Dodge through the Chrysler Academy, School of Technical Training.

Through this training mechanics were given a complete vehicle overview that include all vehicle systems, fluid types, maintenance intervals and procedures. The course also highlighted the special contents of a Charger Police Package compared to the civilian Charger.

With the recent exit of the Ford Crown Victoria Police Interceptor from the police vehicle market, the Dodge Charger has emerged as the preferred vehicle. The La Vista Police Department made the



change to Dodge in 2006, which has given the City's mechanics an advantage over other communities.

Dream Big Read!

SUMMER READING PROGRAM

The 2012 Summer Reading Program will begin June 4 featuring the theme "Dream Big - Read!" This program is open to children from birth through fourth grade.

The summer reading program will kick off **Wednesday, May 30, 2-3:30 p.m.**, with a Pajama Party. We invite all families to wear their pajamas and slippers and help us celebrate the beginning of summer reading.

This year's summer reading program will feature storytime classes, crafts, games, book clubs, movie nights, outdoor activities and special guests every Wednesday at 2 p.m.

Register for the summer program and participate in many different activities related to the Dewey Decimal System.

For more information contact Jodi Linhart, 402-537-3900 or jlhart@lavistamail.mccneb.edu. Summer reading calendars are available at the library or on our Web site, www.cityoflavista.org/library.

Teen Summer Reading Program

The 2012 Teen Summer Reading Program will kick off **Thursday, May 31 at 3 p.m.**, featuring the theme "A Supernatural Spooky Summer", which was created by the Teen Advisory Board. All teens who have completed 5th grade and above are eligible.

Programs include two all-day movie marathons, zombie Barbies, monster crafts, visits from Project Wild and Omaha Paranormal Research, Minecraft and other video game crafts, Teen LEGO Club meetings, an Arkham Horror Gaming Club, the READ Prize Store, and much, much more!

For more information about the teen summer reading program, contact Lindsey Tomsu, 402-537-3900 or ltomsu@lavistamail.mccneb.edu. Calendars will be available in May at the Library or on our Web site, www.cityoflavista.org/teens.

Homeschool Program added!

A recent program addition at the library

is geared toward homeschooling families, and the response has been terrific. The children arrive for each class with excited anticipation and leave having had a great time, learned new literature they may not have chosen otherwise, practiced problem solving, and having had the fun of sharing a great book with other new friends. For more information on this program, visit the City's Web site, www.cityoflavista.org/homeschool.

Library Memberships

For your convenience the La Vista Public Library now has two non-resident memberships to choose from: annual membership for your household for \$55 or a 6-month membership for \$30! La Vista residents read for free.

Storytimes

Summer preschool storytime begins June 4 for three- to five-year-old children on Monday, Tuesday and Fridays at 10 a.m. or Thursdays at 2 p.m. Also beginning in June are storytimes for toddlers and children 6-18 months old. For more information on other storytimes, visit the City's Web site, www.cityoflavista.org/children.

Database Highlight

Mango is a self-paced language learning system focused on simplicity. There are many languages (including Pirate!) to choose from and even an English as a Second Language course. Mango is listed on the Library's Database web page.

Final Wellness Program at the Library

The Library's final wellness program of the year will take place Wednesday, May 16, focusing on the six dimensions of balance and the guidelines for achieving harmony in your personal and professional life.



CITY COUNCIL WARDS REDISTRICTED

As a result of the 2010 Census, the City of La Vista was required to redistrict its City Council wards, and as a result, your polling place may have changed.

All La Vista registered voters should have recently received information from the Sarpy County Election Commissioner's Office informing them of their City Council ward and election polling place. Before the May 15 primary election, review this information to ensure you visit the appropriate polling place.

If you have additional questions regarding your polling place, contact the Sarpy County Election Commissioner's Office, 402-593-2167.

NATIONAL PUBLIC WORKS WEEK

National Public Works Week, observed May 20-26, is a celebration of the men and women who construct and maintain the community infrastructure. If you see a Public Works crew working in your neighborhood, stop and thank them for the important service they provide to the community.

APPLY FERTILIZERS IN MODERATION

When applying lawn fertilizers, be sure to do so in moderation and follow the manufacturer's directions. The over application of fertilizer is a waste of money, does not benefit the lawn and garden, and most importantly, the unused nitrogen can contaminate local lakes and streams as well as local ground water supplies.

All these water sources contribute to our community's source of drinking water.

