



Annual Celebration is now Salute to Summer Festival

It is almost time for La Vista's annual community celebration, known to many of you as La Vista Daze.

When festivities get underway this year over **Memorial Day Weekend, May 21-24**, the celebration will have a new name and a new brand. The **Salute to Summer Festival** will be full of fun, family-friendly activities and many of the same traditions you've come to love – the parade, community cookout, fireworks, car show and carnival will once again be part of the celebration.

The renaming and rebranding of this event is part of an effort to tie all of the summer activities together and develop a theme that carries from year to year. Our festival is the first in the metro area to kick off the summer season, and the fact that it is held on Memorial Day weekend, provides an opportunity to incorporate a patriotic/veteran's component.

In keeping with this theme, the first event of the weekend will be one that honors our active-duty military personnel and our veterans. The **Hometown Heroes Event** (named in conjunction with a new program that you can read about on page 7) will take place on **Thursday, May 21, at 6 p.m.** at the flagpoles outside City Hall.

This event will include the unveiling and dedication of a new Blue Star Memorial plaque, which honors those who have served, are serving or will serve in the armed

services of the United States. All residents are invited to attend this ceremony and encouraged to invite family and friends who have served or are currently serving in the military.

For more information on the Salute to Summer Festival and other Salute to Summer events see the information on pages 3-4 of this newsletter or visit the City's website at www.salutetosummer.org.



Look Out La Vista Continues This Summer!

Look Out La Vista, the City's comprehensive plan update project, got off to a fantastic start in late March with the City hosting a series of kickoff events. Internationally known author and speaker, Peter Kageyama, conducted sessions with several groups of people over a two-day period including a large public kickoff event and a half-day workshop. We had great participation in these events and hopefully created some positive energy that will carry over to upcoming activities throughout the summer.



A series of stakeholder interviews were held in April with specific groups (seniors, developers, real estate agents, students, etc.) to gather their feedback on the things they feel make La Vista special, as well as what they would like to see in La Vista's future.

If you missed out on these events, there are more opportunities coming up! We want this to be an inclusive process and *(Continued pg 7)*

A MINUTE WITH
mayor kindig



These are exciting and important times in La Vista!

Look Out La Vista is off to a fantastic start! The kick-off events were well

attended and I am excited about all of the positive energy that resulted. I want to thank all of you who took the time to participate and encourage you to stay involved. For those of you who weren't able to attend any of the events, I hope that you will follow our progress and find an opportunity to get involved. We need to hear from you!

We are striving to make the city planning process as fun and transparent as possible and provide opportunities for residents to participate at times, places and in ways that are convenient and entertaining.

Look Out La Vista will result in an updated Comprehensive Plan and a long-term strategic plan for the City. These will serve as a blueprint for future decisions, so let your voice be heard.

I also wanted to provide you with an update on 84th Street. Earlier this year the City Council approved a contract with Midwest Right of Way, a company that will be negotiating on the City's behalf with the landowner of Brentwood Crossing regarding the acquisition of this property.

This contract is a very important step in the revitalization of 84th Street, which remains our top priority. As we continue to make progress, we will keep you updated.

We have a number of wonderful events planned for you this summer, beginning with the Salute to Summer Festival during Memorial Day weekend.

I hope to see you at the events this summer!

– Mayor Douglas Kindig

La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

May 2015

- 3 Spring Kite Festival, noon-4 p.m., Soccer Complex
- 5 City Council, 7 p.m.
- 11 La Vista/Metropolitan Community College Condominium Owners Association, 4 p.m., Library
- 12 Lego Club, 3:30 p.m., Library
- 14 Library Advisory Board, 5:30 p.m., Library
- 19 City Council, 7 p.m.
- 20 Park and Recreation Advisory Board, 7 p.m.
- 28 Planning Commission, 7 p.m.
- 21-24 Salute to Summer Festival

June 2015

- 2 City Council, 7 p.m.
- 6 Public Works Open House, 8 a.m.-1 p.m., Public Works Facility
- 9 Summer Hot Wheels Drag Races, 5:30 p.m., Community Center
- 11 Citizen Advisory Review Committee, 7 p.m.
- 12 Outdoor Concert and Movie - Charm School Dropouts followed by "Big Hero 6", 7 p.m., Library
- 16 City Council, 7 p.m.
- 17 Park and Recreation Advisory Board, 7 p.m.
- 18 Dinosaur Egg Hunt, 3 p.m., Central Park
- 18 Planning Commission, 7 p.m.
- 25 Discover: Flight, 3 p.m., Community Center
- 27 Public Visioning Event, Central Park

July 2015

- 1 Super Hero Academy, 10:30-11:30 a.m., Library
- 7 Summer Hot Wheels Drag Races, 5:30 p.m., Community Center
- 7 City Council, 7 p.m.
- 9 Library Advisory Board, 5:30 p.m., Library
- 10 Outdoor Concert and Movie - Blue House followed by "Pitch Perfect", 7 p.m., Library
- 11 Star Wars Party, 10:30-11:30 a.m., Library
- 12 Splash Bash, 1-4 p.m., Pool
- 15 Park and Recreation Advisory Board, 7 p.m.
- 16 Planning Commission, 7 p.m.
- 17 Hydrant Party, 3 p.m., Central Park
- 21 City Council, 7 p.m.
- 30 Library day at the pool

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MEMORIAL DAY
WEEKEND

MAY 21-24

NEW NAME, SAME GREAT FESTIVAL!

