

LA VISTA

# citywise



Photo Courtesy of Kelsey Stewart/Papillion Times

## Holiday Fun to Include Tribute to Fallen Tree

La Vista has some great holiday traditions! This year some of those traditions will have a new look and there will also be a few surprises.

The popular **Santa's Sleigh Ride** will take place on **Sunday, November 29, beginning at 3 p.m.** You can find Santa's route posted on our website at [www.cityoflavista.org/santa](http://www.cityoflavista.org/santa) and you can follow his progress on Twitter (@cityoflavista).

The City's large spruce tree that has been the focal point of the Tree Lighting Celebration had to be taken down recently, which can be seen in the photo above. **The tree lighting tradition, which is scheduled for Monday, November 30, beginning at 5:45 p.m.** will continue and Santa will be on hand to light a new tree in front of City Hall. There will also be some surprise additions that we hope you will enjoy.

Following the tree lighting, the annual free soup supper and holiday entertainment will take place in the Community Center. Children can visit with Santa in the Winter Wonderland and donations will be accepted for the Tri-City Food Pantry.

As you travel around various areas of the City this year, look for other new holiday surprises.

The Library and Recreation Department also have fun holiday activities planned. For more information on our holiday events, visit our website at [www.cityoflavista.org/2015events](http://www.cityoflavista.org/2015events).

## "Spread the Warmth" Annual Coat Drive

Each year the City collects hundreds of coats to be donated and distributed to those in need. Since 2005, this annual effort has grown into a community-wide project with support from churches, local clubs and businesses.

Coats collected during this year's drive, **Spread the Warmth**, will be given to Heartland Family Service to provide warm coats to local families.

**Spread the Warmth** will run through the end of December and collection points will be available at all City facilities as well as Beautiful Savior Lutheran and Harrison Street Baptist churches and Bank of Nebraska.

Thank you for helping keep our community warm this winter.

For more information, visit our website, [www.cityoflavista.org/spreadthewarmth](http://www.cityoflavista.org/spreadthewarmth).



## A MINUTE WITH mayorkindig



The City of La Vista takes pride in providing activities and events that focus on family fun and tradition. The holiday season

is no exception and there are a number of opportunities planned in which we hope you and your family to participate.

Staff at the Recreation Department and the Library have been working together to plan some entertaining activities including Snow Flake Flurry, Holiday Village Storytime, Christmas Crafts, Cookie Decorating, Holiday Movies, a child-friendly New Year's Eve Party and much more.

By now I'm sure most of you have either heard or seen that the 55-foot blue spruce tree at the center of our holiday activities at City Hall had to be cut down this fall. The tree was vandalized back in 2008 and while our parks staff did their very best to save it, the damage ultimately took a toll and the tree was dying.

While it was sad to say goodbye to this old friend, the upcoming holiday season will be exciting because we will be making some enhancements to our holiday spirit throughout the City. At the Tree Lighting Celebration on November 30, we will be not only lighting a new tree for the first time, but we will also be unveiling some surprises at City Hall as well as at other facilities and locations in the City.

I am very excited about the new additions and hope they add enjoyment to your holidays!

Finally, on behalf of myself, the City Council and our staff, we wish everyone a Merry Christmas and Happy New Year.

– Mayor Douglas Kindig

# La Vista City Calendar

*All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.*

## November 2015

- 3 City Council, 7 p.m.
- 9 La Vista/Metropolitan Community College Condominium Owners Association, 4 p.m., Library
- 12 Library Advisory Board, 5:30 p.m., Library
- 17 City Council, 7 p.m.
- 18 Park and Rec. Advisory Board, 7 p.m.
- 19 Planning Commission, 7 p.m.
- 24 Preschool Playtime Thanksgiving Craft, 10 a.m., Community Center
- 26-27 Most City offices closed for the Thanksgiving holiday
- 29 Santa's Sleigh Ride, starting at 3 p.m. Route at [www.cityoflavista.org/santa](http://www.cityoflavista.org/santa)
- 30 Tree Lighting Celebration and soup supper, 5:45 p.m., Community Center

## December 2015

- 1 City Council, 7 p.m.
- 10 Citizen Advisory Review Committee, 7 p.m.
- 12 Round Ball Reindeer Shootout 1 p.m. and 3 p.m., Community Center
- 15 City Council, 7 p.m.
- 16 Park and Rec. Advisory Board, 7 p.m.
- 17 Holiday Village Preschool storytime, craft and cookie decorating, 10 a.m., Community Center
- 17 Planning Commission, 7 p.m.
- 21 Holiday Hot Wheels Drag Races, 2 p.m., Community Center
- 22 School's Out Afternoon Holiday Movie, 2 p.m., Library
- 25 Most City offices closed for the Christmas holiday.

## January 2016

- 1 Most City offices closed for the New Year's Day holiday
- 5 City Council, 7 p.m.
- 9 American Ninja Toddlers Obstacle Course, 10 a.m., Community Center
- 12 Preschool Playtime Winter Craft Day, 10 a.m., Community Center
- 14 Library Advisory Board, 5:30 p.m., Library
- 18 Most City offices closed for the Martin Luther King Jr. holiday
- 19 City Council, 7 p.m.
- 20 Park and Rec. Advisory Board, 7 p.m.
- 21 Planning Commission, 7 p.m.