RESIDENTIAL SEWER DRAIN CLEANING

When you have your home sewer line cleaned, make sure to notify the Public Works Department at 402-331-8927. Material removed from your sewer line is forced into the main sewer line, which creates the possibility of it becoming stuck in the main and causing backup problems. When you notify Public Works, staff will check and service the main sewer line for proper flow.



Left to right, back row: Mayor Kindig, Lee Kortus, Mickey Stubbs, Vicki Pfeifer, Mary Cutler, Kara Siert, Matt Rappley, Miranda Rappley and Justin Urlacher. Front row: Chief Rich Uhl, Assistant Chief Rory Froehlich.

Council Clips

The following items are highlights of recent City Council action:

- Awarded the contract for improvements to the Applewood Creek stream way.
- Approved the One and Six-Year Road Improvement Plan.
- Approved the purchase of digital radios, a marked police car and firefighter bunker gear.
- Approved 84th Street TIF study and the preparation of a redevelopment plan.
- Approved the purchase of workout equipment for the Community Center.

La Vista First Responders Save Teen's Life

Mayor Kindig and Fire Chief Rich Uhl recognized members of the La Vista Police and Volunteer Fire departments and the community at the February 7 City Council meeting for their role in saving the life of 16-year-old Kara Siert.

On Saturday, January 14, La Vista police officers and firefighters responded to a 911 call at Judson Baptist Church for a 16-year-old female. Police Officer Shawn Dooling and La Vista Rescue Lieutenant Matt Rappley, who is also the pastor at Judson Baptist, determined the girl did not

have a pulse and was not breathing and started CPR. Dooling also administered two shocks using an AED device carried in La Vista police cars.

When firefighters arrived, they took over CPR and were able to restart Kara's heart and restore a pulse. Kara was transported to Alegent Health Midlands Hospital and later transferred to Children's Hospital, where she made a full recovery. Kara was on hand at the City Council meeting to thank the responders who saved her life.

Mayor

Douglas Kindig

City Council

Brenda Carlisle, Ward 1

Ron Sheehan, Ward 1

Mike Crawford, Ward 2

Terrilyn Quick, Ward 2

Mark Ellerbeck, Ward 3

Alan Ronan, Ward 3

Anthony Gowan, Ward 4

Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, Assistant City Administrator

Pat Archibald, Buildings & Grounds Director

Pam Buethe, City Clerk

Ann Birch, Community Development Director

Sheila Lindberg, Finance Director

Rich Uhl, Fire Chief

Rose Barcal, Library Director

Bob Lausten, Police Chief

Joe Soucie, Public Works Director

Scott Stopak, Recreation Director



Bryan Waugh with Mayor Douglas Kindig.

Annual Employee Recognition Banquet

2011 Employee of the Year honors went to Police Sergeant Bryan Waugh for his excellence and dedication to the City's K9 program. Library Director Rose Barcal received the Leadership award.

Outstanding Services awards were given to John Kottmann, Lindsey Tomsu, Harald Rappold, Brian Lukasiewicz, Jan Bolte, Chris Solberg, Kevin Pokorny, Mike Keyes, Travis Prosser, Jean Hurst and Sheila Lindberg.

TEAM awards were given to the IT Committee for their work on an organization-wide IT plan, and to the Public Works staff for their work on the traffic signal retrofit project and for their service to the City of Plattsmouth during last summer's flooding.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, www.cityoflavista.org.

City of La Vista
8116 Park View Blvd.
La Vista, NE 68128
p: 402-331-4343 | f: 402-331-4375



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what'shappening • summer 2012

For the Kids

Preschool Play-by-Play

Ages: 3-5. **FEES: \$15**, non-residents **\$20**. Registration deadline: May 29 or when class is full (class size limited to 10). When: Tuesday's June 5 through July 10

Children will learn the basics of throwing, catching, dribbling, shooting, kicking and batting in a safe and positive environment. Parent/Guardian attendance is required, and participation is encouraged!

Little Chefs Storytime and Cooking Class

Ages: 6 and under. **FEE: \$3** per child. When: June 14, 11 a.m. Limited to 20 participants, parents must accompany child.

The La Vista Recreation Department and Library are teaming up to introduce children to the world of cooking! We'll start with a story about cooking, and finish by cooking up a delightful treat!

Preschool Play Time

Ages: preschool age and under. **FEE: FREE**. When: Tuesdays and Thursdays, 10-11 a.m.

Zip around the gym on tricycles and cozy coupe cars, play preschool size basketball, kick balls or just run, jump and play with others! It's a great play date for kids and parents!

