

We need you!

Help us tailor the future of our programs, activities & services

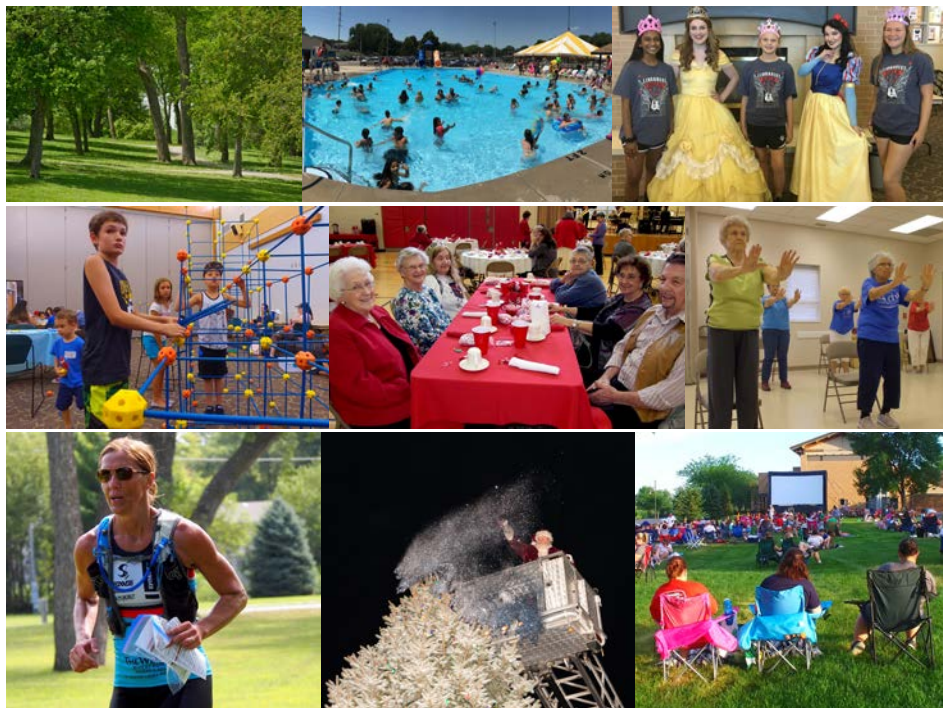
Arriving in mailboxes in August will be a **Community Interest & Opinion Survey** designed to assess residents' needs, interests and preferences for all types of programming and events offered by the City.

The survey will be sent to a random sampling of residents. Survey questions will include topic areas related to youth and adult sports programs, educational and self-improvement classes, literacy programs, reading and other library activities, opportunities for senior citizens, community special events and cultural offerings.

The survey will be an opportunity for residents to say what activities and programs they would like to see the City offer, as well as what they think about existing programs and events.

Administered by ETC Institute of Olathe, Kansas, the **Community Interest & Opinion Survey** will be a valuable tool in helping the City prioritize improvements to programming and facilities.

"We want to be sure we are offering the programs and activities that La Vista



residents want and desire," said Mayor Douglas Kindig. "One of our top strategic goals is to provide programs, places and events where our community can come together and learn, have fun and celebrate. This survey will help us make sound, future decisions in these areas. The information

gleaned from the survey will benefit the entire community for years to come."

Residents who do not receive a survey will have other opportunities to offer their feedback. Watch the City's website and social media channels for more information.

Mayor's Youth Leadership Council Recruiting New Members

The City of La Vista is now accepting applications for the Mayor's Youth Leadership Council's 2018 - 2019 session.

The council is comprised of La Vista teens who advocate on behalf of the community's youth, volunteer their time to civic causes, and develop valuable leadership skills.

A major initiative the group worked on this past year was development of the Corridor

84 Streetscape Plan. In addition, the Council sponsored a food drive to support food-insecure peers in local schools; assisted the La Vista Police Department with the annual "Shop with a Cop" event; and volunteered their time at numerous city-sponsored events.

With the many exciting things currently underway in the City, there will be great

opportunities for our young residents to learn about the community and share their skills and perspectives to the betterment of La Vista.

The youth council typically meets monthly in the evening hours.

Interested La Vista residents ages 13-18 are encouraged to apply on the City's website at **CityofLaVista.org/YouthCouncil**.

A MINUTE WITH mayor kindig

One of the key initiatives in the City's strategic plan is Quality of Life & Community Identity: "The City will provide programs, gathering places and events where the community can come together to participate in opportunities of learning, recreation and celebration in a well-maintained and safe environment".