## INSIDE

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# Thompson Creek Update

Crews were busy this summer along Thompson Creek completing reconstruction of the creek channel from 72nd Street to Edgewood Boulevard.

Construction progress was slow because of the amount of rain received in the spring and summer, but most of the grading work has been completed.

The work remaining on the reconstruction portion of the project includes storm sewer work, channel treatments and native grasses to be planted along the channel, repairing winter weather damage such as erosion and reseeding, and miscellaneous finish work which is scheduled for completion in early May.

Other Thompson Creek highlights include the following:

- A tree planting plan for trees and shrubs along the reconstructed channel has been approved by the City Council.

An open house was held in July for those living along the creek channel. While the plan has been approved, a funding source has yet to be identified for this portion of the project.

- In August, The Mayor and City Council toured Thompson Creek. The tour included stops at La Vista Falls Golf Course, which serves as a flood control dam, as well as several spots along the construction area. Officials were able to see the new, wider channel configuration and were able to ask questions regarding various aspects of the project.
- A Sarpy Leadership team is working to identify funding to furnish and install



educational and informational signage at various locations along Thompson Creek.

- At such time as the Civic Center Park Master Plan project proceeds, the portion of Thompson Creek in Central Park may be reconstructed and include a hiking/biking trail.

For more information on the Thompson Creek restoration project, visit the City's website, [www.cityoflavista.org/thompsoncreek](http://www.cityoflavista.org/thompsoncreek).

## Community Development Department Project Update



### Boot Barn

Contractors and building companies are busy in various parts of La Vista completing a variety of projects, big and small.

Pictured is the Boot Barn store under construction in Southport West near the Alamo Drafthouse Cinema and across Westport Parkway from Cabela's.

The 10,800 square-foot Boot Barn will join

two other retail buildings in the Shoppes at Southport West, which will total more than 28,000 square feet. No tenants have been announced for the two retail buildings.

**For a complete list of ongoing development projects, visit our website, [www.cityoflavista.org/constructionupdates](http://www.cityoflavista.org/constructionupdates).**

## Look Out La Vista Update

Look Out La Vista, the City's Comprehensive Plan update project, has been progressing the past several months with a series of Community Choices Workshops and other meetings.

In September, Community Choices Workshops were held at the elementary schools in La Vista. These events were designed to encourage conversations about future opportunities in each area of the City around the themes of Live, Work, Move, Play, Shop and Grow.

Also in September, the City Council, Parks and Recreation Advisory Board and Planning Commission held a joint meeting in September to discuss the visioning portion of the plan.

In addition a recreation survey was launched to garner feedback from residents on the effectiveness of programs and services offered by the Recreation Department. Results from that survey will be available soon.

For more information on Look Out La Vista, visit the City's website, [www.cityoflavista.org/lookoutlavista](http://www.cityoflavista.org/lookoutlavista).

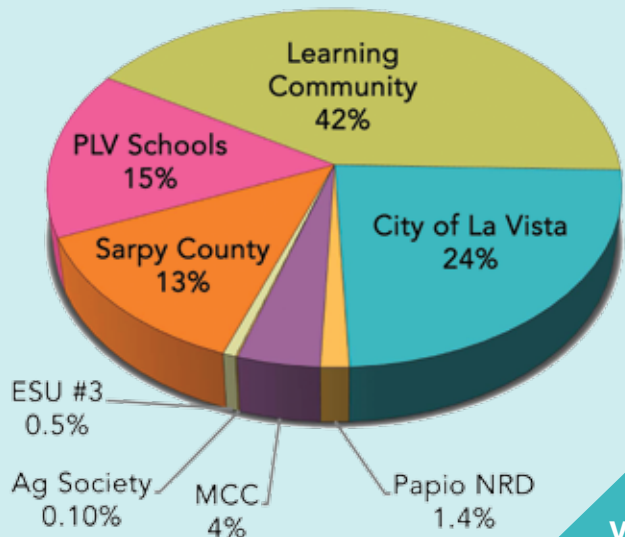


# city of la vista **FY16 budget brief**

The budget for FY16 represents the City's operating plan for the fiscal year beginning on October 1, 2015 and ending on September 30, 2016. The budget identifies a spending plan that provides for core services and addresses the following City Council Strategic Plan and Goals:

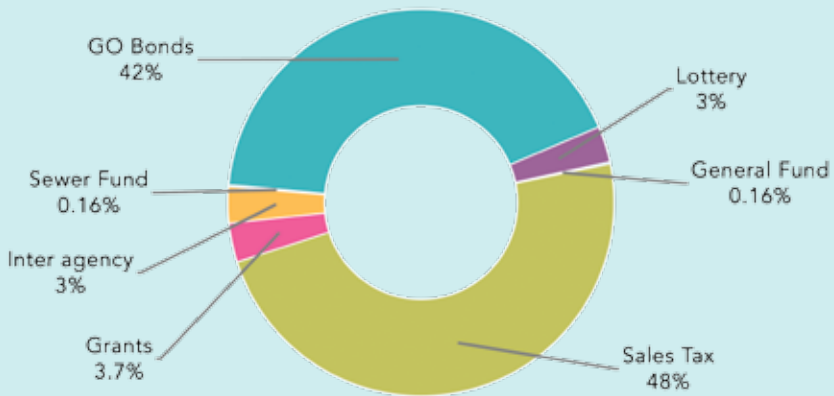
- Pursue revitalization of the 84th Street corridor & other economic development opportunities.
- Provide for planned, fiscally responsible expansion of the City's boundaries.
- Maintain quality of older residential neighborhoods.
- Enhance La Vista's identity & raise awareness of the City's many qualities.
- Improve & expand City's quality of life amenities for residents & visitors.
- Pursue action that enables City to be more proactive on legislative issues.
- Adopt & implement standards of excellence for administration of City services.
- Insure efficient, effective investment in technology to enhance service delivery.