May Basket Craft Project

Ages: preschool age and under. **FEE: FREE**. When: May 1, 10:30 a.m.

Miss Jodi from the La Vista Library will join us during Preschool Playtime to help make May Baskets.

Summer Youth Craft Class

Ages: 8 and up. **FEE: FREE**. When: June 5, 12, July 3, 10, 24 and August 7, 3:30-4:30 p.m.

Miss Jodi from the La Vista Library will be joining us to create a different craft each week.

Bike Fun and Safety Day

Ages: all ages. **FEE: FREE**. When: June 26, 4:30-6:30 p.m. Where: La Vista Sports Complex, 1/4 mile south of Harrison on 66th Street.

Free helmet give-away while supplies last! Bring your own bike and ride through our skills course, learn bicycle safety information including bike checks, proper helmet fitting, hand signals and riding skills. Bike helmets are required.



Spring Kite Festival

The La Vista Spring Kite Festival, hosted by the American Kite Fliers Association and La Vista Recreation Department, will be held on **Sunday, May 6, 12 - 5 p.m.**, at the La Vista Soccer Complex. Bring the whole family to come see some of the world's largest and most creative kites!

Summer Escapes at Central Park

Grade: 5 and under. **FEE: FREE**. When: June 15 and July 31, 3 p.m. Where: Central Park

Join us June 15 for Bubbles, Games and Dreamsicles, bring your own bubble machine and July 31 for Squirt Guns, Water Balloons and Games. Bring your own squirt gun!

Arts

To register for Art Camp, Basic Drawing or Painting Class, contact Julie, 402-917-3500

Pre-Picasso Art Camp

Ages: 5-8. **FEE: \$40**. When: Beginning June 4 for four weeks, Mondays, 10-11:30 a.m.

Your child will learn to express their imagination and gain confidence as they create adorable masterpieces you can cherish for a lifetime. We will paint, stamp, collage, and learn to draw using basic recognizable shapes. Bring a paint shirt or apron, materials will be provided.

Basic Drawing and Design

Ages: 9-14. **FEE: \$80**. When: Beginning June 6 for four weeks, Wednesday mornings, 9-11 a.m.

This class is a fun and creative class designed to enhance your teen's ability and confidence in drawing. All skill levels are welcome. Participants will learn how to draw people, animals and linear perspective as well as combining various colored mediums to make beautiful masterpieces. Materials will be supplied.

Basic Painting and Design

Ages: 13-16. **FEE: \$100**. When: Beginning June 6 for four weeks, Wednesdays, noon-3 p.m.

Your child will learn the various styles of painting and how to achieve them. Learn how to stretch canvas, prepare a painting surface and how to design a well-balanced composition. Participants will create an abstract, hard-edge and still life painting that your teen will take home with them. Most materials, except brushes and paints will be supplied.

Senior Art Class

FEE: \$6 per class. When: Thursdays, 1:30 p.m. Contact: Environmental Art Instructor Charlene Potter 402-933-8411.

Inspirational and environmental art classes using oil, watercolor, pen and ink.

Health and Wellness

Unless otherwise noted, there are no age restrictions for these activities

Pilates Matwork

FEE: \$7 per class (payable in four-class sessions)

When: Wednesdays, 6:30-7:30 p.m.; Saturdays, 9-10 a.m. Contact: Wendy Harris, 402-297-5230, designsbywendy@hotmail.com. Pre-registration is required.

Pilates is a series of controlled, low-impact exercises to help increase flexibility, strength and overall body tone. It benefits both mind and body, addressing posture, concentration, breathing and strengthening your core muscles.

Relaxing Yoga

FEE: \$6 per class, payable in four class sessions. Cash only. When: Saturdays, 1-2 p.m. Contact: Frank P. Ferrante, 402-614-0057, FrankPFerrante@gmail.com

Relaxing Yoga is for the beginner and intermediate yoga student. This class includes breathing and relaxation techniques, stretching, joint and gland exercises, Hatha Yoga postures, and stress management techniques.

Individual Weight Training Classes

Age: 18 and older. **FEE: \$25**. When: By appointment; two, one-hour sessions. Contact: Rich Carstensen, 402-331-3455.

This class teaches the basics of weight training. Learn how to set up and advance; use proper technique and form; and get the most out of your weight-training program using both machine and free weights. Body Fat Testing is included.

Indoor Walking Club

FEE: FREE. When: Monday, Wednesday and Friday, 10:30-11:30 a.m.