On the cover of this newsletter is information about a new survey that will soon be distributed to residents. The survey is intended to gather feedback on all types of programming, activities and special events that contribute to the City's quality of life.

For decades, children have learned to read and play sports through our programs, seniors have had a place to gather and receive nutritious and affordable meals, and residents of all ages have come together to enjoy community events.



We understand that there are many options competing for your time, so, as we look to the future, we want to make sure that we are providing the types of programs, activities and events that you and/or your family are interested in. We also want to effectively target improvements to our current offerings, and ensure that our facilities meet the needs of our residents.

Based on feedback received during this process, we will be able to create an actionable plan to address current and future needs.

If you are randomly chosen to participate, I hope that you will help us out by taking a few minutes to complete and return the survey. If you do not receive a survey, we still want to hear from you. Watch the City's website and social media channels for other opportunities to make your voice heard. Thank you in advance for your assistance!

– Mayor Douglas Kindig

La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

August 2018

8 City Council, 6 p.m.

13 La Vista-Metropolitan Community College Condominium Owners Association, 4 p.m.

16 A Walk in the Park, Cimarron Woods Park, 1 p.m.
(see Recreation insert for more info.)

16 Planning Commission, 7 p.m.

17 Outdoor concert/movie: Blue House/Jumanji, 7 p.m., Library

21 City Council, 7 p.m.

22 Park and Recreation Advisory Board, 7 p.m.

September 2018

4 City Council, 7 p.m.

13 A Walk in the Park, Ponderosa Park, Ralston, 1 p.m.
(see Recreation insert for more info.)

13 Library Advisory Board, 5:30 p.m., Library

13 Citizen Advisory Review Committee, 7 p.m.

18 City Council, 7 p.m.

19 Park and Recreation Advisory Board, 7 p.m.

20 Planning Commission, 7 p.m.

October 2018

2 City Council, 7 p.m.

4 A Walk in the Park, Bob Kerrey Pedestrian Bridge, 1 p.m.
(see Recreation insert for more info.)

5, 6 Pump & Run and 5k, Edge Body Boot Camp and Infusion Brewing Company

14 Fall Kite Festival, noon-4 p.m., Soccer Complex

16 City Council, 7 p.m.

17 Park and Recreation Advisory Board, 7 p.m.

18 Planning Commission, 7 p.m.

31 Halloween Safe Night, 5:30-7 p.m., Community Center

Connect with the City on Social Media!



"CityofLaVistaGovernment"



@CityofLaVista



@CityofLaVista

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Young and old alike enjoyed the festivities during the Salute to Summer Festival.



The Hot Wheels Races on Thursday evening were enjoyed by many children.

Summer Kicks Off in Grand Fashion with Annual Festival

Summer kicked off in grand fashion Memorial Day weekend with the City's annual celebration, the Salute to Summer Festival.

The Third Annual Hometown Heroes Event was held on Thursday evening at City Hall. Veterans, families and other dignitaries attended this event, which honored those who served in the military, including those service members who paid the ultimate sacrifice for our freedom.

Rotella's Italian Bakery was honored as the Parade Grand Marshal and Pastor Roger Criser was named as the Friend of La Vista. This year's Military



Family of the Year was the William Bray Family. Bill Bray served in the U.S. Navy and was stationed on the USS Coral Sea in the South China Sea during the Vietnam War. Bill and his wife Connie have been La Vista residents for nearly 50 years.

The Salute to Summer Festival would not be possible without the generous contributions of the La Vista Community Foundation, Bellino Fireworks, Wal-Mart Neighborhood Market and La Vista Keno.



The Sixth Annual Show & Shine, hosted and sponsored by La Vista Keno, attracted a record number of entries this year.



Left and Above Left: The Family Pool Party on the final day of the festival was a popular event with temperatures soaring above 100 degrees. Above right: Lt. Col William C. Smith, Commander of the 55th Security Forces, Offutt AFB, was the speaker for the Hometown Heroes Event on Thursday evening.





The Halloween Safe Night event includes activities outdoors, including this favorite spot for photos.

Halloween Safe Night Set for Oct. 31

Instead of going door-to-door with your children this Halloween, why not get all of your trick-or-treating done in one place?

La Vista's Halloween Safe Night is scheduled for **5:30-7 p.m., Wednesday, October 31**, at the Community Center, 8116 Park View Boulevard.

