

City of La Vista  
Park & Recreation Advisory Committee Minutes  
July 17, 2019

A meeting of the Park and Recreation Advisory Committee for the City of LaVista convened in open and public session at 6:00 p.m. on Wednesday, July 17, 2019. Present was Recreation Director Scott Stopak, Asst. Recreation Director David Karlson, Program Coordinators Denny Dinan and Ryan South, Admin. Asst. Sue Tangeman, Advisory Board Chairperson Pat Lodes, Members Greg Johnson, Jeff Kupfer, Nick Moyer, and Member Jameson.

A notice of the meeting was given in advance thereof by publication in the Papillion Times on July 10, 2019. Simultaneously given to the members of the Park and Recreation Advisory Committee and a copy of their acknowledgment of receipt of the notice are attached to the minutes. Availability of the agenda was communicated, in advance notice to the members of the Park and Recreation Advisory Committee of this meeting. All proceedings hereafter were taken while the convened meeting was open to attendance of the public. Further, all the subjects included in said proceedings were contained in the agenda for inspection within ten working days after said meeting, prior to the convened meeting of said body.

#### CALL TO ORDER

Director Scott Stopak called the meeting to order.

Stopak led the audience in the Pledge of Allegiance.

Stopak made an announcement of the location of the posted copy of the Open Meetings Act for public reference and read the Emergency Procedures Statement.

#### A. CONSENT AGENDA

1. Stopak asked for a motion to approve the minutes from the June 19, 2019 meeting. Motion made by Member Kupfer. Seconded by Member Johnson. All Aye. Motion carried.

#### 2. REPORTS FROM RECREATION DIRECTOR AND STAFF

Scott Stopak, Recreation Director

Stopak told the Board that the pool is getting well and we are in our 2<sup>nd</sup> morning session of lessons, and the evening session.

Stopak also reminded the Board of the upcoming Taste of La Vista on July 27<sup>th</sup> at Central Park from 5 p.m. to 8 p.m. There will be beer tastings, pizza and community engagement items. All is at no cost.

Eberle-Waldon Park is now being renovated. The equipment has been removed and a shelter is being installed. We are taking bids on playground equipment.

The Civic Centre Park trail and fountain dedication will be Tuesday, September 17 at 5:00 p.m.

David Karlson, Asst. Recreation Director

#### Senior Center

Throughout the month, seniors attend lunch catered by Treat America Food Services Monday through Friday at 11:30 a.m. They can play Bingo on Mondays and Fridays, join our walking club Monday through Friday mornings, play Chair Volleyball on Wednesday and Fridays, and participate in Tai Chi on Tuesdays and Thursdays. Seniors can join our quilting and sewing group on Wednesday and now the 1<sup>st</sup> Saturday of each month; play Pinochle on the first Wednesday of the

month, and join our Senior Coloring Book Club on Monday morning. They may also sign up for the monthly Senior Foot Care and Wellness Clinic held a couple of times a month on Wednesday morning. In addition to those activities, the 2<sup>nd</sup> Wednesday of each month we celebrate birthday with cake and ice cream.

June 4, 6 and 11 ATI Physical Therapy offered free balance testing to 24 Tai Chi participants as they did with our walking club last month. They will be coming back every six months to retest the participants to see if the Tai Chi classes are improving their balance.

ENOAs annual Farmers Market Coupon distribution was held on Friday, June 10. Fifty-six seniors received \$48.00 in coupons to be use at local farmers markets and vegetable stands.

We had 908 seniors participate in activates last month at the community center.

Our Senior Meal Site program served 156 meals.

Our Senior Volunteer program had six seniors volunteer work a total of 70 hours.

Tai Chi had 161 participants.

Senior Chair Volleyball had 66 participants.

Bridge Club had 24 participants.

Pitch Card Club had 70 participants.

Senior Bingo had 98 participants.

Senior Quilting Club had 64 participants. In June out Quilting Club also started meeting on the first Saturday of the month to accommodate quilters that still are working during the day or are looking for an extra day to work on their projects. The first Saturday had 12 quilters attend.

Our monthly Senior Care Clinic met three times last month and performed basic foot care and blood pressure checks for 24 seniors.