The Walking Club is open to any La Vista residents and seniors in the surrounding areas. This time is set aside for walkers, so there will be no interference of other programs.

Dancing

Preschool and Youth Dance Classes

Ages: preschool and older. Contact: Katherine Hogston, khogsto1@yahoo.com. Ballet, Pointe, Tap, Jazz, & more. 402-612-3712.

Adult Ballroom Dance Lessons

Ages: 16 and older. **FEE: \$40** per person. Join as a single or couple, minimum of 6 people per class. Contact: Terry Vargas, 402-639-2209. Mondays 7:00 - 8:00 p.m.

In each four-week session, 2-3 dances will be taught. Leather-soled shoes preferred (no gym shoes, please).

Adult Belly Dancing Classes

Ages: 16 and older. **FEE: \$20** per month. When: Beginner - Tuesday, 5:30-6:30 p.m.; Advanced - 7-8 p.m. Contact: Wren Newman, 402-596-1397

This is a continuing class where you will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression!

Learn to Swing with the Jitterbugs!

FEE: \$50 per person (mention this newsletter to receive \$10 off). Contact: www.jitterbugs.com

The Omaha Jitterbugs offer a variety of dance lessons such as Lindy Hop, Charleston for Two, Swing and Bal-Swing (Balboa).

Square Dance Lessons

Contact: Ken Young, 402-592-5143 or 402-690-3020. This is a low impact aerobic exercise that burns a lot of calories while having fun! Wear comfortable clothes and flat-heeled shoes. 5 week sessions Sundays, 2:00 p.m.

Martial Arts

CHA-3 Kenpo Karate

Ages: 10 and up. **FEE: \$40** per month. Sundays, 2:30 - 4:00 p.m. Tuesdays 6:00 - 7:30 p.m. Contact: Tony Foster, 402-297-3773 or Anthony Foster, 402-917-7135.

Realistic self-defense for the whole family that promotes respect, confidence, self discipline and integrity. Kenpo Karate is an art for the individual, allowing each person to achieve the fullest control over his mind and body. Kenpo develops balance, speed, power, breathing control, self discipline, as well as a good means of self-defense.

Aikido

Ages: 5-11 and adults. **FEE:** Children - \$15, non-residents \$20; Adults - \$30, non-residents \$35. When: Mondays and Thursdays, children 6-7 p.m., adults 7-9:00 p.m. Contact: Ron Christenham, 402-339-6124

Traditional Japanese Swordsmanship

Ages: 18 and older. **FEE: \$40** per month. Open enrollment. When: Wednesdays, 7-9 p.m.; Saturdays, noon-3 p.m. Contact: Britt Nichols, Info@suoriyou-usa.org

Suio Ryu is one of the few ancient systems of martial arts practiced today. It encompasses a broad variety of techniques such as jojutsu (Suio Tyu), kumi-iai (paired sword forms), naginata-jutsu, pure kenpo sword and wakizashi techniques.

Sochi-Go Ryu Self-Defense Class

Contact: Mike Benkis, 402-895-7841. Mondays 5:30 - 7:00 p.m.

Beginner American Sign Language and Deaf Culture

Ages: 14 and older, class limited to 20 students. **FEE: \$45** per person. When: Mondays 6-7 p.m., Saturdays 1-2 p.m. for six weeks. Two sessions

beginning May 14 and July 2. To register, email John at john.schumacher@gmail.com. Join us and learn basic conversational skills in American Sign Language along with Deaf Culture. The Web site www.lifeprint.com will be used as a guideline. Students will be responsible for buying their own textbook "A Basic Course in American Sign Language" by O'Rourke, Padden and Humphries.

Model Airplane License and Field Times

FEE: \$30, non-residents \$40, (includes 1 year license and Midwest Performance Flyers Club membership). When: Flying times will be posted at the Community Center and Hobby Town U.S.A. Where: La Vista Soccer Complex, 66th Street, south of Harrison Street

Model airplane flying licenses may be purchased at the Hobby Town, U.S.A. A.M.A. card required to purchase a license.

Indoor Remote Control Model Airplane Flying

Watch at no cost or bring your indoor plane and pay a small drop-in fee. When: Mondays, 11:30 a.m.-1:30 p.m.

These lightweight planes will amaze you, as will the individuals who designed and fly them.



La Vista Municipal Swimming Pool

Open Saturday, May 26 through Monday, September 3. Pool hours: 1-9 p.m. through August 12. (Hours will be limited August 13-September 3)

Season passes for residents and non-residents, as well as resident tags, may be purchased at the La Vista Recreation Center, 8116 Park View Blvd.