All children ages 12 and under, accompanied by a parent or guardian, are invited to attend this popular annual event. There will be trick-or-treating in the gym, as well as free hot dogs and hayrack rides outside!

Local businesses and organizations are also invited to participate in the event by sponsoring a table and handing out candy to those in attendance.

To sponsor a table, contact David Karlson at the Community Center, 402-331-3455, or via e-mail at dkarlson@cityoflavista.org.



Halloween Safety Tips

A reminder from the La Vista Police Department of how to stay safe this Halloween:

- Never trick-or-treat alone
- Tell your parents where you are going, who you will be with and when you will return.
- Wear a costume out of which you can see clearly.
- Don't eat unwrapped candy. Have your parents check the candy before eating.
- Trick-or-treat in familiar neighborhoods.
- If a house doesn't have a porch light on, pass on by
- Don't go inside people's houses when trick-or-treating
- Take a flashlight with you
- Watch for moving cars; the driver may not see you.
- Say "THANK YOU"
- HAVE FUN!!!!




**For more information about
Halloween Safe Night
visit our website
CityofLaVista.org/2018halloween**

It Has Been a Summer Full of Fun in La Vista!



The City has hosted two concert-movie events so far this summer with a third planned for August 17.

The City continues to host a number of fun summer events such as concert/movie events, the Dinosaur Egg Hunt, hydrant party, and many exciting programs at the library as part of the summer reading program.

Still to come this summer is the third concert/movie event on August 17.

For more information on all our upcoming events, visit our website at **CityofLaVista.org/2018Events**.



The annual Splash Bash event was held in late June this year.

First-ever fall festival scheduled for Oct. 13 at City Hall Campus

The first-ever La Vista Fall Festival is scheduled for **Saturday, October 13, beginning at 7 p.m.** on the City Hall Campus (8116 Park View Blvd.)

This free event will feature a concert from the band "Eckophonic" and an outdoor movie, which will immediately follow the concert.

Eckophonic was scheduled to perform in July at a concert/movie event, which had to be cancelled due to weather concerns.

The Fall Festival will also feature games and other fun for the entire family.

For more information, visit our website, **CityofLaVista.org/2018events**.



The July concert/movie event was altered due to weather concerns.



Photo courtesy of Eric Taylor/Papillion Times

Dino the Dinosaur was donated to the City by Sinclair Corporation and was featured in the Salute to Summer Festival parade.

Dino the Dinosaur is back!

Remember Dino, the green dinosaur who had a longtime home at 84th and Park View at the Sinclair gas station?

He was removed this spring, and after an outpouring of support from the community for Dino, Sinclair Corporation donated a brand new dinosaur to the City of

La Vista! Dino made his debut at the Salute to Summer Festival parade in May and also made appearances at the Dinosaur Egg Hunt in June and Taste of La Vista in July.

Dino's permanent home is still being decided, but it will be in a prominent place for all to see him.

Contractors and building companies are busy in various parts of La Vista completing a variety of projects, big and small.

For a complete list of ongoing development projects, visit our website, **CityofLaVista.org/ConstructionUpdates**

**UNDER
CONSTRUCTION**

Watch our latest videos,
sign up to receive updates,
and provide feedback
on existing projects.

All of that and more at
Corridor84.com



Vox Books have arrived

The latest in children's books has arrived at the La Vista Public Library! Come try out the new Vox™ Books, the world's first audio books that live in print books!

The library used to have kits for books and cassette tapes to follow the story. That was followed by kits made with books and CDs.

With the Vox Books, kits are no longer needed because the book is equipped with a small device that does the work of those old cassettes and CDs.



The permanently attached VOX™ Reader transforms an ordinary print book into an all-in-one read-along. There's no need for computers, tablets or CDs. Children simply push a button to listen and read.

There are plenty to choose from, so be sure to visit the Library and check one out.

Summer Reading: A Rockin' Success!



The Library was a hub of activity during the summer reading program! Staff hosted many events in June and July, including Messy Canvas Drum Painting (top), Harry Potter Canvas Art (left) and several events with the new Think, Make, Create trailer (above).

Meet Cedate Shultz - New Evening/Weekend Supervisor



The La Vista Public Library has a new evening/weekend supervisor, Cedate Shultz.

Cedate comes to La Vista from Portland, Oregon, and she has a Master of Library and Information Science from San Jose State University and a Master of Education from Concordia University in Portland.