## 2014 Tax Levy Information

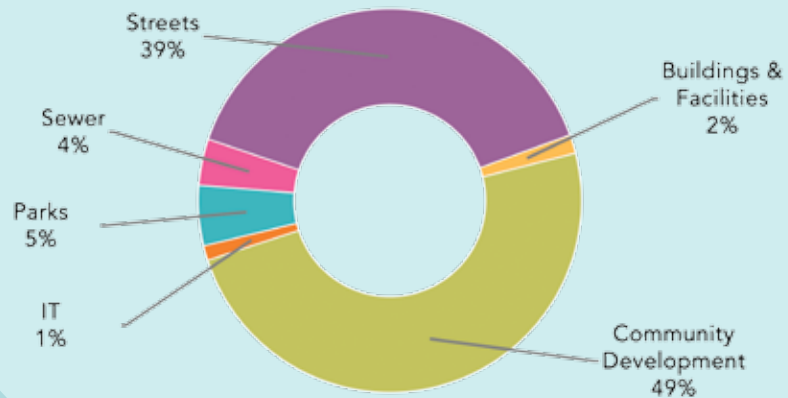


The City's Assessed Valuation grew by **4.9%** to **\$1,331,138,549**

## FY16 Capital Improvement Program Funding



## FY16 Capital Improvement Program Uses \$30.8 million



# 2016 CAPITAL IMPROVEMENT PROGRAM

The City's Capital Improvement Program (CIP) for years 2016-2020 identifies, prioritizes and addresses community needs through careful long-term capital planning and balancing public investment in supporting public infrastructure. Each year the City Council adopts the first year of the CIP through the budget process.

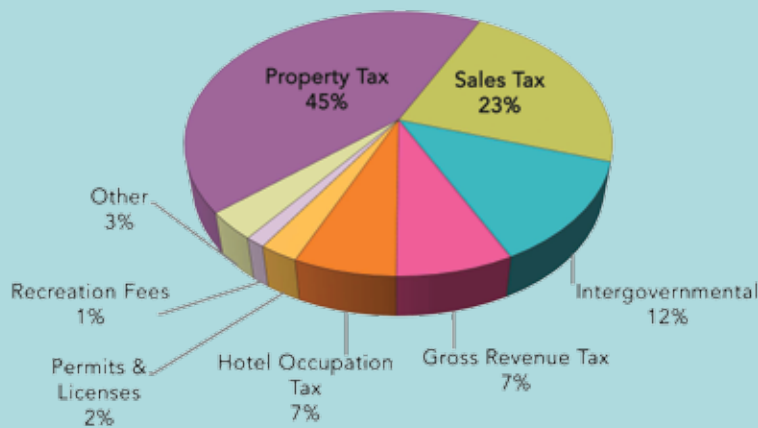
**\$30.8 Million** is allocated to the 2016 CIP

### Highlights:

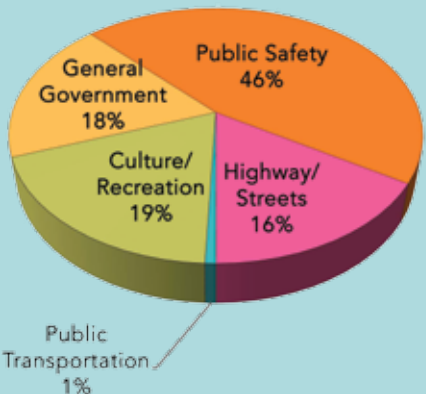
- 84th Street Redevelopment \$15M
- Thompson Creek - Phase VI (Part 2) \$1.07
- Multisport Public Infrastructure \$10M
- City Parking Lot Service Road \$1.5M

**THE GENERAL FUND** is the City's main operating fund and finances many of the basic municipal services. Net receipts budgeted for FY16 are \$13,740,132 with the primary sources being property tax, sales tax, hotel occupation tax, gross revenue tax (franchise fees & occupation taxes) and intergovernmental allocations. Budgeted expenditures including capital items of \$493,499 are \$14,753,400.

## FY 16 General Fund Revenue Sources



## FY16 General Fund Expenditures by Category



How is funding allocated in GENERAL FUND?



## Tax Value Illustration

Based on home valued at \$200,000

To determine your City tax liability for general City services, multiply assessed valuation by tax rate & divide by 100.

$$\begin{aligned} \$200,000 \times .55/100 &= \$1,100 \\ &\text{or } \$91.67 \text{ per month} \end{aligned}$$

## City's Bond Rating upgraded to Aa3

by  
Moody's Investment  
Services

**Property Tax** is the largest revenue source in the General Funds. The city has maintained a property tax levy of .55 cents/ \$100 of assessed valuation for the past 5 years. The Property tax distribution is:

- General Fund: .41
- Debt Service Fund: .14



## December Fun at Your Library

Check out these fun activities planned at the Library in December!