#LVS2S

MILITARY
DISCOUNT
ALL WEEKEND!

FAMILY
POOL
PARTY

BEER
GARDEN

HOT
WHEELS
RACES



SALUTETOSUMMER.ORG

LA VISTA
SALUTE
TO
SUMMER
FESTIVAL

CARNIVAL & VENDOR BOOTHS

ALL WEEKEND IN CENTRAL PARK

HOMETOWN HEROES EVENT

THURSDAY, 6 P.M., CITY HALL

COMMUNITY COOKOUT
CAR SHOW, FIREWORKS

FRIDAY, 6 P.M., CITY HALL/LA VISTA KENO

PARADE
SATURDAY, 1 P.M.
PARK VIEW BLVD. 87TH TO 75 ST.

GLOW BALL GOLF
SATURDAY, 9:30 P.M.
\$13, PLUS BALLS

LA VISTA
SALUTE
 TO
SUMMER

MAY

21-24 **Salute to Summer Festival**
 Various Locations

26 **Summer Reading Program Begins**
 La Vista Public Library

6 **Public Works Open House**
 Public Works Facility, 9900 Portal Road

JUNE

12 **Concert & Movie** - Charm School Dropouts, "Big Hero 6"
 La Vista Public Library

18 **Dinosaur Egg Hunt**
 Central Park

25 **Discover: Flight**
 Community Center

JULY

1 **Super Hero Academy**
 La Vista Public Library

10 **Concert & Movie** - Blue House, "Pitch Perfect"
 La Vista Public Library

11 **Star Wars Party**
 La Vista Public Library

12 **Splash Bash**
 La Vista Municipal Pool

17 **Hydrant Party**
 City Hall Parking Lot

30 **Library Day at the Pool**
 La Vista Municipal Pool

AUGUST

4 **National Night Out**
 Central Park

8 **Urban Scramble Adventure Race**
 Begins and ends at the La Vista Community Center

14 **Concert & Movie** - The Grease Band, "Alexander and the Terrible, Horrible, No Good, Very Bad Day"
 La Vista Public Library

2015
SUMMER

CITYOFLAVISTA.ORG/2015EVENTS



Public Works Open House

Have you ever wondered what Public Works is all about?

You'll get your opportunity to ask that and many more questions during the La Vista Public Works Department's inaugural open house on Saturday, June 6, at the Public Works Facility, 9900 Portal Road.

The event will be held from 8 a.m. to 1 p.m. and is open to the public. Take advantage of the opportunity to meet staff from each of the six divisions - Streets, Parks, Sewer, Fleet Maintenance, Building Maintenance and Administration.

In addition, you can experience live demonstrations, view equipment and even operate a backhoe!

Parking will be off-site at adjacent locations with shuttle service being provided. Parking locations will be posted on the City's website at www.cityoflavista.org/publicworks.

For more information contact the Public Works Department at 402-331-8927.

THOMPSON CREEK CHANNEL PROJECT UPDATE

Channel Work

Utility relocations have been underway most of the winter along Park View Boulevard from 72nd Street to Edgewood Boulevard. The contract for channel reconstruction has been awarded to Anderson Excavating Company of Omaha. Work on this portion of the project started approximately April 1 and is expected to be completed by September 1.

Rain Barrels

Rain Barrel rebates are available again this year in the Thompson Creek Watershed area. A limited number are also available in other areas of the City Limits. Applications are available at City Hall or on the City's website at www.cityoflavista.org/thompsoncreek.

Planting Plan

Design of a tree and shrub planting plan along Thompson Creek from Edgewood Boulevard to 72nd Street will get underway

this summer. An open house to obtain citizen input will take place sometime this summer. Watch for details on the City's website.

THOMPSON CREEK LEVEE RECONSTRUCTION PROJECT

Reconstruction of the levees along Thompson Creek east of 66th Street at the La Vista Soccer Complex will be taking place throughout 2015 and finish in the spring of 2016.

The Papio-Missouri River NRD is leading this project, which was necessary to bring the levees into compliance with current requirements from the U.S. Corp of Engineers.

The project will widen the levees and flatten the side slopes for ease of maintenance. Work on the project started in March 2015 with the relocation of a sanitary sewer line followed by the relocation of power lines by OPPD.

Olsson and Associates Office and Lab Community Development Department Project Update

Contractors and building companies are busy in various parts of La Vista completing a variety of projects, big and small, for local companies.

Pictured is the new office for Olsson & Associates under construction near 114th Street and Giles Road. The more than 20,000 square-foot facility will be an office and testing lab for the company.

For a complete list of ongoing development projects, visit our website, www.cityoflavista.org/constructionupdates.



Be a Hero, Read this Summer at the Library!

Registration for the Library's summer reading program will begin on Tuesday, May 19!