Merrymaker's performer John Worsham performed to 10 seniors on June 12.

Our Senior Movie Outing was canceled for June due to lack of participants.

La Vista's summer outdoor concert and movie nights kicked off the summer on June 10. The band "Red Delicious" and the movie "Aquaman" entertained a crowd of over 200 people.

We had over 150 people attend our 12 annual Dinosaur Egg Hunt in Southwind Park on Thursday, June 20.

Denny Dinan, Youth and Adult Sports Coordinator

Current Programs:

Pre-School Play Time:

June counts:

Adults = 114 Daily average = 14

Children = 169 Daily average = 21

Total June = 283 Daily average = 35 Total Play Time days = 8

Total May = 333 Daily average = 37 Total Play Time days = 9

Youth Sports:

Coed T-ball: season ended July 13.

Baseball: League tournaments finished up on July 2

Girls Softball: League tournaments finished up on June 30.

Adult Softball: Has played 8 games of the 14 game schedule.

Fall Youth Leagues: registration started on June 1, for flag football, soccer clinic, soccer academy and league. Fall season begins play in August/September.

Adult Fall Softball and Volleyball registrations have begun.

Events:

Triple Crown/SlumpBuster Youth Baseball Tournament:

The Triple Crown SlumpBuster Tournament ran from June 12 through June 27 on La Vista, Council Bluffs and many other Omaha fields. There were over 700 teams this year compared to 500+ teams last year.

198 games were played on La Vista fields this year compared to 162 games last year. This tournament brought in over \$10,000 in revenue for La Vista.

Rain caused some issues again this year, but our Field Maintenance crews did a great job and spent many hours trying to keep our fields in playable condition. However, even after using 200 bags of Field Dry some fields were just not playable. Many fields throughout the area had cancellations due to rain. Overall, the Triple Crown/SlumpBuster tournament was again very pleased with the portion of the tournament that was held in La Vista.

Submitted by Ryan South, Program Coordinator

Events:

Urban Scramble Adventure Race took place on Saturday, June 29. We had a total of 72 participants (36, 2-person teams) compete in this year's event.

Splash Bash will take place on Sunday, July 21. This is a free event held at the La Vista Municipal Pool. No admission fee will be charged from 1:00 p.m. – 4:00 pm and patrons will enjoy a live DJ, games, prizes and free food!

Pump & Run and 5k Edge Body Boot Camp and the City of La Vista have teamed up once again for the 4th annual Edge Body Pump & Run and 5k. The Pump and Run is a unique combination of weight lifting and running, offered to all racers no matter gender or ability. Pump and Run participants will compete in a bench press competition as well as a 5k run. We also offer the 5k as a separate event for those who just want to run and not participate in the bench press competition. This event will take place on Friday, September 20 and Saturday, September 21. Registration now open.

Programs:

Kids Can Run Summer Camp The Recreation Department and Omaha Kids Can Run Club have teamed up to offer a 4-day Kids Can Run Summer Camp for grades 2-6. Omaha Kids Can Run Club is a running and empowerment program for children of all fitness levels. They transform traditional running games and drills into powerful life lessons by teaching kids how to unleash their Growth Mindset. The kids get a great workout AND build strength of character. The camp will take place July 30 – August 2 from 9:00 a.m. – 10:30 a.m. in the grass area west of the Community Center parking lot. The registrations are filled up with 20 participants.

Kids Can Run Fall Session The Recreation Department and Omaha Kids Can Run Club will also be offering an 8-week Kids Can Run Fall Session for grades 2-6. Class will be every Monday and Wednesday from 3:30 p.m. - 4:30 p.m. from August 26 – October 23 (no class September 2 or October 14) at the Community Center.

Zach, Public Works Parks

Zach discussed what the Park crews have been working on since the Slumpbuster tournament has finished up, including spraying for weeds, and getting the Monarchs field at City Park ready for the Fall high school softball season.

**COMMENTS FROM THE FLOOR**

None.

**COMMENTS FROM COMMITTEE MEMBERS**

None.

Member Jameson motioned for adjournment. Seconded by Member Moyer. All ayes. Motion carried. Adjourned at 7:20 p.m.