"Some of my favorite authors include Chris Bohjalian, Pamela Clare, Piper Davenport, Stephen King, V.E. (Victoria) Schwab, and Pierce Brown," she says. "The best thing about Nebraska so far has been the incredibly amazing people I have met. I am proud to call this my new home and honored to be able to serve the residents of La Vista."

When you get the chance to meet Cedate, please welcome her to our community!



Public Works staff enjoyed interacting with residents and answering questions about their day-to-day duties.

Public Works Expo Draws Record Crowds

The Public Works Department recently hosted its 4th Annual Expo. Residents were able to interact with staff to learn about the jobs they perform on a daily basis. Most of the equipment used by Public Works on a daily basis was on display, and kids were able to explore all of the equipment, including interactive stations where attendees could operate an asphalt roller and excavator.

Fall Leaf Collection Will Be November 10

La Vista's annual Fall Leaf Collection Day will take place **Saturday, November 10, 8 a.m.-3 p.m.** at the La Vista Public Works Facility, 9900 Portal Road. The service is available to residents and those living in the City's extra-territorial zoning jurisdiction.

In addition, a self-serve dumpster will be available for leaf and yard waste disposal Monday through Friday, **October 15-November 9, 7:30 a.m.-3 p.m.**, at the Public Works Facility.

Leaves, grass clippings and garden debris will be accepted. Residents can also drop off tree branches, which can be any length but no larger than 6 inches in diameter. Used motor oil, anti-freeze and all batteries will also be accepted. Citizens must have proof of residency, either a valid driver's license or a copy of a utility bill.

For more information contact the La Vista Public Works Department at 402-331-8927.

Used Tire Collection Scheduled for August 20-25

The City's annual used tire collection will be August 20-25. Used tires can be dropped off at the Public Works Facility, 9900 Portal Road.

Drop-off times are August 20-24, 7:30 a.m.-3 p.m., and August 25, 8 a.m.-3 p.m.

This project is made possible by a grant received from the Sarpy/Cass Department of Health & Wellness for West Nile Virus Prevention. Used tires left outside collect water and become prime breeding sites

for mosquitoes. The used tires are collected, and then sent to a recycling company for shredding.

In addition, used tires, used motor oil, anti-freeze, and any type of batteries will be accepted. The event is open to all residents and those living in the City's Extra-Territorial Zoning Jurisdiction. Proof of residency will be required: photo ID or a utility bill.

For more information contact the La Vista Public Works Department at 402-331-8927.

Council Clips

The following items are highlights of recent City Council action:

- Approved the purchase of a boom truck, vacuum air street sweeper, skid steer loader, enclosed trailer and zero-turn mowers for the Public Works Department.
- Approved the One- and Six-Year Street Improvement Plan.
- Awarded the bids for the construction of 84th Street Access Improvements and Civic Center Park Phase 2 improvements in the 84th Street Redevelopment Area.
- Approved the purchase of trees for the Thompson Creek corridor.
- Received and filed the audit report of the City's auditing firm BKD.
- Approved the purchase of eCitation equipment for the Police Department.
- Approved a request for relinquishment of State Highway 85 (84th Street).
- Authorized the repair of basketball backstop units at the Community Center.
- Approved statement of intent for proposed music venue/event center in the 84th Street Redevelopment Area.

LA VISTA cityofficials

Mayor

Douglas Kindig

City Council

Kim Thomas, Ward 1	Deb Hale, Ward 3
Mike Crawford, Ward 1	Alan Ronan, Ward 3
Ron Sheehan, Ward 2	Jim Frederick, Ward 4
Terrilyn Quick, Ward 2	Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, *Assistant City Administrator*
Kevin Pokorny, *Director of Administrative Services*
Joe Soucie, *Director of Public Works*
Bob Lausten, *Police Chief/Director of Public Safety*
Tommy Prouhet, *Assistant to the City Administrator*
Pam Buethe, *City Clerk*
John Kottmann, *City Engineer*
Ann Birch, *Community Development Director*
Cindy Miserez, *Finance Director*
Barb Czarnick, *Human Resources Director*
Rose Barcal, *Library Director*
Scott Stopak, *Recreation Director*



Arbor Day Celebration

The annual Arbor Day celebration was held this spring at City Hall and the Community Center. This event included a story time with Marcia Gustafson, a City Hall employee who donated this year's tree in honor of her deceased husband Steve. Marcia is pictured, above left, helping plant the tree. Also pictured are some children who were in attendance.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's website, www.cityoflavista.org.

