

**CITY OF LA VISTA**  
**MAYOR AND CITY COUNCIL REPORT**  
**SEPTEMBER 2, 2008 AGENDA**

<b>Subject:</b>	<b>Type:</b>	<b>Submitted By:</b>
DISCUSSION: EXPANSION OF FITNESS ROOM AT COMMUNITY CENTER	RESOLUTION ORDINANCE ♦ RECEIVE/FILE	SCOTT STOPAK RECREATION DIRECTOR

**SYNOPSIS**

A proposal to expand the existing fitness room at the Community Center has been placed on the agenda for discussion.

**FISCAL IMPACT**

Estimated cost of the expansion is \$2,650.00. Funds budgeted for the purchase of additional electronic equipment and building repairs and maintenance have not been completely expended.

**RECOMMENDATION**

Approval.

**BACKGROUND**

The existing fitness room in the Community Center was initially furnished with a limited amount of exercise equipment; however it met the needs of the community at the time. Over the past 14 years several pieces of exercise equipment have been added to the fitness room, reducing the space for people to work out and creating a very cramped environment. This situation, combined with an increased demand from people wanting to use the fitness room, has resulted in over-crowding and in some cases the need to turn people away.

It is proposed that the fitness area be expanded into the adjacent room, which is currently set up for dance. An area for dance lessons would be established on the existing stage (the stage could still be used for performances). The \$2,650 cost is for the purchase and installation of additional mirrors on the stage, the purchase of an additional television set for the second fitness area and the installation of additional electrical outlets.

Staff is recommending this as an economical way to alleviate the over-crowding issue in the fitness area, and wanted to give Council an opportunity for input and discussion prior to proceeding with any changes.