• **Christmas Tree Craft: December 1-2**, stop by anytime 8 a.m. to 9 p.m. either day to make a Christmas tree ornament. Use it to decorate our Christmas tree or take it home for your holiday decoration. Supplies are available at the circulation desk. Registration is not required. All ages welcome! Parent participation is required.

• **Storytime with St. Nicholas: Wednesday, December 16, 10 a.m.** and Christmas Tree Craft at 10:30 a.m.

• **Schools Out Afternoon Holiday Movie : Tuesday, December 22, 2 p.m.**, the La Vista Library and Recreation Department are teaming up to bring your family a great movie about guardians joining forces to protect the hopes, beliefs and imaginations of children all over the world. Chairs available or bring a blanket to spread out on the floor and enjoy the classic holiday movie with your family and friends. Free popcorn provided.

• **Noon Year's Eve Party: Thursday, December 31** - Join us for this rockin' child-friendly version of New Year's Eve as we count down to noon. There will be dancing, treats, crafts, and plenty of fun for everyone. Doors open at 11:15 a.m. with a special celebration at noon. Registration is not required. All ages welcome!

## Civil Rights

This fall the library hosted a special exhibit as well as a film series discussion on civil rights in America. This program is brought to you in conjunction with Humanities Nebraska, National Endowment for the Humanities, Bridging Cultures, and the Gilder Lehrman Institute of American History.

## Teen Activities

Teen programs are held every Tuesday and Thursday. Calendars are available at the library and on the library's website. If you have any questions contact Lindsey.

## GED

The library offers Pre-GED and GED classes at no cost. Sessions are Tuesday through Thursday from 9 a.m. to 1:30 p.m. See the photo at right.

## Electronic Books

Want to try electronic books? Try using OverDrive from your home computer. You can download books to read on your home computer, smart phones, or readers. You can also download audio books to your computer or mp3 player or iPods. Available 24/7 at <http://nebraska.lib.overdrive.com/>

The library also offers "no waiting" electronic books through Freeding. Check the website for more information.

## Donate Blood

Please donate blood at the library (Room 138) the first Thursday of every month. Blood donations have a very short shelf life and only last six weeks for red cells. It's always the season to give!

## Technology Assistance

Need help with technology? Call Jean to set up a time for an instructional session.

## Library Website

Search the library's collection for cookbooks and crafts for your holiday needs.



Four proud graduates of the La Vista Library G.E.D. Program attended the Literacy Center Celebration Ceremony on August 29. Pictured (l-r) are Heather Masilko (Class Speaker), John Norrie, Alexander Williams, and Calan Kovarik. (Photo by Laura M. Huntimer.)





## Trim Those Trees

If you are out raking leaves and cleaning up the garden this fall, take a look at your trees and shrubs. The City of La Vista has an ordinance that requires all trees, shrubs and bushes to be pruned when they obstruct the light from any street lamp, obstruct the visibility of any traffic control device or sign, obstruct the passage of pedestrians on sidewalks or obstruct the view of any street or alley intersection. The minimum clearance for any overhanging branches or limbs is 15 feet above streets and 8 feet above sidewalks. Fall is a great time for pruning and we want to ensure safe passage of pedestrians and snow plow equipment this winter.

## Council Clips

The following items are highlights of recent City Council action:

- Approved the Fiscal Year 15/16 Municipal Budget.
- Approved the 2016-2020 Capital Improvement Program.
- Approved the purchase of holiday lights.
- Approved engineering contracts for drainage improvements and roadway design improvements to the City parking district.
- Approved the sale of Police Service Dog Hart to the Union Pacific Railroad and approved the purchase of a new Police Service Dog, Bardo.
- Approved the naming of softball field 4 at the La Vista Sports Complex to Mike Gassert Field.

## publicworkszone

ROAD  
WORK  
AHEAD

### Christmas Tree Recycling

The City of La Vista is once again offering free drop sites for Christmas trees at the following locations:

- La Vista Soccer Complex parking lot (two blocks south of Harrison on 66th Street).
- Kelly West parking lot (87th Street and Park View Blvd).

Drop off sites will be open December 26 to January 15. All decorations, tinsel and plastic bags must be removed prior to disposal. The collected trees will be chipped into mulch, which is available to residents free of charge.

For more information, contact the Public Works Department, 402-331-8927.

### Winter Season Reminders

The La Vista Public Works Department offers the following suggestions to residents to stay safe this winter.

- City code does not allow snow from driveways and sidewalks to be placed in the street.
- Allow yourself extra traveling time when road conditions are snow or ice covered.
- Lower your traveling speed accordingly

for road conditions. Increase stopping distance.

- Allow adequate time for your car to properly warm-up. All windows should be clear of snow and ice and have full visibility.
- Never pass through a multiple truck plowing operation; these trucks weave in and out of turn lanes. Visibility is greatly reduced when multiple trucks are plowing together.
- Be sure to check your vehicle's windshield wiper blades, tires, heater, defroster and washer fluid.
- During a winter storm do not travel from your home unless absolutely necessary.
- Contact the La Vista Public Works Department with winter road or related questions, 402-331-8927.

### Preparing for the Emerald Ash Borer

The Emerald Ash Borer has killed more than 50 million ash trees in the U.S., and tree experts advise that it is only a matter of time before the insect is detected in Nebraska.