SWIMMING POOL FEES 2012

Daily Admission:

Youth 5 & under:	Free
Youth resident 6-17 (with tag):	\$2
Youth non-resident 6-17:	\$4
Adult resident 18 & older (with tag):	\$3
Adult non-resident 18 & older:	\$4
Resident Tags	\$2
Youth resident season pass	\$60
Youth non-resident season pass	\$90
Adult resident season pass	\$70
Adult non-resident season pass	\$100
Family resident season pass	\$100
Family non-resident season pass	\$160
Daycare Season Pass	\$250
30-day pass booklet (residents)	\$50
30-day pass booklet (non-residents)	\$80

RED CROSS SWIMMING LESSONS

Age: minimum age for pre-beginners is four **FEE: \$30**, non-residents \$55. When: Monday-Thursday, Friday is rain day. All classes are 45 minutes in length.

Session 1: June 18-29; Session 2: July 9-20; Session 3: July 30 - August 10

Registration open: residents April 30; non-residents May 7

Levels of lessons: pre-beginners, level I, level II, level III, level IV, level V, level VI

La Vista Recreation Youth & Adult Sports

Fees listed for residents then non-residents

Tackle Football & Cheerleading

Early Bird Registration: June 30 Registration Deadline: July 14. Season begins in August

Tackle Football

Ages: 8-14 as of August 1 (birth certificate required at registration) **FEES:** Before June 30: \$95, non-residents \$125. After June 30: \$105, non-residents \$135. \$180 uniform deposit (separate check, returnable at season's end).

Cheerleading

Ages: 7-14 as of August 1. **FEES:** Before June 30: \$25, non-residents \$45. After June 30: \$35, non-residents \$55. \$75 uniform deposit (separate check, returnable at season's end)

Fall Flag Football

Ages: kindergarten-6th grade as of fall 2012. Early Bird Registration: July 7. **FEES:** Before July 7: \$30, non-residents \$50. After July 7: \$40, non-residents \$60. Registration Deadline: July 21

Youth Soccer

Seasons begin in September. Early Bird Registration: August 4 Registration Deadline: August 18

Soccer Clinic

Ages: 3 as of August 1. **FEES:** Before August 4: \$15, non-residents \$20. After August 4: \$25, non-residents \$30

Five, one-hour sessions on Saturdays. This is a parent participation clinic designed to teach the basic fundamentals of soccer while having fun.

Soccer Academy and League

Partnership with Phoenix Futbol Club. Sessions are twice a week for six weeks - academy training on Tuesdays & Saturdays

Academy

Ages: 4 and 5 as of August 1. **FEES:** Before August 4: \$30, non-resident \$50. After August 4: \$40, non-resident \$60

Focusing on different soccer skills to develop each player with individual attention and maximum ball touches.

League

Ages: 6 and 7 as of August 1. **FEES:** Before August 4: \$30, non-resident \$50. After August 4: \$40, non-resident \$60

Attend Academy training on Tuesdays, but instead of Academy on Saturdays, teams play league games.

La Vista Lancer Soccer Club

Participate in the Sarpy County and the ENSA. Season begins in August.

Sarpy County Soccer League

Ages: under 8 - under 12 as of August 1.

FEES: Before June 9: *\$50. After June 9: *\$60.

Registration Deadline: June 23.

ENSA

Ages: under 13 - under 15 as of August 1

FEES: Before June 9: *\$50. After June 9: *\$60

Registration Deadline: June 23.

** Registration fee does not include a uniform. All competitive team uniforms must be ordered through the La Vista Recreation Department.*

Youth Volleyball

Season begins in October. Ages: 3rd - 6th grade as of fall 2012. Early Bird Registration: August 25

FEES: Before August 25: \$30, non-resident \$50 After August 25: \$40, non-resident \$60. Registration Deadline: September 8

Adult Softball

Games tentatively start September 4. Leagues: Coed, Men's and Double-Header. **FEES:** Coed & Men's: \$110 (separate \$40 check, forfeit deposit fee). Double-Header: \$220 (2 separate \$40 checks, forfeit deposit fee). Registration Deadline: August 11 or until leagues are full.

Coed League will be held on Friday & Sunday evenings; Men's League will be held on Sunday, Monday, Tuesday, Thursday and Friday evenings; Double-Header League will be held on Tuesday and Thursday evenings.