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8116 Park View Blvd.
La Vista, NE 68128
p: 402-331-4343 | f: 402-331-4375



Community Center Happenings

Fall 2018

Upcoming Recreation Special Events

EDGE BODY BOOT CAMP



PUMP ONLY

Friday, October 5, 2018
6 p.m. - 8 p.m.

RUN AND 5K

Saturday, October 6, 2018
Start time: 10 a.m.

CityofLaVista.org/PumpAndRun

Registration Open for the Third Annual Edge Body Pump & Run and 5K

Edge Body Boot Camp and the City of La Vista have teamed up once again for the 3rd Annual Edge Body Pump & Run and 5k.

The Pump & Run is a unique combination of weight lifting and running, offered to all racers, no matter gender or ability. Pump & Run participants will compete in a bench press competition, as well as a 5k run.

Don't lift weights? Don't worry runners, we have you covered too! We will also be offering the 5k as a separate event to those who just want to run and not participate in the bench press competition.

Racers will receive a custom designed dri-fit shirt, one free Infusion beer (for those 21 & over), pizza, soda & water, and a post-race party.

For more information and to register, visit CityofLaVista.org/PumpAndRun.

Event Details:

When: Friday, October 5 (Pump Only) & Saturday, October 6 (Run and 5k)

Start time: Friday, 6-8 p.m.; Saturday, 10 a.m.

Where: *Friday*, Edge Body Boot Camp, 10926 Emiline St., La Vista; *Saturday*, Infusion Brewing Company Tap Room, 6271 S. 118th St, Omaha, NE 68137

Fees: Register by September 7, \$30; after September 7, \$35

Registration Deadline: October 4 by noon (if you register after October 1, you will not receive a t-shirt).

HOURS OF OPERATION

Mon.-Fri. (Year-round)	8 a.m.-9 p.m.
Sat. (May-Aug.)	9 a.m.-4 p.m.
Sat. (Sept.-April)	8 a.m.-6 p.m.
Sun. (May-Aug.)	CLOSED
Sun. (Sept.-April)	1-9 p.m.
Adults Only (Mon.-Fri.)	8 a.m.-3 p.m.
Youth Mon.-Fri. (during school year)	3-9 p.m.
Youth Mon.-Fri. (scheduled days off)	1:30-9 p.m.

Not all programs are listed in this newsletter. Check our social media accounts and website for latest on our program offerings and special events.

If you would like to be notified when we open registration for programs, please provide us with your e-mail address.



CONTACT INFORMATION

Director - Scott Stopak

Assistant Director - David Karlson

Program Coordinator - Denny Dinan

Program Coordinator - Ryan South

Administrative Assistant - Sue Tangeman

CityofLaVista.org/Recreation

402-331-3455

recreation@cityoflavista.org

DROP-IN FEES

Resident Adults	\$3
Non-Resident Adults	\$4
Resident Youth (under 19)	Free
Resident Seniors (55+)	Free
Non-Resident Seniors (55+)	\$2
Non-resident Youth are not allowed in the Community Center unless involved in a class or sport.	

The Community Center is closed on all major holidays.

HEALTH AND WELLNESS

Indoor Walking

The Community Center is open to all La Vista residents and seniors in the surrounding areas. Time is set aside for walkers, so there will be no interference of other programs.

Zumba

Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility. You will have boosted energy and a serious dose of awesome each time you leave class. For more information, contact April Clark via e-mail at aprilc0113@yahoo.com.

Yoga

This class is designed for beginner and intermediate students. The class format focuses on breathing & relaxation techniques, stretching, joint & gland exercises, Hatha Yoga postures, and stress management techniques. For more information, contact Frank via e-mail at frankpferrante@gmail.com.

Easy Breezy Fitness Class

This class will work on strength, endurance, flexibility, and balance. For more information and/or to register, contact Angi Herrick, 402-659-6854, or via e-mail at aherrick7406@gmail.com.

Program	Day	Time	Cost	Ages
Indoor Walking	M, W, F Tues., Th.	8-10 a.m. 8-9:30 a.m.	Free	Adults
Zumba	Sat.	10-11 a.m.	\$6/class	All
Yoga	Sat.	11 a.m.-noon	\$7/class Cash only	All
Easy Breezy Fitness	Tues., Th.	9-10a.m.	\$6/class 10 classes for \$50	Adults
Reiki	By appointment	30 min. session	18-54: \$25 55+: \$15	Adults
Racquetball and Wallyball	Call to reserve a court	Regular business hours	Res.: \$7/hr. Non-Res.: \$14/hr.	All

Reiki

Reiki is a Japanese technique that allows the practitioner to channel energy, with hands lightly over the imbalanced areas of the receiver. The person may experience one or more of the following: a deep relaxed state; an aura or chakra clearing; and/or energy movement through and around the physical body. For more information, call 402-253-5706, or via e-mail at reikibymarthaj@gmail.com.