The insect is a small, destructive beetle that could do a lot of damage to Nebraska's 44 million ash trees. It has been detected in

Iowa, Kansas, Colorado, Minnesota and Missouri, but it has not been found yet in Nebraska.

Ash trees make up approximately 13 percent of the trees in City parks and right of ways. While this is not a majority of the overall tree population, the City will likely lose some trees to the Emerald Ash Borer.

The City will be following the guidance of the Nebraska State Forester and the Douglas/Sarpy Extension Office, and residents with ash trees are recommended to do the same.

At this time there are no plans for the City to apply chemical treatments in an effort to try and prevent the infestation. These treatments are expensive and there is no evidence they would be completely successful. When the Emerald Ash Borer is active in the metro area, the City anticipates there will be designated disposal locations for infected trees.

For more information, including helpful website links and phone numbers, visit the City's website, [www.cityoflavista.org/ash](http://www.cityoflavista.org/ash).

**Mayor**

Douglas Kindig

**City Council**

Kim Thomas, Ward 1

Mike Crawford, Ward 1

Ron Sheehan, Ward 2

Terrilyn Quick, Ward 2

Deb Hale, Ward 3

Alan Ronan, Ward 3

Jim Frederick, Ward 4

Kelly Sell, Ward 4

**City Administrator**

Brenda Gunn

**Management Team**

Rita Ramirez, *Assistant City Administrator / Director of Community Services*

Kevin Pokorny, *Director of Administrative Services*

Joe Soucie, *Director of Public Works*

Bob Lausten, *Police Chief / Director of Public Safety*

Jeff Calentine, *Assistant to the City Administrator*

Pam Buethe, *City Clerk*

John Kottmann, *City Engineer/Assistant Public Works Director*

Ann Birch, *Community Development Director*

Cindy Miserez, *Finance Director*

Mandy Garrod, *Human Resources Manager*

Rose Barcal, *Library Director*

Scott Stopak, *Recreation Director*



Photo Courtesy of Kelsey Stewart/Papillion Times

## School Supply Drive for Park View Heights Elementary

The City hosted a school supply drive late this summer for Park View Heights Elementary School. Donations poured in from community members, local churches and City employees - enough to fill a pick-up truck. The supplies were delivered in time for the start of the new school year. Above, Community Relations Coordinator Mitch Beaumont and Officer Jamie Brown with Park View Heights Principal Dr. Lydia Gabriel.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, [www.cityoflavista.org](http://www.cityoflavista.org).

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City of La Vista  
8116 Park View Blvd.  
La Vista, NE 68128



# what'shappening winter 2015

## Letters to Santa

Stop by the La Vista Community Center after December 1 to mail your letters to Santa in our special North Pole Mail Box located in our own Holiday Village. One of Santa's helpers will hand deliver the letters to the North Pole in time for Christmas.

## Holiday Village Preschool Story-time, Craft and Cookie Decorating.

Thursday, December 17, 10 a.m. **FEE:** Free, while supplies last.

## Holiday Hot Wheels Drag Races

Monday, December 21, 2 p.m., Community Center. **FEE:** Free. Bring your favorite Hot Wheels, Matchbox or similar-sized car and compete on an electronic drag racing track against your friends for bragging rights and prizes! Participants will have the opportunity to race multiple times. Come early and test the track! A car will be provided if you don't have one. Kids and adults of all ages welcome!

## Schools Out

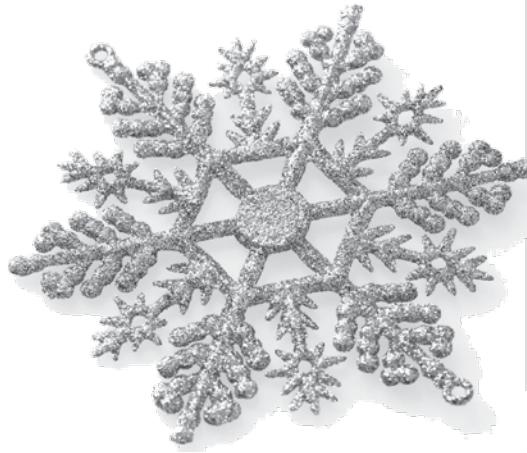
### Afternoon Holiday Movie

Tuesday, December 22, 2 p.m., La Vista Public Library. The Library and Recreation Department are teaming up to bring your family a great movie about guardians joining forces to protect the hopes, beliefs and imaginations of children all over the world. Chairs available or bring a blanket to spread out on the floor and enjoy the classic holiday movie with your family and friends. Free popcorn provided.

## Preschool Play Time

Ages: preschool age and under. **FEE:** Free. When: Tuesdays and Thursdays, 10-11 a.m. Zip around the gym on our tricycles and cozy coupe cars, play preschool sized basketball, kick balls or just run, jump and play with others! (Please do not bring your own bikes, tricycles or scooters.) It's a great "Play Date" for kids and parents! **Special dates for Preschool Play Time (all take place at 10 a.m.):**

- Thanksgiving Craft Day, Tuesday, Nov. 24
- American Ninja Toddlers Obstacle Course, Thursday, January 9
- Winter Craft Day, Tuesday, January 12
- Story Time with Ms. Jen the first Thursday of the month



## Snow Flake Flurry

Help us decorate the Community Center with snowflakes. Show us your skills with scissors and paper by creating a paper snowflake. Make it as simple or as elaborate as you want—you are only limited by your imagination. Please drop off your snowflakes at the La Vista Community Center or Library. All submissions will be displayed in the Community Center during the holidays. Snowflakes must be received by Monday, November 23 so we can have them displayed for our Holiday Tree Lighting Ceremony on November 30.