This year's theme is "Heroes!" Children, birth to fourth grade, will enjoy reading and learning about all kinds of heroes, including the following events:

- Super Hero Academy-Wednesday, July 1, 10:30-11:30 a.m. Watch your child turn into a superhero. Don't forget to get your face painted by a professional face painter. All ages welcome! Registration is not required. Parental participation is appreciated.
- Star Wars Party-Saturday, July 11, 10:30-11:30 a.m. Calling all Jedi knights and princesses to a galaxy not so far away (the library) for a summer Star Wars Party. Enjoy a variety of different activities and get your picture taken with Star Wars characters. Bring your cameras!

Drop-in any time to pick up a reading bingo card and summer calendar! All bingo cards must be turned in by Friday, July 31 before 5 p.m. to receive a prize!

For more information, contact Jennifer or visit our website for a calendar of events.

Scholastic Book Fair

We invite all families and the community to our Scholastic Book Fair, June 1-9. All purchases will benefit the Library.

Teen Summer Reading Program

The 2015 Teen Summer Reading Program begins on Thursday, May 28 with a kick-off party at 3:30 p.m.

Teens (those who just completed 5th grade and up) can register, receive their reading cards, enjoy snacks, play games, and ask questions about any of the programs.

Teen activities will be held every Tuesday and Thursday between May 28 and August 7 at 3:30 p.m. and 6 p.m. (Different programs at each time!)

Teens can earn Book Bucks by reading and attending programs and use those Book Bucks to redeem prizes in the READ Prize Store. No library card required to participate.

The theme this year is comic book related goodness! For more information please see the official calendars, which can be obtained at the library, starting in May or contact Lindsey Tomsu, Teen Coordinator, ltomsu@cityoflavista.org.

Summer Storytimes

Tiny Tots Storytime with Miss Marjie, 10 a.m. - this weekly storytime will engage children with short stories, finger plays, action rhymes, and songs. It is ideal for children three and under. Registration is not required. Parental participation required. Begins Tuesday, June 2.

For more information, visit our website, www.cityoflavista.org/library.

Retirement Series

Mark your calendars for June 2, 9, 11, and 16 when the library will host a series of retirement transition programs which will include Medicare 101, Social Security Strategies, Long Term Care, and Wills and Estate Planning. This series will be presented by Sequent Planning, LLC.



For your convenience ...the La Vista Public Library now has three memberships to choose from: annual membership for your household for \$60 or a 6-month membership for \$35 or a monthly membership for \$7.

Database Highlight

Free electronic magazines! The Library is offering online magazines through Zinio. Complete digital magazines. These online publications can be easily viewed on any Internet-enabled device. Check 'em out!

Want instant downloadable books?
Visit the library's web page and look for Freading.



Continued: Look Out La Vista

are working hard to come up with creative ways for citizens to participate. During the Salute to Summer Festival over Memorial Day weekend you can stop by the Look Out La Vista booth in Central Park. There will be free snacks, games and prizes, so come over, hang out, and let us know your thoughts on La Vista.

Another fun family evening in Central Park is being planned for June 27. There will be activities for children, and adults can get a "Taste of La Vista" while participating in a "visioning" process that will help to set the course for the City's future. Updating the comprehensive plan is important work and can only be successful if the citizens of La Vista participate. We look forward to seeing you this summer!

For more information about Look Out La Vista and upcoming events, visit the City's website www.cityoflavista.org/lookoutlavista.

Hometown Heroes Banner Program



La Vista Hometown Heroes



Charles A. Lausten
WWII
US Marine Corps

La Vista residents have a new opportunity to honor loved ones who have served in any branch of the military.

The Hometown Heroes Banner Program was presented as a legacy project by participants in Leadership Sarpy, a leadership development effort sponsored by the Sarpy County Chamber of Commerce.

Banners are available at a cost of \$175, which covers the banner, installation materials and maintenance. The banners, which measure 80 inches long by 30 inches wide, will be on display on utility poles along 84th Street and will feature a photo of the person being honored.

A sample banner will be on display throughout the Salute to Summer Festival Memorial Day weekend.

Residents can apply until June 5 and during the first year of the program banners will be on display from the Fourth of July through Labor Day. Each banner purchased will be guaranteed to be displayed a minimum of two seasons. This year the program will be limited to the first 38 applications.

For more information on the Hometown Heroes Banner Program, visit the City's website, www.cityoflavista.org/hometownheroes, or call City Hall, 402-331-4343.

Council Clips

The following items are highlights of recent City Council action:

- Approved traffic signal study on 96th Street from Giles Road to Harrison Street.
- Approved contract for acquisition and relocation services in the 84th Street Redevelopment Area.
- Approved contract for technology improvements in the Harold "Andy" Anderson Council Chamber.
- Awarded bid for the Thompson Creek Channel Reconstruction Project.
- Approved appointment of a new Finance Director, Cindy Miserez.

police department



National Night Out Celebration Scheduled for August 4

The Police Department will host its annual National Night Out festivities beginning at 6 p.m., Tuesday, August 4, at Central Park.

Bring the whole family for a night of fun and activities, including games, free community cookout (while supplies last) and vehicles on display from the Police, Fire and Public Works departments.

New to this year's event will be a concert from the band Moonlight!

Festivities will take place throughout the park with vehicles on display on the west end, food served in the shelter by the restrooms and the concert taking place in the tennis courts.