MARTIAL ARTS

Aikido

The Sarpy Aikido Club is a Nebraska-based dojo teaching Aikikai style of Aikido under the organization of Aikido of Hawaii International (AHI). The school was founded by Ronald Christenham and has been serving the La Vista and Omaha area since 1991. For more information and/or to register, visit www.sarpyaikidoclub.com.

Ninjutsu

This class covers Taijutsu (unarmed combat), Kenjutsu (sword combat), Bojutsu (staff combat), as well as improvised weapons. For more information, contact Mike Benkis, 402-305-9210, or via e-mail at info@sakuraomaha.com.

Program	Day	Time	Resident	Non-Resident	Ages
Aikido	M, Th.	Child: 6:30-7:30 p.m. Adult: 7:30-9:30 p.m.	Child: \$20 Adult: \$30	Child: \$25 Adult: \$35	5-11 12+
Ninjutsu	Sun. Sat.	4:30-6:30 p.m. 9-11 a.m.	\$40/month	\$40/month	All
Kendo "Japanese Sword Fighting"	Th. Sat.	Th.: 10 a.m.-noon Sat.: 11 a.m.-1 p.m.	\$50/month	\$50/month	10+
Women's Self-Defense	Last Tu.	6-9 p.m.	\$50/session	\$50/session	All

Kendo Japanese Sword Fighting

Classes include two swords - the wooden Bokken and the bamboo Shinai. For more information, contact Mark Porter, 402-715-0500, or via e-mail at learningkendo@cox.net.

Women's Self Defense Class

These classes are designed to instruct women of all ages, sizes, and skill levels in practical self-defense. We will dispel common self-defense myths, as well as teach basic tips and techniques on how to avoid becoming a victim. For more information, contact Claudia Brown-Jackman, 402-630-3169, or visit www.shuurindojo.com.



FITNESS CENTER

The fitness center is equipped with dumbbells up to 50 pounds and a Hoist multi-gym weight machine. For cardiovascular exercise, our fitness room offers some of the finest, user-friendly, aerobic equipment available, including: treadmills, an Airdyne bike, a Precor upright bike, Nautilus recumbent bikes, a Cybex Arc cross trainer, Precor and Matrix cross trainers, and a Reebok Bodytek cross trainer.

Our fitness room is for **adults ages 19 and older**. Everyone under the age of 19 years is not allowed in the fitness room for any reason.

HOURS OF OPERATION

Mon.-Fri. (Year-round)	8 a.m.-9 p.m.
Sat. (Sept.-April)	8 a.m.-6 p.m.
Sat. (May-Aug.)	9 a.m.-4 p.m.
Sun. (Sept.-April)	1-9 p.m.
Sun. (May-Aug.)	CLOSED

FEES

Resident Adults (19+)	\$3
Non-Resident Adults 8 a.m.-5 p.m., M-F only	\$4
Senior Resident (55+)	Free
Non-Resident Senior	\$2

PUNCH CARDS

Resident	\$50	20 punches
Non-Resident	\$35	10 punches
Non-Resident Senior	\$20	10 punches

MEMBERSHIP

Resident	\$27/month	Includes exercise room, gym, racquetball/walleyball
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DANCING



Program	Day	Time	Cost	Ages
Ballroom Dancing	M W	7-8 p.m. By Appt.	\$40/4-week session	16 & older
Belly Dancing Beginner	Tu., F	6-7 p.m.	\$20/month	16 & older
Belly Dancing Advance		7-8 p.m.		

Adult Ballroom Dance Lessons

Join as a single or couple, minimum of six people per class. In each session, two-three dances will be taught. For more information, contact Terry Vargas, 402-639- 2209.

Adult Belly Dancing Classes

This is a continuing class where participants will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression! For more information, contact Renee Patchin, 402-403-8943.