## Round Ball Reindeer Shootout

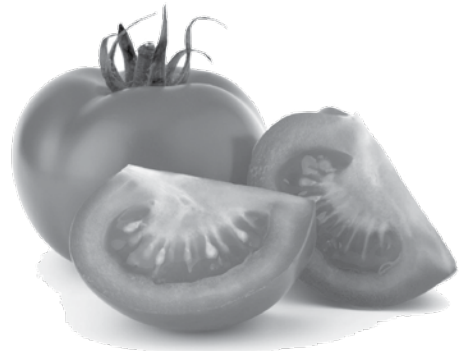
Saturday, December 12, Community Center. Grades: K-4, 1 p.m.; grades 5-8, 3 p.m. Registration and warm-ups will begin 30 minutes before scheduled start time. **FEE:** Free. Join us for the first-ever Round Ball Reindeer Shootout Free Throw Shooting Contest! This contest is for children and their parent/guardian or grandparents to compete together as a team. Each team member will shoot 15 free throws for a chance to win a \*prize. Boys and girls will compete separately and prizes are awarded to the top team in each grade. Grades K-4 shoot at an 8-foot hoop; grades 5-8 shoot at a 10-foot hoop. All equipment will be provided. \*One prize awarded per family.

## 2016 La Vista Community Gardens

La Vista Community Garden program is back for a second year! Garden plots are raised beds and measure 4 feet by 12 feet, a few smaller plots, 4 feet by 8 feet are available at some locations. Garden plots are \$20 per season and are available in the following parks:

- Camenzind Park (7120 Wood Lane Drive)
- Hollis Park (7521 Joseph Avenue)
- Jaycee Park (7323 Harvest Hills Drive)

Gardeners from the program's first year have until Sunday, November 15, to reserve their plot for 2016. All remaining plots will be made available November



16-January 31, or until all the plots have been reserved, whichever comes first. Reservations must be made in person at the La Vista Community Center.



## HEALTH AND WELLNESS

Unless otherwise noted, there are no age restrictions for these activities.

### Individual Weight Training Classes

Two, one-hour sessions, by appointment. Community Center, ages 19 and older. **FEE:** \$25. This class teaches the basics of weight training. Learn how to set up and advance, use proper technique and form; and get the most of your weight-training program using both machine and free weights. Body Fat Testing is included. For more information contact Rich Carstensen, 402-331-3455, or via e-mail rcarstensen@cityoflavista.org.

### Senior Tai Chi Class/Better Balance Class

Monday and Thursday, 11-11:45 a.m. at the La Vista Senior Center. **FEE:** \$1 per week. Come join in the fun and learn Tai Chi for Better Balance and Fitness! For more information, call Rich Carstensen, 402-331-3455.

### Indoor Walking Club

Monday/Wednesday/Friday, 8-10 a.m., Tuesday/Thursday 8-9:30 a.m., Community Center gym. **FEE:** Free. The walking club is open to any La Vista residents and seniors in the surrounding areas. Time is set aside for walkers, so there will be no interference of other programs.

### Zumba

Saturdays, 10-11 a.m., Community Center. **FEE:** \$6 per class or \$30 punch card. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Ditch the workout and join the party! For more information contact April Clark via e-mail at aprilc01@yahoo.com.

### Yoga

Saturdays, 1-2 p.m., Community Center. **FEE:** \$7 per class (upfront fee of \$28 for four classes). Cash only. This class is designed for beginner and intermediate students focusing on breathing and relaxation techniques, stretching, joint and gland exercises, Hatha Yoga postures and stress management techniques. For more information contact Frank via e-mail at frankpferrante@gmail.com.

## MUSIC & DANCING

### Country Music Show & Jam Session

Every fourth Sunday of the month, 2-4 p.m., Community Center. **FEE:** Free. Bring your instruments, voices and enthusiasm for a down home good time! Just sit and back and listen or join the band!

### Adult Ballroom Dance Lessons

Monday, 7-8 p.m., Community Center, ages 16 and older. **FEE:** \$40 per 4 week session. Join as a single or couple, minimum of 6 people per class. In each four-week session, 2-3 dances will be taught. For more information, contact Terry Vargas, 402-639-2209.

### Adult Belly Dancing Classes

Tuesdays, 5:30-6:30 p.m. for beginners, 7-8 p.m. for advanced, Community Center. Ages 16 and older. **FEE:** \$20 per month. This is a continuing class where you will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression! For more information, contact Wren Newman, 402-596-1397.

### Square Dance Lessons

Sundays, 2 p.m., January 10 - February 7; February 21 - March 20, Community Center. **FEE:** \$50 per five week session. Square dancing is a great low impact aerobic exercise that burns a lot of calories while having fun dancing. For more information, contact Ken Young, 402-690-3020.