For more information, contact Officer Jamie Brown, 402-331-1582.

LA VISTA cityofficials

Mayor

Douglas Kindig

City Council

Kim Thomas, Ward 1
Mike Crawford, Ward 1
Ron Sheehan, Ward 2
Terrilyn Quick, Ward 2
Deb Hale, Ward 3
Alan Ronan, Ward 3
Jim Frederick, Ward 4
Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, Assistant City Administrator / Director
Kevin Pokorny, Director of Administrative Services
of Community Services
Joe Soucie, Director of Public Works
Bob Lausten, Police Chief / Director of Public Safety
Pam Buethe, City Clerk
Ann Birch, Community Development Director
Cindy Miserez, Finance Director
Rose Barcal, Library Director
Scott Stopak, Recreation Director



Employee Recognition Awards

Employee of the Year honors for 2014 went to Parks Foreman Jeff Thornburg for his overall dedication to excellence.

Outstanding service awards were given to Jan Bolte and Mandy Garrod.

TEAM awards were given to the Salute to Summer Festival Car Show Committee, E-Team and the La Vista Public Library Programming Team.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, www.cityoflavista.org.

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City of La Vista



what'shappening summer 2015



Dinosaur Egg Hunt

Thursday, June 18, 3 p.m. **new location** Central Park, Edgewood Boulevard and Valley Road. **FEE:** Free. The La Vista Recreation Department and Library are looking for young explorers to help us hunt for giant dinosaur eggs (watermelons). When all of the eggs are found, we will haul them back to the picnic shelter, crack them open and enjoy eating a cold slice. Sponsored by Bright Minds Learning Center.

Discover Series - Flight

Thursday, June 25, 3 p.m., Community Center Gym. **FEE:** Free. Family fun for all ages: blimp races, paper airplane design and flight contest, paper helicopters and more!

Summer Escape-Hydrant and Super Soaker Party

Friday, July 17, 3 p.m., **new location** City Hall/Community Center parking lot, 8116 Park View Boulevard. **FEE:** Free. Keep cool and have a splashing good time by joining us for some wet and wild fun!

Library Card Family Swim Party and Story Time

Thursday, July 30, 3-4 p.m., La Vista Swimming Pool. **FEE:** Free, must show your La Vista Library Card for admission. Enjoy a dip in the pool along with a family story time and games.

Summer Hot Wheels Drag Races

Tuesday, June 9 and Tuesday, July 7, 5:30 p.m., Community Center. **FEE:** Free. It may be hot outside but bring your cool cars and come up and race on our race track! Bring your favorite Hot Wheels, Matchbox or similar-sized car and compete on an electronic drag racing track against your friends for bragging rights and prizes! Participants will have the opportunity to race multiple times. Come early and test the track! A car will be provided if you don't have one. Kids and adults of all ages welcome!

Spring Kite Festival

Sunday, May 3, noon-4 p.m. Soccer Complex. **FEE:** Free. Bring your whole family for an afternoon of kite flying fun with the American Kite Flyers Association and the La Vista Recreation Department. Come see some of the world's largest and most creative kites. Bring a kite to fly and remember to bring a bag for the kite candy drop.

Urban Scramble Adventure Race

If you have a bike and a sense of adventure, this amazing race is for you! Find a friend, form a team of two - then be prepared to run, bike and navigate your way through La Vista and Papillion while searching for checkpoints and completing challenges and mystery events! The 2015 Urban Scramble Adventure Race will take place August 8. \$100 per team. For more information visit, www.cityoflavista.org/urbanrace.

2015 La Vista's Passport to Play

Looking for a fun family challenge this summer? Discover La Vista's Parks, Community Center, Library and Community Events. Find clues to solve a puzzle that will enter you to win a grand prize family play package!

Here is how you play: Families with kids 12 and under can pick up their Passport to Play at the La Vista Community Center or Library after May 18. Visit the La Vista parks listed on your passport and look for the "Passport to Play" sign at each location. Match the number from the passport sign to your passport and write down the color and letter. Use the letters to discover the secret message then turn it in to the La Vista Community Center by Friday August 8 to be entered to win the grand prize Family Play Package!

Attend Special Community Events listed on your passport, find the passport to play event code at each event and increase your chances of winning the Grand Prize Package for each event you attend.

Register & Pay Online www.cityoflavista.org/active

Preschool Play Time

Tuesdays and Thursdays, 10-11 a.m., Community Center gym. **FEE:** Free. Preschool ages and under. Zip around the gym on our tricycles and cozy coupe cars, play preschool sized basketball, kick balls or just run, jump and play with others! It's a great play date for kids and parents! (Please do not bring your own bikes, tricycles or scooters.)

Special dates for Preschool Playtime:

Craft Day, Thursday, May 28.

Craft Day, Tuesday, June 30.

Little Builders (Duplo and Mega Blocks), Thursday, July 30.

Monthly Story time with Ms. Jen from the La Vista Public Library on the first Thursday of the month.

Senior Art Class

Thursdays, 2-3:45 p.m., Community Center. **FEE:** \$10 per class. Inspirational and environmental art classes using oil, watercolor, pen and ink. For more information, contact Charlene Potter, 402-203-9605.