FUN FOR ALL

Program	Day	Time	Cost	Ages
License & Field Times	Flying times posted at Hobby Town		\$30 Resident \$40 Non-Resident	Adults
Indoor Flying	M	11:30 a.m.- 1 p.m.	\$3 Resident \$4 Non-Resident Free Senior Resident \$2 Non-Resident Senior	Adults
Miniature Club	3rd Sun. 4th Th.	1 p.m. 7 p.m.	Free	Any
Preschool Play Time	Tu., Th.	10 a.m.- noon	Free	Preschool

Model Airplane License and Field Times

Where: La Vista Soccer Complex, ¼-mile south of Harrison on 66th Street. Flying licenses can be purchased at the Hobby Town, U.S.A. License includes 1-year license and Midwest Performance Flyers Club membership. A.M.A. card required to purchase a license.

Indoor Remote Control Model Airplane Flying

Where: Community Center. Watch at no cost, or pay a small drop-in fee to fly your own indoor plane. These lightweight planes will amaze you, as will the individuals who fly them.

Miniature Club

Miniature enthusiasts meet at the Community Center. Guests are always welcome. For more information, contact Edna Bonney, 402-426-4624.

Preschool Play Time

Zip around the Community Center gym on our tricycles and Cozy Coupe cars; play preschool-sized basketball; kick balls; or just run, jump and play with others! It's a great playdate for kids and parents! (Please do not bring your own bikes, tricycles, or scooters.)



Kites Take to the Sky over La Vista on October 14

Join the Midwest Winds Kitefliers and the Recreation Department for the fall One Sky, One World Kite Festival at the La Vista Soccer Complex on Sunday, October 14, noon-4 p.m.

Bring your whole family for an afternoon of kite flying fun, and it's free! Come see some of the world's largest and most creative kites! Bring your own kite to fly, and remember to bring a bag for the kite candy drop!

For more information, contact the Recreation Department, 402-331-3455, or visit our website CityofLaVista.org/Recreation.



Cooking Classes this Fall at the Community Center!

All classes will be held at the La Vista Community Center, 8116 Park View Blvd.
Register for your spot at www.ChefMoonsKitchen.com. Registration is first come, first reserved.

Big Chef, Little Chef

6-7:30 p.m.
\$35/class; three classes for \$90
Ages 7 and up

Fun, family-oriented cooking classes for adults, children and teens! If your child can stir, he can cook!

- August 3, 17
- September 7
- October 5



Date Night in the Kitchen

5-8 p.m.
\$60 per couple
Adults

Join us in creating an intimate dinner for two. Each meal is geared toward adding flair to a dish.

- August 10, 24
- September 14, 28
- October 12, 26

CityofLaVista.org/cookingclasses



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YOUTH & ADULT SPORTS

Sport	Day	Age	Season Begin	Season End	Registration Deadlines	Resident Costs Early-Bird After Early-Bird	Non-Resident Costs Early-Bird After Early-Bird
Coed Soccer Clinic	Sat. 11:30 a.m.- 12:30 p.m.	Age 3	Sept. 8	Oct. 6	Early-Bird: Aug. 4 Final: Aug. 18	\$17 \$27	\$22 \$32
Coed Soccer Academy	Tu. 5:30-6:30 p.m. Sat. 9-10 a.m.	Ages 4-5	Sept. 4	Oct. 6	Early-Bird: Aug. 4 Final: Aug. 18	\$33 \$43	\$53 \$63
Coed Soccer League	Tu. 6:30-7:30 p.m. Sat. 10-11 a.m.	Ages 6-7	Sept. 4	Oct. 6	Early-Bird: Aug. 4 Final: Aug. 18	\$33 \$43	\$53 \$63
Coed Youth Volleyball	Games: Sat. & possibly Mon.	Grades 3-6	*Oct. 15	Dec.	Early-Bird: Sept. 15 Final: Sept. 29	\$55 \$65	\$65 \$75
Youth Basketball League	Games: Vary	Grades 3-8	*Jan.	March	Early-Bird: Nov. 10 Final: Nov. 24	\$55 \$65	\$65 \$75
Coed Youth Basketball Clinic	Sat. 9-10 a.m.	Grades 1-2	*Jan. 12	Feb. 9	Early-Bird: Dec. 15 Final: Dec. 29	\$17 \$27	\$22 \$32

*Start dates subject to change.

Coed Soccer Clinic

The soccer clinic is comprised of five 1-hour sessions at the La Vista Community Center. This is a parent participation clinic designed to teach the basic fundamentals of soccer while having fun. **Clinic is limited to 15 participants.**

Coed Soccer Academy and League

These programs focus on different soccer skills to develop each player with individual attention and maximum ball touches. All sessions will take place at the La Vista Sports Complex.