La Vista Senior Activity Center

Contact: Program Coordinator Rich Carstensen, 402-331-3455. For more information: Visit the City's Web site, www.cityoflavista.org/seniorcenter

The La Vista Senior Activity Center offers friendship, food, fitness, field trips and more! Join us for lunch at 11:30 a.m. (M-W-F), also come exercise or join in for one of our many games or special events.

More fun than you can possibly stand - while seated! Join the La Vista Senior Activity Center on Mondays and Fridays, 10:15-11:15 a.m., for chair volleyball. This fun-filled game, played with a beach ball, is great for upper body mobility and joint flexibility. It enhances your muscle tone, reflexes, hand-to-eye coordination, and endurance. Not only does your body get a great work out but you're stomach and face muscle will too from so much laughing! Rules are similar to regular volleyball except "cheeks on the chair!"

Special Services Bus

Requirements: special needs/handicapped residents of La Vista or Ralston, age 60 or older

When: Monday-Friday, 7 a.m.-4:30 p.m.

Contact: For reservations, call 402-657-3550 at least 48 hours in advance.



LA VISTA FALLS GOLF COURSE

Nestled in a valley below 84th Street in the heart of the City, La Vista Falls features finely mowed fairways, lush greens and elevated tee boxes amidst trees, small lakes and streams.

Affordability and flexibility are what make La Vista Falls perfect for nearly every type of group outing. The course's wide-open format ensures you won't feel crowded, even with the biggest group. Refresh the group with a wide variety of concessions and equipment available from the clubhouse. After your outing,

relax on the patio and enjoy the view.

Did you know now you can request a tee time online! Visit the City's Web site, www.cityoflavista.org/teetime, to request a specific time and even specify how many will be coming with you. When your request is received at the clubhouse, we will send you an e-mail with confirmation of your tee time and then you're set to go!

Openings available for family, company, school and night time golf outings.

Junior Golf tee times - Ages: 12-16. When: Mondays and/or Wednesdays, 10:30-11:30 a.m. Fee: \$8 per person, per day. Sign up as individuals or groups for as many days or weeks as you would like. Contact: Denny Dinan, 402-339-9147

Green Fees & Specials March 1-Sept. 30

Adult 16 and over • Junior 15 and under
Senior 55 and over

9-hole weekdays (adults)	\$10
9-hole weekends (Sat-Sun) (adults).....	\$12
18-hole weekdays (adults).	\$16
18-hole weekends (Sat-Sun) (adults).....	\$18
9-hole weekdays (Jr/Sr)	\$8
9-hole weekends (Sat-Sun) (Jr/Sr).....	\$10
18-hole weekdays (Jr/Sr)	\$13
18-hole weekends (Sat-Sun) (Jr/Sr).....	\$15

Memberships:

Jr/Sr	\$300	Family.....	\$750
Adult.....	\$400		
Pull carts	\$2.50	Rental clubs.....	\$7
Electric carts (9-Holes)	\$6.50		
Electric carts (18-Holes)	\$10.50		
Punch Cards (buy 10 rounds, get 2 free):			
Adult.....	\$100	Jr/Sr.....	\$80

For further information on green fees, cart fees, punch cards, season passes, etc., visit our Web site, www.cityoflavista.org or call 402-339-9147.

ATTENTION PARENTS: Snow days, not included in the below schedule, are considered the same as school days for youth (3 p.m.).

Community Center hours of operation (please note: hours are different for adult and youth):

Mon. - Fri.: 8 a.m. - 9 p.m.

Sat. (Sept. 1 - April 30): 8 a.m. - 6 p.m.

Sun. (Sept. 1 - April 30): 1 p.m. - 9 p.m.

Adults Only

Mon. - Fri. (School Year): 8 a.m. - 3 p.m.

Adults & Youth

Mon. - Fri. (School Year): 3 p.m. - 9 p.m.

Mon. - Fri. (Scheduled Days Off School):

1:30 p.m. - 9 p.m.

Snow days, not included in the above schedule, are considered the same as school days for youth (3 p.m.).

ALWAYS CHECK AT THE RECREATION CENTER FOR EVENTS THAT MAY NOT BE LISTED IN THIS NEWSLETTER. WE POST FLYERS OFTEN FOR SPECIAL EVENTS PLANNED AFTER THE NEWSLETTER IS PRINTED.



The La Vista Recreation Department is offering a new class, *Preschool Play-by-Play*, which is designed for youth ages 3-5 to help develop basic motor skills used for play and sports. For more information, contact the Recreation Department, 402-331-3455.