Model Airplane License and Field Times

Flying times will be posted on the City's website, www.cityoflavista.org and Hobby Town U.S.A. La Vista Soccer Complex, 1/4 mile south of Harrison on 66th street. **FEE:** \$30, non-residents \$40, includes 1 year license and Midwest Performance Flyers Club membership. Model airplane flying licenses may be purchased at the Hobby-Town, U.S.A. store. A.M.A. card required to purchase a license.

Indoor Remote Control Model Airplane Flying

Mondays, 11:30 a.m.-1 p.m., Community Center gym. **FEE:** La Vista seniors free, adults \$3, non-residents senior \$2, non-resident adult \$4. Watch at no cost or bring your indoor plane and pay a small drop-in fee to fly. These lightweight planes will amaze you, as will the individuals who fly them.



Register & Pay Online
www.cityoflavista.org/active

HEALTH AND WELLNESS

Unless otherwise noted, there are no age restrictions for these activities.

Individual Weight Training Classes

Two, one-hour sessions, by appointment. Community Center, ages 19 and older. **FEE:** \$25. This class teaches the basics of weight training. Learn how to set up and advance, use proper technique and form; and get the most of your weight-training program using both machine and free weights. Body Fat Testing is included. For more information contact Rich Carstensen, 402-331-3455, or via e-mail rcarstensen@cityoflavista.org.

Indoor Walking Club

Monday/Wednesday/Friday, 8-10 a.m., Tuesday/Thursday 8-9:30 a.m. Community Center. **FEE:** Free. The walking Club is open to any La Vista residents and seniors in the surrounding areas. Time is set aside for walkers, so there will be no interference of other programs.

Zumba

Saturdays, 10-11 a.m., Community Center. **FEE:** \$6 per class or \$30 punch card. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Ditch the workout and join the party! For more information contact April Clark via e-mail at aprilc01@yahoo.com.

Yoga

Saturdays, 1-2 p.m., Community Center. **FEE:** \$7 per class (upfront fee of \$24 for four classes). Cash only. This class is designed for beginner and intermediate students focusing on breathing and relaxation techniques, stretching, joint and gland exercises, Hatha Yoga postures and stress management techniques. For more information contact Frank via e-mail at frankpferrante@gmail.com.

Summer Senior Tai Chi Class/Better Balance Class

Mondays and Thursdays, 11-11:45 a.m., Senior Activity Center. **FEE:** \$1 per week. Come join in the fun and learn Tai Chi for better balance and fitness! For more information, call Rich Carstensen, 402-331-3455.

Fitness Center

The Community Center features a fitness center equipped with the latest exercise equipment to help you with your workout routine. Our fitness center is equipped with a variety of weight machines as well as aerobic equipment, including treadmills, bikes and crosstrainers.

The fitness center is open during the following days and times:

Monday - Friday:

Year Round 8 a.m. - 9 p.m.

Saturdays:

September - April 8 a.m. - 6 p.m.

May - August 9 a.m. - 4 p.m.

Sundays:

September - April 1 p.m. - 9 p.m.

May - August Closed

Fees for the Fitness Room:

Resident adults (19+). \$3 per day
Non-Resident Adults \$4
(8:00 a.m. - 5:00 p.m., M-F only)
Senior resident (55+). Free
Senior non-resident. \$2 per day

Punch cards:

Resident: \$50 for 20 punches
Non-Resident: \$35 for 10
Non-Resident senior: \$20 for 10

S.T.E.M. PROGRAMS

(Take place at the Community Center).

Register by sending an e-mail to
register@timeforstem.com

S.T.E.M Programs

Summertime MARTBOTS a.k.a Math +
Robots = Art

July 13-17, 8:30-11:30 a.m. Fee: \$110.00
per child (includes supplies).

This program will focus on transforming art using various STEM aspects. Students will use math tools and robots to not only draw amazing masterpieces but also learn how art along with STEM will help them learn and develop their math and science skills. Once they build their first masterpiece, students will continue by using the LEGO EV3 Robots to help them draw, splash, or hammer on various colors by selectively programming the robot with certain moves. Students will not only leave the camp with masterpieces for their parents, but also a new found knowledge on how art is meeting STEM. For more information, visit www.timeforstem.com, send an e-mail to questions@timeforstem.com.

MARTIAL ARTS

CHA-3 Kenpo Karate

Tuesdays and Thursdays, 6-7:30 p.m., Community Center, ages 10 and up. **FEES:** \$40 per month. Realistic self-defense for the whole family that promotes respect, confidence, self-discipline and integrity. Kenpo Karate is an art for the individual, allowing each person to achieve the fullest control over his mind and body. For more information, contact Tony Foster, 402-297-3773 or Anthony Foster, 402-917-7135.

Aikido

Mondays and Thursdays, 6-7 p.m. for children (ages 5-11), 7-9 p.m. for adults. **FEES:** children \$20; non-resident children \$25; adults \$30, non-resident adult \$35. For more information, contact Ron Christenham, 402-339-6124.