### Model Airplane License and Field Times

Flying times will be posted on the City's website, [www.cityoflavista.org](http://www.cityoflavista.org) and Hobby Town U.S.A. La Vista Soccer Complex, ¼ mile south of Harrison on 66th street. **FEE:** \$30, non-residents \$40, includes 1 year license and Midwest Performance Flyers Club membership. Model airplane flying licenses may be purchased at the Hobby-Town, U.S.A. store. A.M.A. card required to purchase a license.

### Indoor Remote Control Model Airplane Flying

Mondays, 11:30 a.m.-1 p.m., Community Center gym. **FEE:** La Vista seniors free, adults \$3, non-residents senior \$2, non-resident adult \$4. Watch at no cost or bring your indoor plane and pay a small drop-in fee to fly. These lightweight planes will amaze you, as will the individuals who fly them.

### Fitness Center

The fitness center is equipped with dumbbells up to 50 pounds, and a Hoist multi-gym weight machine. For cardiovascular, our fitness room offers some of the finest, user friendly, aerobic equipment available, including: treadmills, Airdyne bike, Precor upright bike, Nautilus recumbent bikes, a NEW Cybex Arc cross trainer, Precor and Matrix cross trainers, and a Reebok Bodytrek cross trainer.

### Hours of Operation

Monday - Friday:  
Year round 8 a.m. - 9 p.m.  
Saturdays:  
September - April 8 a.m. - 6 p.m.  
Sundays:  
September - April 1 p.m. - 9 p.m.

### Fees for the Fitness Room:

Resident adults (19+)..... \$3 per day  
Non-Resident Adults ..... \$4  
(8:00 a.m. - 5:00 p.m., M-F only)  
Senior resident (55+)..... Free  
Senior non-resident..... \$2 per day

### Punch cards:

Resident: \$50 for 20 punches  
Non-Resident: \$35 for 10  
Non-Resident senior: \$20 for 10  
Our fitness room is for adult ages 19 and older. Anyone under the age of 19 years is not allowed in the fitness room to work out or observe.

What do you think about  
our Recreation programs?  
How can we improve? Tell  
us what you think  
by taking our  
Recreation survey!  
[www.cityoflavista.org/  
recreationsurvey](http://www.cityoflavista.org/recreationsurvey)

Register & Pay Online  
[www.cityoflavista.org/active](http://www.cityoflavista.org/active)



## YOUTH & ADULT SPORTS

Fees listed for residents then non-residents

### BASKETBALL

Seasons begin in January

#### Youth Basketball League

Early Bird Registration: November 14. Registration Deadline: November 28 or until leagues are full, whichever comes first. Ages: Boys and Girls, 3rd - 8th grade as of current school year. **FEES:** November 14: \$55, non-residents \$65. After November 14: \$65, non-residents \$75.

**Season Information:** \*Practices will tentatively begin the week of December 13th. Practices are held at coach's discretion 1-2 times per week Sunday - Friday evenings with no practices on Wednesdays. All games are held on Saturdays for 3-4 grade with the potential of Friday evening & Sunday afternoon games for 5-8 grade. Games will begin in January and end in March. \*Start Date is Subject to change.

#### Co-ed Youth Basketball Clinic

Early Bird Registration: December 12 Registration Deadline: December 26. Ages: Boys and Girls, 1st - 2nd grade as of current school year. **FEES:** Before December 12: \$17, non-residents \$22. After December 12: \$27, non-residents \$32.

**Season Information:** The basketball clinic is comprised of 5 one hour sessions to be held on Saturday mornings from 9:00 AM - 10:00 AM at the La Vista Community Center \*starting on January 9th and ending on February 6th. \*Start date is subject to change.

#### Women's Winter Volleyball League

Registration Deadline: December 23 or until leagues are full. Ages: Must be 18 years old and out of High School. **FEES:** Women's League: \*\$110 per team (separate \$20 check, forfeit deposit fee). \$10 cash per game paid directly to the officials before game start. **\*A late fee of \$10 if registered after December 23.**

Matches are held on Wednesday evenings at the La Vista Community Center beginning in January.

### La Vista Falls Golf Course

La Vista Falls is open for golf and FootGolf throughout the year, weather and course permitting. It's not too early to start thinking about group outings for the spring!

We have gift certificates for that special someone's birthday or holiday present. Certificates can be purchased in any amount and can be used towards green fees, golf carts and merchandise.

Registration will begin in January for 2016 golf leagues. Available leagues include:

- Tuesday night: men (\$215 - 17 weeks)
- Wednesday night: women (\$215 - 17 weeks)

For more information contact the Golf Course, 402-339-9174.



## MARTIAL ARTS

### Aikido

Mondays and Thursdays, 6-7 p.m. for children (ages 5-11), 7-9 p.m. for adults. **FEE:** children \$20; non-resident children \$25; adults \$30, non-resident adult \$35. For more information, contact Ron Christenham, 402-339-6124.

### Ninjutsu

Wednesdays (5:30-7 p.m.) and Saturdays (9-11 a.m.), Community Center. **FEE:** \$40 per month. This class covers Taijutsu (unarmed combat), Kenjutsu (sword combat), Bojutsu (staff combat), as well as improvised weapons. For more information, call 402-305-9210, or send an e-mail to info@sakuraomaha.com.