Coed Youth Volleyball

The Coed Youth Volleyball program provides a fun, safe recreational league in an instructional environment where the youth of the community can enjoy the sport of volleyball. Our teams participate in the Bellevue Junior Sports Youth Volleyball League.

Youth Basketball League

Practices, held at the coach's discretion on Sunday-Friday evenings, will tentatively begin the week of December 17. No practices are held on Wednesdays.

Coed Youth Basketball Clinic

The basketball clinic is comprised of five, 1-hour sessions on Saturdays at the La Vista Community Center. Participants will learn the basic skills of dribbling, passing, shooting, teamwork, and fun!

Adult Softball League



Games tentatively start August 19. Registration is open through Aug. 4 or until leagues are full.		
League	Day	Fees
Coed	Sun., Fri.	\$120 \$44 forfeit deposit check
Mens	Sun., Tu., Fri.	\$120 \$44 forfeit deposit check
Double-Header	Th.	\$235 2 separate \$44 forfeit deposit checks

Register & Pay Online www.cityoflavista.org/active



LA VISTA SENIOR ACTIVITY CENTER

The La Vista Senior Activity Center, located in the Community Center, offers friendship, food, fitness, field trips and many more fun activities. Bring a friend or come join others for a home-cooked meal Monday-Friday. The suggested contribution amount for the meal is \$3.50 for adults over 60 years of age. To make a lunch reservation, either call the Center or sign up at the Center by noon on the business day before. Be sure to look at the other activities. You are welcome to come early and/or stay late! The meal program is sponsored by ENOA and catered by Treat America. Visit our website, CityofLaVista.org/seniorcenter, for the monthly senior newsletter, and to look at scheduled activities/trips and lunch menus. For more information contact David Karlson, 402-331-3455.

Special Services Bus

The Special Services Bus is available for senior citizens ages 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m.-4:30 p.m. The service does not operate on City of La Vista holidays or when Papillion-La Vista or Ralston public schools are closed due to weather conditions. For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455, or visit us online at www.cityoflavista.org. For reservations, call 402-657-3550 at least 48 hours in advance. We make every effort to accommodate, but sometimes due to prior scheduling, we may not be able to help everyone at their requested times.

55 AND UP ONGOING ACTIVITIES

Bingo

Unless noted, there will be no bingo on days when there is a scheduled speaker or other entertainment. Please see our monthly newsletter for more details.

Chair Volleyball

Fun and fast-paced game played with a beach ball while sitting in a chair.

Afternoon Movie Outings

Join us for a trip to the Westwood Cinema 8 movie theater. Space is limited on the bus, and pre-registration is required. Movie and departure times are announced on the previous Friday afternoon.

Drop-In Quilting Group

Come quilt with us! Anyone who is interested in quilting is welcome to join, whether already skilled with a needle or a first-time beginner. Other sewing projects are always welcome as well!

Activity	Day	Time	Fee
Senior Color Book Club	M	10:30-11:15 a.m.	FREE
Bingo	M, F	12:30-1:30 p.m.	25¢ per card
Chair Volleyball	W, F	10:30-11:15 a.m.	FREE
Movie Outings	8/28, 9/18, 10/30	Afternoon	\$2 per movie
Drop-In Quilting Group	W	9-11:30 a.m.	FREE
Tai Chi for Balance Classes start Sept. 4	Tu., Th.	10:45 a.m.	Under 60: \$1 mandatory 60+: \$1 suggested
A Walk in the Park	8/16, 9/13, 10/4	1 p.m.	FREE

Tai Chi for Balance

Tai Chi is a series of rhythmic, slow, coordinated, and gentle movements. Tai Chi means great energy, because it helps the energy to flow through your body. It improves balance, flexibility, strength, posture, osteoporosis, strengthening your heart, lungs and circulatory system, coordination, deep breathing, mood and calmness. This Tai Chi class is Moving for Balance Tai Chi or Tai Chi 8, with eight different movements.

A Walk in the Park

Join us for short walks and discover the beauty of several parks in La Vista and surrounding areas. Arrive at the Community Center and we'll drive together to each location, spending 15 to 20 minutes walking at a leisurely pace. Bottled water will be provided. Walk schedule: August 16 - Cimarron Woods Park; September 13 - Ponderosa Park in Ralston; October 4 - Bob Kerrey Pedestrian Bridge in Omaha. Registration is required as space on the bus is limited. To register or for more information, call the Community Center, 402-331-3455.