Ninjutsu

Wednesdays (5:30-7 p.m.) and Saturdays (9-11 a.m.), Community Center. **FEES:** \$40 per month. This class covers Taijutsu (unarmed combat), Kenjutsu (sword combat), Bojutsu (staff combat), as well as improvised weapons. For more information, call 402-305-9210, or send an e-mail to info@sakuraomaha.com.

Traditional Japanese Swordsmanship

Wednesdays (7-9 p.m.) and Saturdays (noon-3 p.m.), Community Center, ages 18 and older. **FEES:** \$40 per month. Suio-ryu Iai Kenpo is one of the few ancient systems of martial arts practiced today. It encompasses a broad variety of techniques such as Iaijutsu (the Art of the Draw), Kumi-iai (paired sword forms), Naginatajutsu, pure Kenpo sword forms and Wakizashi techniques. For more information, contact Britt Nichols via e-mail at info@suiryuusa.org.

Women's Self Defense Class

The self-defense classes are designed to instruct practical self-defense to women of all ages, sizes, and skill level. We will dispel common self-defense myths as well as teach you basic tips and techniques on how to avoid becoming a victim. Self-defense classes are a practical and easy approach to safety and empowerment. For more information, contact Claudia Brown-Jackman, 402-630-3169 or visit www.shuurindojo.com.

Kendo "Japanese Sword Fighting"

Wednesdays, 6-7:30 p.m. for 12 weeks, Community Center. **FEES:** \$50 per month (swords are included) or \$135 for the full 12 weeks. Classes include two swords - the wooden Bokken and the bamboo Shinai. Students will learn the fundamentals of Kendo "the way of the Sword". For more information, contact Mark Porter, 402-715-0500, or via e-mail at learningkendo@cox.net.

YOUTH & ADULT SPORTS

Fees listed for residents then non-residents

TACKLE FOOTBALL & CHEERLEADING

Seasons begin in August.
Early Bird Registration: June 27 Registration Deadline: July 11

Tackle Football

Ages: 8-14 as of June 1 (birth certificate required at registration). **FEES:** Before June 27: \$110, non-residents \$140. After June 27: \$120, non-residents \$150, \$180 uniform deposit (separate check, returnable at season's end).

Cheerleading

Ages: 7-14 as of June 1. **FEES:** Before June 27: \$27, non-residents \$47. After June 27: \$37, non-residents \$57. \$75 uniform deposit (separate check, returnable at season's end)

Fall Flag Football

Seasons begin in August.
Registration Deadline: July 11.
Ages: kindergarten-6th grade as of fall 2015
FEES: June 27. \$33, non-residents \$53. After June 27: \$43, non-residents \$63. Early Bird Registration: June 27.

YOUTH SOCCER

Seasons begin in September
Early Bird Registration: August 8 Registration Deadline: August 22.

Soccer Clinic

Ages: 3 as of August 1. **FEES:** Before August 8: \$17, non-residents \$22. After August 8: \$27, non-residents \$32. Five, one-hour sessions on Saturdays. This is a parent participation clinic designed to teach the basic fundamentals of soccer while having fun. **Clinic is limited to 15 participants.**

Soccer Academy and League

Sessions are twice a week for five weeks - academy training on Tuesdays & Saturdays.

Academy

Ages: 4 and 5 as of August 1. **FEES:** Before August 8: \$33, non-resident \$53. After August 8: \$43, non-resident \$63. Focusing on different soccer skills to develop each player with individual attention and maximum ball touches.

League

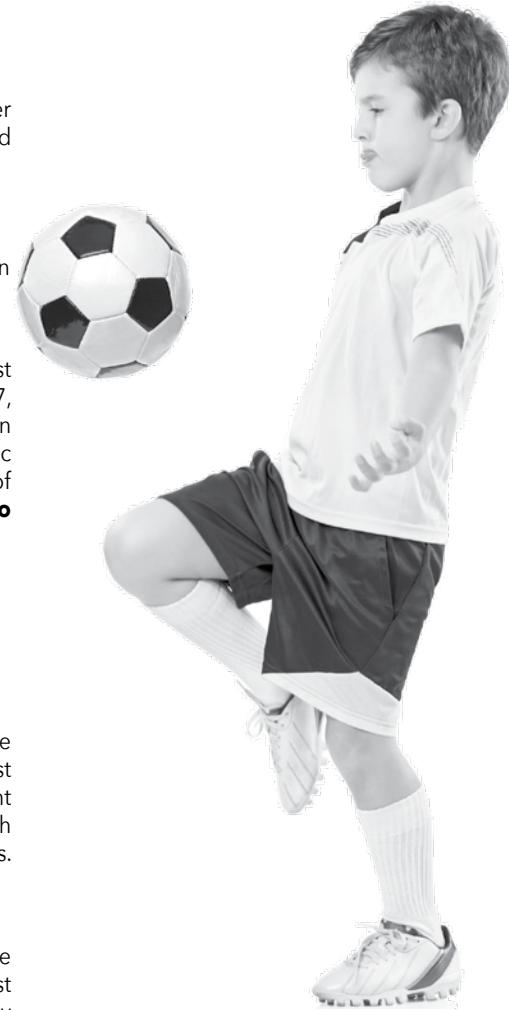
Ages: 6 and 7 as of August 1. **FEES:** Before August 8: \$33, non-resident \$53. After August 8: \$43, non-resident \$63. Attend Academy training on Tuesdays, but instead of Academy on Saturdays, teams play league games.