### Kendo "Japanese Sword Fighting"

Wednesdays, 6-7:30 p.m. for 12 weeks, Community Center. **FEE:** \$50 per month (swords are included) or \$135 for the full 12 weeks. Classes include two swords - the wooden Bokken and the bamboo Shinai. Students will learn the fundamentals of Kendo "the way of the Sword". For more information, contact Mark Porter, 402-715-0500, or via e-mail at learningkendo@cox.net.

### Women's Self Defense Class

The self-defense classes are designed to instruct practical self-defense to women of all ages, sizes, and skill level. We will dispel common self-defense myths as well as teach you basic tips and techniques on how to avoid becoming a victim. Self-defense classes are a practical and easy approach to safety and empowerment. For more information, contact Claudia Brown-Jackman, 402-630-3169 or visit [www.shuurindojo.com](http://www.shuurindojo.com).

**Register & Pay Online**  
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### **La Vista Senior Olympics Day**

Wednesday, December 9, starting at 9 a.m. at the Community Center. All seniors from the local area age 60 years or older are invited to participate in games, events and activities. Win great prizes and more! Games, events and activities will be posted at a later date. Register by Friday, December 4.

### **Senior Valentine's Day Luncheon**

The La Vista and Papillion Senior Centers will be hosting their annual Valentine's luncheon at the La Vista Community

Center on Wednesday, February 10. Doors open and entertainment starts at 11 a.m. Lunch will be served at 11:30 a.m. All seniors from the surrounding area are invited. Advanced tickets are required and will be on sale for \$5 per person at the Community Center, 8116 Parkview Boulevard, and the Papillion Recreation Department, 1100 West Lincoln Road. Registration deadline is Wednesday, February 3. Sorry, no refunds will be given out.

### **Senior Art Class**

Thursdays, 2-3:45 p.m. **FEE:** \$10 per class. Inspirational and environmental art classes using oil, watercolor, pen and ink. For more information, contact Charlene Potter, 402-203-9605.

### **Drop-In Quilting Group**

Wednesdays, 9-11:30 a.m., Community Center. Beginners are welcome, including those who have quilted before and/or anyone who is interested in learning how to quilt. If you have quilted in the past, bring your unfinished projects! Other sewing projects are always welcome as well! Come socialize and work on your works or art! For more information, contact Rich Carstensen, 402-331-3455.

### **Special Services Bus**

Available for senior citizens age 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m.- 4:30 p.m.; the service does not operate on City of La Vista declared holidays or when Papillion-La Vista or Ralston schools are closed due to weather conditions. For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455 or visit us online at [www.cityoflavista.org](http://www.cityoflavista.org). For reservations, call 402-657-3550 at least 48 hours in advance. We make every effort to accommodate, but due to prior scheduling, we may not be able to help everyone at their requested times. A second Special Services Bus is available Tuesday's and Thursday's from 7:00am to 4:30pm for riders. This bus will run the same times as our other bus. Please call 402-657-3550 to make your reservations!

### **La Vista Senior Activity Center**

The La Vista Senior Activity Center, located in the Community Center, offers friendship, food, fitness, field trips and many more fun activities. Bring a friend or come join others for a home-cooked meal on Mondays, Wednesdays, and Fridays. The suggested contribution for the meal is \$3.50 for adults 60 years and older. To participate, call or sign-up at the La Vista Community Center to reserve your meal by noon the business day before you intend to join us for lunch. Be sure to look at the other activities. You may want to come early or stay late! The meal program is sponsored by ENOA, and catered by Valley Food Service. Visit our website, [www.cityoflavista.org/seniorcenter](http://www.cityoflavista.org/seniorcenter), for the monthly senior newsletter, and to look at scheduled activities/trips and lunch menus. For more information contact Program Coordinator Rich Carstensen, 402-331-3455.

### **Community Center hours of operation**

**(please note: hours are different for adult and youth):**

Mon. - Fri.: ..... 8 a.m. - 9 p.m.

Sat. (Sept. 12 - April 30): ..... 8 a.m. - 6 p.m.

Sun. (Sept. 13 - April 23): ..... 1 p.m. - 9 p.m.

Adults Only

Mon. - Fri. (School year): ..... 8 a.m. - 3 p.m.

Adults and Youth

Mon. - Fri. (School year): ..... 3 p.m. - 9 p.m.

Mon. - Fri. (Sched. days off): .... 1:30 - 9 p.m.

**ATTENTION PARENTS: Snow days, not included in the above schedule, are considered the same as school days for youth (3 p.m.).**

**The Community Center will be closed on all major holidays.**

### **FEES:**

Resident Adults: \$3.00 Drop-In

Non-Residents Adults: \$4.00 Drop-In

\*\*Resident Youth (Under 19): Free

Resident Seniors (55+): Free

Non-Resident Senior (55+): \$2.00 Drop-In

\*\*(Non-Resident Youth not allowed in Center unless involved in a class or sport).



**ALWAYS CHECK AT THE RECREATION CENTER FOR EVENTS THAT MAY NOT BE LISTED IN THIS**

**NEWSLETTER. WE POST FLIERS OFTEN FOR SPECIAL EVENTS PLANNED AFTER THE NEWSLETTER IS PRINTED.**

**Please Note: The La Vista Recreation Department sends youth and adult sport registration information via e-mail only. If you have provided us with your e-mail address, you will receive a message each season when we open registrations. This information is also available by visiting the City's Web site, [www.cityoflavista.org/sports](http://www.cityoflavista.org/sports) and by visiting the La Vista Community Center.**

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