Youth Volleyball

Season begins in October. Ages: 3rd - 6th grade as of fall 2015. Early Bird Registration: August 22. **FEES:** Before August 22: \$33, non-resident \$53. After August 22: \$43, non-resident \$63. Registration Deadline: September 5.

Adult Softball

Games tentatively start on August 23. Leagues: Coed, Men's and Double-Header. **FEES:** Coed & Men's: \$120 (separate \$40 check, forfeit deposit fee). Double-Header: \$235 (2 separate \$40 checks, forfeit deposit fee). **Registration Period:** Registration will run May 18 through August 8 or until leagues are full. Coed League will be held on Friday & Sunday evenings; Men's League will be held on Sunday, Monday, Tuesday, Thursday & Friday evenings; Double-Header League will be held on Thursday evenings.



Register & Pay Online
www.cityoflavista.org/active



La Vista Municipal Pool

The La Vista Municipal Pool will open on Saturday, May 23, and close on Monday, September 7. Pool hours are 1-9 p.m. daily through August 9. Hours will be limited August 10-September 7). The pool will be closed Tuesday and Thursday evenings July 7-30, 5:45-7 p.m. for swim lessons.

Season passes for residents and non-residents as well as resident tags must be purchased at the La Vista Community Center, 8116 Park View Blvd. Season passes are available for La Vista residents, May 4 and non-residents after May 11.

Swimmming Pool Fees - 2015

DAILY ADMISSION:

Youth 5 & Under	Free
Youth Resident: 6-17 years of age (with tag)	\$2
Youth Non-Resident: 6-17 years of age	\$4
Adult Resident: 18 & older (with tag)	\$3
Adult Non-Resident: 18 & older	\$4
Resident Tag (one time purchase)	\$2
Youth Resident - Season Pass	\$65
Youth Non-Resident - Season Pass	\$95
Adult Resident - Season Pass	\$75
Adult Non-Resident - Season Pass	\$105
Family Resident - Season Pass	\$105
Family Non-Resident - Season Pass	\$165
Day-Care Season Pass	\$275
30-Day Pass Booklet (Resident)	\$55
30-Day Pass Booklet (Non-Resident)	\$85



Swimming Lessons

The La Vista Municipal Pool offers several levels of swimming lessons throughout the summer, of which there will be three day sessions and one evening session.

Day session 1: June 15 - 26,

Day session 2: July 6 - 17,

Day session 3: July 20 - 31

Evening session: July 7 - July 30

Day sessions are held Mondays through Thursdays, Fridays are rain days. Pre-beginner through level 6. Minimum age for pre-beginners is age four. All classes are 45 minutes in length.

Day session times are as follows:

Pre Beginner - 11 a.m. & noon

Level 1 - 11 a.m. & noon

Level 2 - 10 a.m. & 11 a.m.

Level 3 - 10 a.m. & noon

Level 4 - 10 a.m.

Level 5 - 9 a.m.

Level 6 - 9 a.m.

Evening sessions are held on Tuesdays and Thursdays from 6-6:45 p.m. and are for pre-beginner through level 3 ONLY.

Registration can be completed online or at the La Vista Community Center. Space is limited.

FEE: Residents: \$30, Non-residents \$55

For more information on skills needed for each level, visit our website, www.cityoflavista.org/swimminglessons.

**What do you think about
our Recreation programs?
How can we improve?
Tell us what you think
by taking our
Recreation survey!
[www.cityoflavista.org/
recreationsurvey](http://www.cityoflavista.org/recreationsurvey)**

DANCING

Double H Dance

Wednesday and Thursday evenings, Community Center. Ages: preschool and older. **FEE:** \$50. Younger dancers will focus on ballet and tap and the junior level will be studying ballet, tap and jazz. For more information contact Katherine Hogston, 402-612-3712, or via e-mail, info@doublehdance.com.

Adult Ballroom Dance Lessons

Monday, 7-8 p.m., Community Center, ages 16 and older. **FEE:** \$40 per 4 week

session. Join as a single or couple, minimum of 6 people per class. In each four-week session, 2-3 dances will be taught. For more information, contact Terry Vargas, 402-639-2209.

Adult Belly Dancing Classes

Tuesdays, 5:30-6:30 p.m. for beginners, 7-8 p.m. for advanced, Community Center. Ages 16 and older. **FEE:** \$20 per month. This is a continuing class where you will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression! For more information, contact Wren Newman, 402-596-1397.



La Vista Falls Golf Course

Nestled in a valley below 84th Street in the heart of the City, La Vista Falls features finely mowed fairways, lush greens and elevated tee boxes amidst trees, small lakes and streams.

Affordability and flexibility are what makes La Vista Falls perfect for nearly every type of group outing. The course's wide-open format ensures you won't feel crowded, even with the biggest group. A wide variety of concessions and equipment are available from the clubhouse. After your outing, relax on the patio and enjoy the view.

Did you know now you can request a tee time online? Visit the City's web site, www.cityoflavista.org/teetime to request a specific time and even specify how many will be coming with you. When your request is received at the clubhouse, we will send you an email with confirmation of your tee time and then you're set to go!

Openings are available for family, company, school and night time golf outings.

Green Fees, March 1-Sept 30

Adult-16 and over, Junior-15 and under, Senior-55 and over.

9-hole weekdays (adults).....	\$11
9-hole weekends (Sat-Sun adults).....	\$13
18-hole weekdays (adults).....	\$17
18-hole weekends (Sat-Sun) (adults).....	\$19
9-hole weekdays (Jr/Sr)	\$8.50
9-hole weekends (Sat-Sun) (Jr-Sr)	\$10.50
18-hole weekdays (Jr/Sr)	\$13.50
18-hole weekends (Sat-Sun) (Jr/Sr)	\$15.50
 Pull Carts	 \$2.50
Electric Carts (9-hole)	\$7
Electric Carts (18-hole).....	\$11
 Memberships:	
Jr/Sr	\$350
Family	\$800
Adult.....	\$450
 Punch Cards (buy 10 rounds, get 2 free)	
Jr/Sr	\$85
Adult.....	\$110
 Rental Club	 \$7

La Vista Falls is now playing FootGolf!

What is FootGolf?

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a regulation #5 soccer ball at a golf facility on shortened holes with 21-inch diameter cups.

The rules largely correspond to the rules of golf. Soccer cleats are NOT permitted - indoor soccer shoes are recommended. You must wear flat-bottomed shoes such as regular tennis shoes or sneakers.

When can FootGolf be played?

Mondays and Wednesdays, 1-4 p.m.
Sundays, 5 p.m.-dark

How much does it cost?

Adult (14 yrs & over).....	\$11
Children (13 yrs & under).....	\$8.50
Cart rental (9 hole).....	\$7
Cart rental (18 hole).....	\$11
Soccer Ball Rental	\$3
(Or bring your own)	

Great activity for Birthday Parties!

Rate: \$12.75 per child (13 yrs & under) Soccer ball provided (or bring your own)
Includes:

- Golf staff instructions to FootGolf
- Table and chair set up outside for party group
- Hot dog, chips and soda for each child after round is completed.

Please call 402-339-9147 for more information on FootGolf, set up a tee time, schedule a FootGolf outing or form a FootGolf league.



Special Services Bus

Available for senior citizens age 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m.- 4:30 p.m.; the service does not operate on City of La Vista declared holidays or when Papillion-La Vista or Ralston schools are closed due to weather conditions. For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455 or visit us online at www.cityoflavista.org. For reservations, call 402-657-3550 at least 48 hours in advance. We make every effort to accommodate, but due to prior scheduling, we may not be able to help everyone at their requested times.

Second Special Service Bus

A second Special Services Bus is available Tuesday's and Thursday's from 7:00am to 4:30pm for riders. This bus will run the same times as our other bus. Please call 402-657-3550 to make your reservations!

La Vista Senior Activity Center

The La Vista Senior Activity Center, located in the Community Center, offers friendship, food, fitness, field trips and many more fun activities. Bring a friend or come join others for a home-cooked meal on Mondays, Wednesdays, and Fridays. The suggested contribution for the meal is \$3.50 for adults over 60 years and older. To participate, call or sign-up at the La Vista Community Center to reserve you meal by noon the business day before you intend to join us for lunch. Be sure to look at the other activities you may want to come early or stay late! The meal program is sponsored by ENOA, and catered by Valley Food Service. Visit our website, www.cityoflavista.org/seniorcenter, for the monthly senior newsletter, and to look at scheduled activities/trips and lunch menus. For more information contact Program Coordinator Rich Carstensen, 402-331-3455.

Community Center hours of operation

(please note: hours are different for adult and youth):

Mon. - Fri.: 8 a.m. - 9 p.m.

Sat. (May 2 - Sept. 5): 8 a.m. - 4 p.m.

Sun. (May 3 - Sep. 6): Closed

Adults Only

Mon. - Fri. (School year): 8 a.m. - 3 p.m.

Adults and Youth

Mon. - Fri. (School year): 3 p.m. - 9 p.m.

Mon. - Fri. (Sched. days off): 1:30 - 9 p.m.

The Community Center will be closed on all major holidays.

FEES:

Resident Adults: \$3.00 Drop-In

Non-Residents Adults: \$4.00 Drop-In

**Resident Youth (Under 19): Free

Resident Seniors (55+): Free

Non-Resident Senior (55+): \$2.00 Drop-In

**(Non-Resident Youth not allowed in Center unless involved in a class or sport).



ALWAYS CHECK AT THE RECREATION CENTER FOR EVENTS THAT MAY NOT BE LISTED IN THIS NEWSLETTER. WE POST FLIERS OFTEN FOR SPECIAL EVENTS PLANNED AFTER THE NEWSLETTER IS PRINTED.

Please Note: The La Vista Recreation Department sends youth and adult sport registration information via e-mail only. If you have provided us with your e-mail address, you will receive a message each season when we open registrations. This information is also available by visiting the City's Web site, www.cityoflavista.org/sports and by visiting the La Vista Community Center.

Register & Pay Online
www.cityoflavista.org/active